

ENTERTAINMENT AGENDA



AUGUST 2020



**FOR THE WELL-BEING OF ALL, HEALTH PREVENTION MEASURES ARE IMPLEMENTED:
MASK WEARING COMPULSORY, PHYSICAL DISTANCING AND SMALL GROUPS
FOR EACH ANIMATION. THANK YOU FOR RESPECTING THEM.**

CHAM ROUSSE
Alpes - France 1700

TOURIST OFFICES
1650 Place de Belledonne
1750 Avenue du Père Tasse
Tél. : +33(0)4 76 89 92 65



AT CHAMROUSSE, **FILL UP ACTIVITIES** ALL SUMMER LONG!

By foot

GUIDED HIKES & ANIMALS OBSERVATION

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

ENVIRONMENTAL WALKS

BELLEDONNE EN MARCHÉ +33 (0)6 42 02 81 62

ORIENTEERING COURSE, GEOCOACHING, PHOTO RALLY & LITTLE MOUNTAIN DWELLER FREE

TOURIST OFFICE +33 (0)4 76 89 92 65

On two wheels

CHAMROUSSE BIKE PARK

LIFT OFFICE +33 (0)4 76 59 09 09

ELECTRIC FATBIKE HIKE

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 81 99 13 43

CYCLIST INSTRUCTOR

SGAMBATO SPORT 2000 +33 (0)4 76 89 89 61

High up

ADVENTURE PARK, PORTALEDGE & SUSPENDED TENTS NIGHTS

ALTÉ CHAMROUSSE +33 (0)6 76 96 66 21

INTRODUCTION TO CLIMBING VIA FERRATA & CANYONING

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)7 66 01 02 46

ZIPLINE

BUREAU DES GUIDES & ACCOMPAGNATEURS

+33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

PARAGLIDING

CHAMROUSSE PARAPENTE

+33 (0)4 76 89 93 66 / +33 (0)6 08 01 43 +33 (0)6

HELICOPTER

HELISAIR +33 (0)4 76 77 37 45

Outdoor

NATURE & WELL-BEING TRAILS

ISABELLE BRONNER +33 (0)6 82 95 23 25

PHOTOGRAPHY

CHAMROUSSE PHOTO +33 (0)6 78 32 45 39

TENNIS LESSONS, ARCHERY, CRAZY JUMP & FRISBEE GOLF

CHAMROUSSE OXYGÈNE +33 (0)6 60 10 39 94

MINI GOLF & FISHING

TOURIST OFFICE +33 (0)4 76 89 92 65

QUAD OUTINGS

GTR MOUNTAIN +33 (0)4 76 89 92 69

HORSE RIDING

PONEY CHEVAL NATURE +33 (0)6 87 58 84 05

ROLLING PARK F. ROUX +33 (0)6 98 78 32 80

FUN AREAS FREE Bowl, skate park, fitness trail, pétanque, tennis courts, playgrounds, multisports areas, water games, table tennis, teqball...

Indoor

LIBRARY & GAMES

Mondays (10 am-12 pm), Wednesdays (2 pm-4.30 pm) & Saturdays (10 am-12 pm) +33 (0)4 76 59 02 27

LE SCHUSS CINEMA

From Monday to Friday +33 (0)4 76 54 23 73

WELL BEING

SPA LES FLOCONS DE CHAMROUSSE

Every day +33 (0)4 76 62 02 08

FABRICS/SEWING MAKING

LES SACS D'YSABEAU +33 (0)7 84 25 25 05

COOKING WITH PLANTS

L'ÉTAPE DU FANFOUÉ +33 (0)4 76 89 93 66

BISCUITS MAKING

BISCUITERIE DOSHA +33 (0)6 37 63 07 98

CLEANING PRODUCT & COSMETICS

MAKING RÉALISE & +33 (0)6 89 59 22 51

SOAP MAKING WORKSHOP

DOUX VOYAGE +33 (0)6 51 46 89 09

YOGA HILLYOGAGIRL +33 (0)6 64 77 43 76

FIND ALL DETAILS
IN OUR *Welcome* GUIDE!

