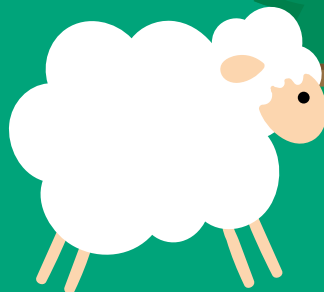




# ENTERTAINMENT AGENDA



JULY 2019



**CHAMROUSSE**  
Alpes - France  
1700

**OFFICES DE TOURISME**  
1650 Place de Belledonne  
1750 Avenue du Père Tasse  
Tél. : +33(0)4 76 89 92 65



# AT CHAMROUSSE, FILL UP ACTIVITIES ALL SUMMER LONG!

## *By foot*

### **GPS ORIENTEERING & GUIDED HIKES**

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

### **ENVIRONMENTAL WALKS**

BELLEDONNE EN MARCHÉ +33 (0)6 42 02 81 62

### **ORIENTEERING COURSE & LITTLE MOUNTAIN DWELLER** **FREE**

TOURIST OFFICE +33 (0)4 76 89 92 65

## *On two wheels*

### **CHAMROUSSE BIKE PARK**

LIFT OFFICE +33 (0)4 76 59 09 09

### **ELECTRIC FATBIKE HIKE**

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 81 99 13 43

### **CYCLIST INSTRUCTOR**

SGAMBATO SPORT 2000 +33 (0)4 76 89 89 61

## *High up*

### **ADVENTURE PARK**

ALTÉ CHAMROUSSE AVENTURES +

+33 (0)6 76 96 66 21

### **INTRODUCTION TO CLIMBING VIA FERRATA & CANYONING**

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)7 66 01 02 43

### **ZIPLINE**

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

### **PARAGLIDING**

CHAMROUSSE PARAPENTE

+33 (0)4 76 89 93 66 / +33 (0)6 08 01 43 +33 (0)6

### **HELICOPTER**

HELISAIR +33 (0)4 76 77 37 45

## *Outdoor*

### **TENNIS LESSONS & ARCHERY**

CHAMROUSSE OXYGÈNE

+33 (0)6 27 24 34 06 / +33 (0)6 60 10 39 94

### **CHAMROUSSE KIDS**

TOURIST OFFICE +33 (0)4 76 89 92 65

### **CRAZY JUMP**

CHAMROUSSE OXYGÈNE +33 (0)6 27 24 34 06

### **QUAD OUTINGS**

GTR MOUNTAIN +33 (0)4 76 89 92 69

### **HORSE RIDING**

PONEY CHEVAL NATURE +33 (0)6 87 58 84 05

### **PHOTOGRAPHY**

CHAMROUSSE PHOTO

On Mondays +33 (0)6 78 32 45 39

### **WATERCOLOR & WELL-BEING TRAILS**

ISABELLE BRONNER +33 (0)6 82 95 23 25

### **COOKING WITH PLANTS**

L'ÉTAPE DU FANFOUÉ +33 (0)4 76 89 93 66

### **FUN AREAS** **FREE**

Bowl, skate park, fitness trail, pétanque, tennis courts, playgrounds, multisports areas, water games...

## *Indoor*

### **FABRICS MAKING**

LES SACS D'YSABEAU +33 (0)7 84 25 25 05

### **WELL BEING**

SPA LES FLOCONS DE CHAMROUSSE

Tous les jours +33 (0)4 76 62 02 08

### **SOAP MAKING WORKSHOP**

DOUX VOYAGE +33 (0)6 51 46 89 09

### **LIBRARY & GAMES**

Monday/Wednesday/Friday (3.30 pm-6 pm)

& Saturday (10 am-12 pm) +33 (0)4 76 59 02 27

### **LE SCHUSS CINEMA**

From Monday to Friday +33 (0)4 76 54 23 73

### **TOURIST OFFICE**

Tel.: +33 (0)4 76 89 92 65 • [chamrousse.com](http://chamrousse.com)

FIND ALL DETAILS  
IN OUR *Welcome* GUIDE!

**JUNE 29<sup>TH</sup>-30<sup>TH</sup>**

### *Mountain transport day* [10 am-6 pm]

2<sup>nd</sup> edition 100% mountain in Chamrousse.  
Entertainments, competitions, exhibitions  
and truck demonstrations.

- 📍 In front of the shopping gallery / Chamrousse 1750
- € Free of charge
- 👤 All public

**FROM JULY 1<sup>ST</sup> TO 17<sup>TH</sup>**

### EXHIBITION *Berger, Bergères* [10 am-5.30 pm]

Exhibition about the sheperd work and  
especially about the feminization of this  
profession.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge
- 👤 All public
- ⊕ Open on Mondays, Tuesdays, Wednesdays,  
Saturdays and Sundays

**FRIDAY JULY 5<sup>TH</sup>**

### *Spa by night* [7-9 pm]

Come and relax at the spa on Friday evenings  
from 7 to 9 pm (special price).

- 📍 Les Flocons de Chamrousse spa / Chamrousse 1650
- € Single price: 18 €
- 👤 From 16 years old (with an adult)

**SATURDAY JULY 6<sup>TH</sup>**

### *Trails and Hikes of Chamrousse-Belledonne Lakes* [6.30 am]

A nature trail in Chamrousse with 3 trails  
(maratrail, sporty trail and discovery trail),  
1 hike (traditional hike) and 1 mini trail.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Maratrail: 34 €/Sporting trail: 24 €/Discover trail: 14 €  
(+ registration fee) - Lakes hiking: 10 €/Mini-trail: 2 €
- 👤 All public
- ⊕ Registration: trailchamrousse.com  
until July, 4th at midday

### *Timed ascent* [8 am-12.30 pm]

Timed cycling ascent aimed at non professionals  
and cycling fans to fight breast cancer.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € 8 € for licensees or 10 € (+2 € on the spot)
- 👤 From 16 years old
- ⊕ Registration: +33 (0)4 76 25 65 46/+33 (0)6 65 63 33 18

**SUNDAY JULY 7<sup>TH</sup>**

### *Well-being day at the Spa* [9.45 am-7 pm]

Feel tired, stressed, scattered, mentally  
overloaded? Treat yourself to a well-deserved  
break at the Spa with "My Wellness Day",  
a wellness trigger program at all levels!

- 📍 Les Flocons de Chamrousse Spa / Chamrousse 1650
- € Single price: 129 €
- 👤 From 16 years old
- ⊕ Upon registration only/minimum 10 registered  
+33 (0)4 76 62 02 08/+33 (0)6 75 85 10 69

### *Celebration of seasonal migration* [10.30 am]

Take part to a festive walk to the  
sheephold with the shepherd and his flock.  
Entertainment all day.

- 📍 Bachat Bouloud chairlift / Chamrousse 1700
- € Free of charge
- 👤 All public
- ⊕ Full programme on chamrousse.com

### *Cinema under the stars in Gresivaudan* [9 pm]

Open air cinema for celebration of seasonal  
migration (in French only).

- 📍 Next to the Tourist Office / Chamrousse 1650
- € Free of charge
- 👤 From 3 years old

ENTERTAINMENT

### *La Bérangère Residence*

Program of activities throughout the summer:  
petanque Wednesdays, karaoke Fridays,  
dance evenings on Saturdays and CCAS  
cultural tours (shows, concerts, etc.).

- 📍 La Bérangère Residence / Chamrousse 1750
- 👤 All public
- ⊕ +33 (0)4 76 89 91 11



📍 Place € Prices ⊕ Information 👤 Public

## MONDAY JULY 8<sup>TH</sup>

### *Welcome drink* [10.30 am]

Every Monday, meet the activity providers and the Tourist Office to organize your week's holiday and take part in the draw to win some gifts.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public ➕ Duration: 1h

## TUESDAY JULY 9<sup>TH</sup>

### *Giant HARIBO sweets hunt* [10 am]

Treasure hunt in the mountain.