OFFICE DE TOURISME

Tél.: 04 76 89 92 65 • chamrousse.com

EVERY DAY

Parent & child pool time [1-2 pm]

Come and enjoy the family pool during a dedicated time slot. Minimum of 1 adult + 1 child under 14 years old.

- 📍 Les Flocons de Chamrousse Spa / Chamrousse 1650
- 💶 From 8€
- 👤 All public
- ⬆️ Every day

JULY 20TH-AUGUST 9TH

EXHIBITION *Pic & Bulle: the mountain in comics* [10-12.30 am/1.30-6 pm]

This exhibition explores for the first time the relationship of man to the mountain in comic strips, through the works of authors of yesterday and today.

- 📍 Environment Centre / Chamrousse 1650
- 💶 Free of charge
- 👤 All public
- ⬆️ Open every day

MONDAY AUGUST 3RD

DISCOVERY *Tennis* [10 am]

Discover tennis and bring out the tennis champion who's in you.

- 📍 Tennis court / Chamrousse 1650
- 💶 One price: 10€
- 👤 All public
- ⬆️ Duration: 1h
- ⬆️ Compulsory registration / +33 (0)6 60 10 39 94

Welcome live [10 am] **NEW**

Presentation of the animations and activities of the week live on social networks from one of the resort's places of activity.

- 📍 Online on our Facebook and Instagram pages
- 💶 Free of charge
- 👤 All public
- ⬆️ Duration: 1h

DISCOVERY *Archery* [1.30 pm]

Discover archery and bring out the Robin Hood who's in you.

- 📍 Bachat villages / Chamrousse 1700
- 💶 One price: 5€
- 👤 All public
- ⬆️ Duration: 30 min.
- ⬆️ Compulsory registration / +33 (0)6 60 10 39 94

Environment & Heritage [4.30 pm]

On Mondays: regional stories or on sustainable development theme, followed by exchanges. Discover the old history of Chamrousse and other local anecdotes or debate on the stakes of sustainable development.

- 📍 Environment Centre / Chamrousse 1650
- 💶 Free of charge
- 👤 From 7 years old
- ⬆️ Duration: 1h
- ⬆️ Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Monday music [6 pm]

Discover the animation of Mondays in music, with a group every week outside. This week: Antoine The Vintage!

- 📍 Le Pêché mignon restaurant terrace / Chamrousse 1650
- 💶 Free of charge
- 👤 All public
- ⬆️ Duration: 1h30

AUGUST 3RD-7TH

Little Mountain dweller week

Sports and nature thematic week for children and parents. Follow the tracks or make your own ones with your family!

PROGRAM Monday 3 *Nature outing*

- 📍 Salle hors sac / Chamrousse 1600
- 👤 All public
- ⬆️ Limited to 15 people
- // Tuesday 4 *Nature course with archery*
- 📍 Arselle chairlift / Chamrousse 1700

- 👤 From 8 years old
- ⬆️ Limited to 10 people

- // Wednesday 5 *Yoga tour*
- 📍 Arselle's car park / Chamrousse 1600
- 👤 All public
- ⬆️ Limited to 10 people

- // Thursday 6 *Frisbee golf*
- 📍 Villages du Bachat / Chamrousse 1700
- 👤 From 8 years old
- ⬆️ Limited to 10 people

- // Friday 7 *Soap making workshop*
- 📍 Savonnerie Doux Voyage / Chamrousse 1650
- 👤 From 8 years old
- ⬆️ Limited to 6 people

Limited participation in an activity per person for the week.

- 💶 Adult: 8.50€ - Child (3-11 years): 5€ - Free entry for children < 3 years - Family price (4 people): 22€

- ⬆️ Registration and payment until the eve of the activity 6pm via the Tourist Office



- 📍 Place
- 💶 Prices
- ⬆️ Information
- 👤 Public

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HEALTH PREVENTION MEASURES ARE IMPLEMENTED:
MASK WEARING COMPULSORY, PHYSICAL DISTANCING
AND SMALL GROUPS FOR EACH ANIMATION.
THANK YOU FOR RESPECTING THEM.

TUESDAY AUGUST 4TH

1750 *Market* [8 am-1 pm]

Regional products market every Tuesday.