Please, do not forget to bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- ➕ Booking required at the Tourist Offices for less than 5 years old (before 6pm the day before) / Duration: 1h

## WEDNESDAY JULY 10<sup>TH</sup>

### *Introduction to trail* [10 am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau.

- 📍 Arselle plateau / Chamrousse 1600
- € Free of charge 🕒 From 18 years old
- ➕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h

### *Chamrousslanta* [2.30 pm]

New in 2019 : team trials inspired by the TV show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 7-18 years old ➕ Duration: 2h

### *Cinema & snack* [3 pm]

Special showing for children followed by a snack!

- 📍 Cinema / Chamrousse 1750
- € Single price: 4 € 🕒 From 3 years old

## THURSDAY JULY 11<sup>TH</sup>

CHAMROUSSE KIDS

### *Family Olympics* [10 am]

Challenging obstacle courses at the Chamrousse kids area. Made for families.

- 📍 Chamrousse Kids park / Chamrousse 1750
- € Free of charge 🕒 From 6 to 12 years old (with an adult)
- ➕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h30

### *Radio-controlled cars driving* [2.30 pm]

Radio-controlled car race.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 10 years old
- ➕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h30

## FRIDAY JULY 12<sup>TH</sup>

### *Dodgeball* [10 am]

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 7 years old
- ➕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h

### *Guided visit* [2 pm-3 pm]

Guided visits of St-Esprit church and Chalet des cimes, buildings labelled as 20<sup>th</sup> century regional contemporary heritage. Discover Arcabas, Székely, Chappis and Jomain artworks.

- 📍 Saint Esprit church / Chamrousse 1750
- € Free of charge 🕒 From 7 years old

### *Spa by night* [7-9 pm]

Come and relax at the spa on Friday evenings from 7 to 9 pm (special price).

- 📍 Les Flocons de Chamrousse spa / Chamrousse 1650
- € Single price: 18 € 🕒 From 16 years old (with an adult)

## SUNDAY JULY 14<sup>TH</sup>

### *Escape & Well-being Festival*

100% pleasure! Give yourself a treat, catch your breath... Come in Chamrousse at the 3rd edition of the Escape/Well-being Festival: free entertainment and charged workshops only by reservation, makeup stand and exhibitors village.

- 📍 Tourist Office square / Chamrousse 1650
- € Day adult: 25€/Day children (-18): 20€  
One workshop: 10€ 🕒 From 8 years old
- ➕ Full programme on [chamrousse.com](http://chamrousse.com)

### *National Day* [8.45 pm-12 am]

Celebration of the French National Day with a music band, a firework and dancing.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public

## MONDAY JULY 15<sup>TH</sup>

### *Welcome drink* [10.30 am]

Every Monday, meet the activity providers and the Tourist Office to organize your week's holiday and take part in the draw to win some gifts.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public ⏰ Duration: 1h

## TUESDAY JULY 16<sup>TH</sup>

### *Giant HARIBO sweets hunt* [10 am]

Treasure hunt in the mountain. Please, do not forget to bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- ⊕ Booking required at the Tourist Offices for less than 5 years old (before 6pm the day before) / Duration: 1h

### CHILDREN SHOW *Le Bal de Bouh* [5.30-6.30 pm]

Dancing show for children.

- 📍 Community hall / Chamrousse 1650
- € Free of charge 🕒 From 2 years old

## WEDNESDAY JULY 17<sup>TH</sup>

### *Introduction to trail* [10 am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau.

- 📍 Arselle plateau / Chamrousse 1600
- € Free of charge 🕒 From 18 years old
- ⊕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h

### *Chamrouslanta* [2.30 pm]

New in 2019 : team trials inspired by the TV show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 7-18 years old ⏰ Duration: 2h

### *Cinema & snack* [3 pm]

Special showing for children followed by a snack!

- 📍 Cinema / Chamrousse 1750
- € Single price: 4 € 🕒 From 3 years old

## *Nature entertainment* [3 pm]

The Association for defense of inhabitants and environment of Chamrousse offers entertainment about nature.

- 📍 Community hall / Chamrousse 1650
- € Free of charge 🕒 All public

## THURSDAY JULY 18<sup>TH</sup>

### CHAMROUSSE KIDS

### *Family Olympics* [10 am]

Challenging obstacle courses at the Chamrousse kids area. Made for families.

- 📍 Chamrousse Kids park / Chamrousse 1750
- € Free of charge 🕒 From 6 to 12 years old (with an adult)
- ⊕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h30

### *Radio-controlled cars driving* [2.30 pm]

Radio-controlled car race.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 10 years old
- ⊕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h30

## FRIDAY JULY 19<sup>TH</sup>

### *Dodgeball* [10 am]

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 7 years old
- ⊕ Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h

### *Guided visit* [2 pm-3 pm]

Guided visits of St-Esprit church and Chalet des cimes, buildings labelled as 20<sup>th</sup> century regional contemporary heritage. Discover Arcabas, Székely, Chappis and Jomain artworks.

- 📍 Saint Esprit church / Chamrousse 1750
- € Free of charge 🕒 From 7 years old

### *Spa by night* [7-9 pm]

Come and relax at the spa on Friday evenings from 7 to 9 pm (special price).

- 📍 Les Flocons de Chamrousse spa / Chamrousse 1650
- € Single price: 18 € 🕒 From 16 years old (with an adult)



## FROM JULY 20<sup>TH</sup> TO AUGUST 7<sup>TH</sup>

### EXHIBITION *Sapana, Children of Prabhat* [10 am-5.30 pm]

Exhibition and film on the orphanage of Prabhat in Nepal.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 All public
- + Open on Mondays, Tuesdays, Wednesdays, Saturdays and Sundays

## SUNDAY JULY 21<sup>ST</sup>

### *Historical ascent of Chamrousse* [9 am-6 pm]

Demonstration of old competition cars, over 30 years old in Chamrousse 1750.

- 📍 In front of the shopping gallery (parking area) / Chamrousse 1750
- € Free of charge 🕒 All public
- + On Sunday, the road via Luitel is closed from 8am to 7pm, 1km above the Luitel until the road leading to the Arselle plateau. You can access the race departure via Premol road. Please park correctly. You can access the arrival from Chamrousse 1750 by Seiglières road.

### *Melting Sports Festival* [10 am-8 pm]

Melting sports festival: introduction and shows of original sports: slackline, skate, roller, scooter, paddle, paragliding (depending on the weather conditions)...

- 📍 Grenouillère lake / Chamrousse 1650
- € Free of charge 🕒 All public
- + Full programme on chamrousse.com

## MONDAY JULY 22<sup>ND</sup>

### *Welcome drink* [10.30 am]

Every Monday, meet the activity providers and the Tourist Office to organize your week's holiday and take part in the draw to win some gifts.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public + Duration: 1h

## TUESDAY JULY 23<sup>RD</sup>

### *Giant HARIBO sweets hunt* [10 am]

Treasure hunt in the mountain. Please, do not forget to bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- + Booking required at the Tourist Offices for less than 5 years old (before 6pm the day before) / Duration: 1h

### CHILDREN SHOW *Les aventures de Louis Boulon* [5.30-6.30 pm]

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 3 years old

## WEDNESDAY JULY 24<sup>TH</sup>

### *Introduction to trail* [10 am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau.

- 📍 Arselle plateau / Chamrousse 1600
- € Free of charge 🕒 From 18 years old
- + Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h

### *Chamrousslanta* [2.30 pm]

New in 2019 : team trials inspired by the TV show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 7-18 years old + Duration: 2h

### *Cinema & snack* [3 pm]

Special showing for children followed by a snack!