📍 Avenue Père Tasse / Chamrousse 1750

€ Free access 🕒 All public

Giant HARIBO sweets hunt [10.30 am]

Mountain treasure hunt. Please bring a pen!

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 From 2 to 12 years old

+ Compulsory registration for children under 5 at the latest before 6pm - Duration: 1h30

DISCOVERY *Soap making* [3 pm]

Soap making by cold saponification method.

📍 Savonnerie Doux Voyage / Chamrousse 1650

€ One price: 2€ 🕒 All public + Duration: 1h30

+ Compulsory registration / +33 (0)6 51 46 89 09

Snack with music [4 pm]

Meet us for a shared moment in music.

Don't forget your snack!

📍 Loups & Jardins glade / Chamrousse 1750

€ Free of charge 🕒 All public + Duration: 1h

Environment & Heritage [4.30 pm]

Garbage Tuesdays! Explore the relationship you can have with recyclable garbage and how to use it in a fun way and give it a second life.

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 5 years old + Duration: 1h

Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

WEDNESDAY AUGUST 5TH

Well-being wednesday [10 am]

A relaxing moment in the heart of our mountains.

Today: Yoga Ashtanga with Sabrina Durou.

📍 In front of the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 From 16 years old

+ Please bring your own equipment - Duration: 1h
Compulsory registration at the Tourist Offices

Beekeeping ANIMATION [10 am]

Around an educational hive, discover the beekeeper's work and all hive's secrets.

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 7 years old + Duration: 1h15

+ Compulsory registration at the Tourist Offices at least the day before - Limited to 10 people

Cinema for the youths [3 pm]

A special showing for kids!

📍 Cinema / Chamrousse 1750

€ One price: 4€ 🕒 From 6 to 18 years old

Bal with Benjy DJ [4 pm]

Music of the moment, atmosphere guaranteed on the place of the Tourist Office.

📍 Next to the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 All public - Duration: 1h

Environment & Heritage [4.30 pm]

On Wednesdays: projection in connection with the exhibitions. This week: *Une vie de Grand Rhinolophe*, by Tanguy Stœcklé (49 min.).

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 5 years old + Duration: 1h

+ Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Adventure Park by night [8.30 pm-12 am]

Do games in the trees by night! Amazing!

📍 Alté France Adventure Park / Chamrousse 1700

€ Adult: from 25€ 🕒 From 12 years old

Open air cinema [9.30 pm]

Open air mountain film screening.

Don't forget your chairs and covers!

📍 In front of the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 All public

THURSDAY AUGUST 6TH

Nature Animation [9.30 am & 2.30 pm]

Discover Chamrousse remarkable trees.

📍 RDV in front of the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 All public



📍 Place € Prices + Information 🕒 Public

1750 *Musical Quiz* [11 am]

Come and test your musical knowledge.

- 📍 Commercial gallery / Chamrousse 1750
- € Free of charge 🕒 All public ⬆️ Duration: 1h

Environment & Heritage [3 pm]

Land Art Thursdays! Let your imagination run free and find natural elements around you to create mandalas, wish trees...

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old ⬆️ Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Craft market [3.30-7 pm]

Discover the creations of our local artisans: handmade soaps, plant products, no waste accessories, engraved wooden souvenir panels...

- 📍 In front of the shopping gallery / Chamrousse 1750
- € Free access 🕒 All public

1650 *Regional products tasting* [4-7 pm]

Au Faim Gourmet invites you to discover its regional specialties through a convivial tasting.

- 📍 Au Faim Gourmet / Chamrousse 1650
- € Free of charge 🕒 All public

Thursday's show [5 pm]

Today: *Le dompteur de sonimaux*, comic show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 2 years old ⬆️ Duration: 1h

THURSDAY AUGUST 6TH

Cinema under the stars in Gresivaudan [9.30 pm]

Open air film showing: *Mia et le Lion blanc* by Gilles de Maistre (in French only).

- 📍 Outdoor showing / Chamrousse 1750
- € Free of charge 🕒 All public
- ⬆️ At Le Schuss cinema in case of rain

FRIDAY AUGUST 7TH

Radio-controlled car driving [10 am]

Radio-controlled car race on a crazy circuit.

- 📍 In front of the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 From 10 years old ⬆️ Duration: 2h
- ⬆️ Registration at the Tourist Offices - Limited places

Giant table football [2 pm]

Come and try human table football!

- 📍 Multi-activity area / Chamrousse 1750
- € Free of charge 🕒 From 7 years old ⬆️ Duration: 2h

Environment & Heritage [4.45 pm]

Beekeeping Fridays! The bee is our friend, without it no life on earth. Two local beekeepers, help you discover their fascinating world.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old ⬆️ Duration: 1h15
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Spa by night [7-9 pm]

Come and relax at the spa on Friday evenings from 7 to 9 pm (special price).

- 📍 Les Flocons de Chamrousse spa / Chamrousse 1650
- € Single price: 19 € 🕒 From 16 years old (with an adult)

AUGUST 10TH-30TH

EXHIBITION *On the wolf's tracks* [10-12.30 am/1.30-6 pm]

This exhibition on the wolf theme.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 All public ⬆️ Open every day

MONDAY AUGUST 10TH

DISCOVERY *Tennis* [10 am]

Discover tennis and bring out the tennis champion who's in you.

- 📍 Tennis court / Chamrousse 1650
- € One price: 10 € 🕒 All public ⬆️ Duration: 1h
- ⬆️ Compulsory registration / +33 (0)6 60 10 39 94

Welcome live [10 am] **NEW**

Presentation of the animations and activities of the week live on social networks from one of the resort's places of activity.

- 📍 Online on our Facebook and Instagram pages
- € Free of charge 🕒 All public ⬆️ Duration: 1h

DISCOVERY *Archery* [1.30 pm]

Discover archery and bring out the Robin Hood who's in you.

- 📍 Bachat villages / Chamrousse 1700
- € One price: 5 € 🕒 All public ⬆️ Duration: 30 min.
- ⬆️ Compulsory registration / +33 (0)6 60 10 39 94

Environment & Heritage [4.30 pm]

On Mondays: regional stories or on sustainable development theme, followed by exchanges.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old ⬆️ Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Monday music [6 pm]

Discover the animation of mondays in music, with a group every week outside. This week: Antoine The Vintage!

- 📍 Between The White Deer & Le Chalet / Chamrousse 1700
- € Free of charge 🕒 All public ⬆️ Duration: 1h30

TUESDAY AUGUST 11TH

1650 *Market* [8 am-1 pm]

Regional products market every Tuesday.

- 📍 Avenue Henry Duhamel / Chamrousse 1750
- € Free access 🕒 All public

Giant HARIBO sweets hunt [10.30 am]

Mountain treasure hunt. Please bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- ⬆️ Compulsory registration for children under 5 at the latest before 6pm - Duration: 1h30

DISCOVERY *Soap making* [3 pm]

Soap making by cold saponification method.

- 📍 Savonnerie Doux Voyage / Chamrousse 1650
- € One price: 2€ 🕒 All public ⬆️ Duration: 1h30
- ⬆️ Compulsory registration / +33 (0)6 51 46 89 09

Snack with music [4 pm]

Meet us for a shared moment in music. Don't forget your snack!

- 📍 Loups & Jardins glade / Chamrousse 1750
- € Free of charge 🕒 All public ⬆️ Duration: 1h

Environment & Heritage [4.30 pm]

Garbage Tuesdays! Explore the relationship you can have with recyclable garbage and how to use it in a fun way and give it a second life.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 5 years old ⬆️ Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

WEDNESDAY AUGUST 12TH

Well-being wednesday [10 am]

A relaxing moment in the heart of our mountains. Today: Sound journey with Isabelle Wadel.

- 📍 In front of the ESF ski school / Chamrousse 1750
- € Free of charge 🕒 From 16 years old
- ⬆️ Please bring your own equipment - Duration: 1h
- Compulsory registration at the Tourist Offices

LIVE ESCAPE GAME *Prisoners* [10 am-10.30 pm] **NEW**

Discover the outdoor escape game by Prisoners in Chamrousse. 11 sessions every 1.15 hours.

- 📍 Chamrousse 1650 🕒 3 to 6 gamers
- € Full price: 20€ ⬆️ Registration: prisoners.com

Drawing WORKSHOP [10 am]

Beginner discovery of naturalistic drawing.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 11 years old
- ⬆️ Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory
- Limited places (10/15 pers.) - Duration: 2h

Cinema for the youths [3 pm]

A special showing for kids!