- 📍 Cinema / Chamrousse 1750
- € Single price: 4 € 🕒 From 3 years old

### *Nature entertainment* [3 pm]

The Association for defense of inhabitants and environment of Chamrousse offers entertainment about nature.

- 📍 Community hall / Chamrousse 1650
- € Free of charge 🕒 All public

## THURSDAY JULY 25<sup>TH</sup>

### CHAMROUSSE KIDS *Family Olympics* [10 am]

Challenging obstacle courses at the Chamrousse kids area. Made for families.

- 📍 Chamrousse Kids park / Chamrousse 1750
- € Free of charge 🕒 From 6 to 12 years old (with an adult)
- + Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h30

## Radio-controlled cars driving [2.30 pm]

Radio-controlled car race.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 10 years old
- + Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h30

## FRIDAY 26 JULY 26<sup>TH</sup>

### Dodgeball [10 am]

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 7 years old
- + Booking required at the Tourist Offices (before 6pm the day before) / Duration: 2h

### Guided visit [2 pm-3 pm]

Guided visits of St-Esprit church and Chalet des cimes, buildings labelled as 20<sup>th</sup> century regional contemporary heritage. Discover Arcabas, Székely, Chappis and Jomain artworks.

- 📍 Saint Esprit church / Chamrousse 1750
- € Free of charge 🕒 From 7 years old

### Spa by night [7-9 pm]

Come and relax at the spa on Friday evenings from 7 to 9 pm (special price).

- 📍 Les Flocons de Chamrousse spa / Chamrousse 1650
- € Single price: 18 € 🕒 From 16 years old (with an adult)

## FROM JULY 26<sup>TH</sup> TO 28<sup>TH</sup>

### Wind Festival

**PROGRAMME** 07/26<sup>th</sup> [11am-12pm] Windgarden

[11am-12pm & 2-5pm] Kite making workshop

07/27<sup>th</sup> [10.30am-5pm] Windgarden

[10.30am-12pm & 2-5pm] Kite making workshop

[9pm] Illuminated kites show

07/26<sup>th</sup> [10.30am-5pm] Windgarden

[10am-12pm & 2-5pm] Kite making workshop

[5pm] Kite flying's show

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 All public
- + Full programme on chamrousse.com

## MONDAY JULY 29<sup>TH</sup>

### Welcome drink [10.30 am]

Every Monday, meet the activity providers and the Tourist Office to organize your week's holiday and take part in the draw to win some gifts.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public + Duration: 1h

## TUESDAY JULY 30<sup>TH</sup>

### Giant HARIBO sweets hunt [10 am]

Treasure hunt in the mountain. Please, do not forget to bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- + Booking required at the Tourist Offices for less than 5 years old (before 6pm the day before) / Duration: 1h

## WEDNESDAY JULY 31<sup>ST</sup>

### Introduction to trail [10 am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau.

- 📍 Arselle plateau / Chamrousse 1600
- € Free of charge 🕒 From 18 years old
- + Booking required at the Tourist Offices (before 6pm the day before) / Duration: 1h

### Chamrousslanta [2.30 pm]

New in 2019 : team trials inspired by the TV show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 7-18 years old + Duration: 2h

### Cinema & snack [3 pm]

Special showing for children followed by a snack!

- 📍 Cinema / Chamrousse 1750
- € Single price: 4 € 🕒 From 3 years old

### Nature entertainment [3 pm]

The Association for defense of inhabitants and environment of Chamrousse offers entertainment about nature.

- 📍 Community hall / Chamrousse 1650
- € Free of charge 🕒 All public

### Calpot-Zavatta circus

Circus show named Legend.

- 📍 Circus tent / Chamrousse 1750
- € Prices not available 🕒 All public