- 📍 Cinema / Chamrousse 1750
- € One price: 4€ 🕒 From 6 to 18 years old

Bal with Benjy Dj [4 pm]

Music of the moment, atmosphere guaranteed on the place of the Tourist Office.

- 📍 Next to the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 All public - Duration: 1h

Environment & Heritage [4.30 pm]

On Wednesdays: projection in connection with the exhibitions. This week: *Une vie de Grand Rhinolophe*, by Tanguy Stœcklé (49 min.).

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 5 years old ⬆️ Duration: 1h
- ⬆️ Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Cultural entertainment at La Bérangère [6 pm]

Accords nomades, string quartet and gypsy guitar.

- 📍 La Bérangère residence / Chamrousse 1750
- € Free of charge 🕒 All public

Adventure Park by night [8.30 pm-12 am]

Do games in the trees by night! Amazing!

📍 Alté France Adventure Park / Chamrousse 1700

💶 Adult: from 25 € 🕒 From 12 years old

Open air cinema [9.30 pm]

Open air mountain film screening.

This week: *Dolma la petite Khampa*, of Mario Colonel (52 min.).

Don't forget your chairs and covers!

📍 In front of the Tourist Office / Chamrousse 1650

💶 Free of charge 🕒 All public

THURSDAY AUGUST 13TH

LIVE ESCAPE GAME *Prisoners* [10 am-10.30 pm] **NEW**

Discover the outdoor escape game by Prisoners in Chamrousse. 11 sessions every 1.15 hours.

📍 Chamrousse 1750 🕒 3 to 6 gamers

💶 Full price: 20 € ➕ Registration: prisoners.com

1750 *Musical Quiz* [11 am]

Come and test your musical knowledge.

📍 Commercial gallery / Chamrousse 1750

💶 Free of charge 🕒 All public ➕ Duration: 1h

Environment & Heritage [3 pm]

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📍 Environment Centre / Chamrousse 1650

💶 Free of charge 🕒 From 7 years old ➕ Duration: 1h
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Craft market [3.30-7 pm]

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💶 Free access 🕒 All public

1650 *Regional products tasting* [4-7 pm]

Au Faim Gourmet invites you to discover its regional specialties through a convivial tasting.

📍 Au Faim Gourmet / Chamrousse 1650

💶 Free of charge 🕒 All public

Thursday's show [5 pm]

Today: *Clown Cabaret*, clown show.

📍 Tourist Office square / Chamrousse 1650

💶 Free of charge 🕒 From 2 years old ➕ Duration: 1h

FRIDAY AUGUST 14TH

Radio-controlled car driving [10 am]

Radio-controlled car race on a crazy circuit.

📍 In front of the Tourist Office / Chamrousse 1650

💶 Free of charge 🕒 From 10 years old ➕ Duration: 2h

➕ Registration at the Tourist Offices - Limited places

Giant table football [2 pm]

Come and try human table football!

📍 Multi-activity area / Chamrousse 1750

💶 Free of charge 🕒 From 7 years old ➕ Duration: 2h

Environment & Heritage [4.45 pm]

Beekeeping Fridays! The bee is our friend, without it no life on earth. Two local beekeepers, help you discover their fascinating world.

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💶 Free of charge 🕒 From 7 years old ➕ Duration: 1h15
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Spa by night [7-9 pm]

Come and relax at the spa on Friday evenings from 7 to 9 pm (special price).

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💶 Single price: 19 € 🕒 From 16 years old (with an adult)

MONDAY AUGUST 17TH

DISCOVERY *Tennis* [10 am]

Bring out the tennis champion who's in you.

📍 Tennis court / Chamrousse 1650

💶 One price: 10 € 🕒 All public ➕ Duration: 1h

➕ Compulsory registration / +33 (0)6 60 10 39 94

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📍 Online on our Facebook and Instagram pages

💶 Free of charge 🕒 All public ➕ Duration: 1h

DISCOVERY *Archery* [1.30 pm]

Bring out the Robin Hood who's in you.

- 📍 Bachat villages / Chamrousse 1700
- € One price: 5 € 🕒 All public ➕ Duration: 30 min.
- ➕ Compulsory registration / +33 (0)6 60 10 39 94

Environment & Heritage [4.30 pm]

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- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old ➕ Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Monday music [6 pm]

Discover the animation of mondays in music, with a group every week outside.
This week: Sunshiner!

- 📍 Between Le P'tit salé & Pepe Rosso / Chamrousse 1650
- € Free of charge 🕒 All public ➕ Duration: 1h30

TUESDAY AUGUST 18TH

1750 *Market* [8 am-1 pm]

Regional products market every Tuesday.

- 📍 Avenue Père Tasse / Chamrousse 1750
- € Free access 🕒 All public

Giant HARIBO sweets hunt [10.30 am]

Mountain treasure hunt. Please bring a pen!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 2 to 12 years old
- ➕ Compulsory registration for children under 5 at the latest before 6pm - Duration: 1h30

DISCOVERY *Soap making* [3 pm]

Soap making by cold saponification method.

- 📍 Savonnerie Doux Voyage / Chamrousse 1650
- € One price: 2 € 🕒 All public ➕ Duration: 1h30
- ➕ Compulsory registration / +33 (0)6 51 46 89 09

Snack with music [4 pm]

Meet us for a shared moment in music.
Don't forget your snack!

- 📍 Loups & Jardins glade / Chamrousse 1750
- € Free of charge 🕒 All public ➕ Duration: 1h

Environment & Heritage [4.30 pm]

Garbage Tuesdays! Explore the relationship you can have with recyclable garbage and how to use it in a fun way and give it a second life.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 5 years old ➕ Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

WEDNESDAY AUGUST 19TH

Well-being wednesday [10 am]

A relaxing moment in the heart of our mountains.
Today: Qi Gong et Tai Chi with Manu Noraz.

- 📍 In front of the ESF ski school / Chamrousse 1750
- € Free of charge 🕒 From 16 years old
- ➕ Please bring your own equipment - Duration: 1h
- Compulsory registration at the Tourist Offices

Beekeeping ANIMATION [10 am]

Around an educational hive, discover the beekeeper's work and all hive's secrets.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old ➕ Duration: 1h15
- ➕ Compulsory registration at the Tourist Offices at least the day before - Limited to 10 people

LIVE ESCAPE GAME *Prizoners* [10 am-10.30 pm] **NEW**

Discover the outdoor escape game by Prizoners in Chamrousse. 11 sessions every 1.15 hours.

- 📍 Chamrousse 1650 🕒 3 to 6 gamers
- € Full price: 20 € ➕ Registration: prizoners.com

Cinema for the youths [3 pm]

A special showing for kids!

- 📍 Cinema / Chamrousse 1750
- € One price: 4 € 🕒 From 6 to 18 years old

Bal with Benjy Dj [4 pm]

Music of the moment, atmosphere guaranteed on the place of the Tourist Office.

- 📍 Next to the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 All public - Duration: 1h

Adventure Park by night [8.30 pm-12 am]

Do games in the trees by night! Amazing!

- 📍 Alté France Adventure Park / Chamrousse 1700
- € Adult: from 25 € 🕒 From 12 years old

Open air cinema [9.30 pm]

This week: *Le Doigt de Dieu*,
of Yvan Estienne (52 min.).

Don't forget your chairs and covers!

📍 In front of the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 All public

THURSDAY AUGUST 20TH

LIVE ESCAPE GAME *Prisoners* [10 am-10.30 pm] **NEW**

Discover the outdoor escape game by Prisoners
in Chamrousse. 11 sessions every 1.15 hours.

📍 Chamrousse 1750 🕒 3 to 6 gamers

€ Full price: 20 € + Registration: prisoners.com

1750 *Musical Quiz* [11 am]

Come and test your musical knowledge.

📍 Commercial gallery / Chamrousse 1750

€ Free of charge 🕒 All public + Duration: 1h

Environment & Heritage [3 pm]

Land Art Thursdays! Let your imagination
run free and find natural elements around you
to create mandalas, wish trees...

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 7 years old + Duration: 1h

Compulsory registration at the Tourist Offices
at least the day before - Wearing mask is mandatory

Craft market [3.30-7 pm]

Discover the creations of our local artisans:
handmade soaps, plant products, no waste
accessories, engraved wooden souvenir panels...

📍 In front of the shopping gallery / Chamrousse 1750

€ Free access 🕒 All public

1650 *Regional products tasting* [4-7 pm]

Au Faim Gourmet invites you to discover its
regional specialities through a convivial tasting.

📍 Au Faim Gourmet / Chamrousse 1650

€ Free of charge 🕒 All public

Thursday's show [5 pm]

Today: *Retrocyclette*, circus show.

📍 Tourist Office square / Chamrousse 1650

€ Free of charge 🕒 From 2 years old + Duration: 1h

Mountain cinema [5.30 pm]

Showing/conference: *Au retour des loups*,
of Marie Amiguet (52 min.).

📍 Cinema / Chamrousse 1750

€ One price: 4 € 🕒 From 6 years old

Cultural entertainment at La Bérangère [6 pm]

Tonight: *Tamala*, world and traditional music.

📍 La Bérangère residence / Chamrousse 1750

€ Free of charge 🕒 All public

FRIDAY AUGUST 21ST

Radio-controlled car driving [10 am]

Radio-controlled car race on a crazy circuit.

📍 In front of the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 From 10 years old + Duration: 2h

+ Registration at the Tourist Offices - Limited places

Giant table football [2 pm]

Come and try human table football!

📍 Multi-activity area / Chamrousse 1750

€ Free of charge 🕒 From 7 years old + Duration: 2h

Environment & Heritage [4.45 pm]

Beekeeping Fridays! The bee is our friend,
without it no life on earth. Two local beekeepers,
help you discover their fascinating world.

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 7 years old + Duration: 1h15

Compulsory registration at the Tourist Offices
at least the day before - Wearing mask is mandatory

Spa by night [7-9 pm]

Come and relax at the spa on Friday evenings
from 7 to 9 pm (special price).

📍 Les Flocons de Chamrousse spa / Chamrousse 1650

€ Single price: 19 € 🕒 From 16 years old (with an adult)



📍 Place € Prices + Information 🕒 Public

FRIDAY AUGUST 21ST

ULTRA-TRAIL *L'Échappée Belle*

Four panoramic crests, a view of the entire Alps: the 8th edition of the Ultra Traversée de Belledonne runs across Chamrousse. Gondola access: opening and check-out at 8am with reduced fare on the public pedestrian fare (-20%) from 8am to 12pm.

📍 Croix de Chamrousse / Chamrousse 2250

€ Free for viewers - Paying gondola access

MONDAY AUGUST 24TH

DISCOVERY *Tennis* [10 am]

Bring out the tennis champion who's in you.

📍 Tennis court / Chamrousse 1650

€ One price: 10€ 🕒 All public ⏰ Duration: 1h

⛶ Compulsory registration / +33 (0)6 60 10 39 94

Welcome live [10 am] **NEW**

Presentation of the animations and activities of the week live on social networks from one of the resort's places of activity.

📍 Online on our Facebook and Instagram pages

€ Free of charge 🕒 All public ⏰ Duration: 1h

DISCOVERY *Archery* [1.30 pm]

Bring out the Robin Hood who's in you.

📍 Bachat villages / Chamrousse 1700

€ One price: 5€ 🕒 All public ⏰ Duration: 30 min.

⛶ Compulsory registration / +33 (0)6 60 10 39 94

Environment & Heritage [4.30 pm]

On Mondays: regional stories or on sustainable development theme, followed by exchanges.

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 7 years old ⏰ Duration: 1h

Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

Monday music [6 pm]

Discover the animation of mondays in music, with a group every week outside. This week: Sunshiner!

📍 Hard Boss Café restaurant terrace / Chamrousse 1650

€ Free of charge 🕒 All public ⏰ Duration: 1h30

TUESDAY AUGUST 25TH

1650 *Market* [8 am-1 pm]

Regional products market every Tuesday.

📍 Avenue Henry Duhamel / Chamrousse 1750

€ Free access 🕒 All public

Giant HARIBO sweets hunt [10.30 am]

Mountain treasure hunt. Please bring a pen!

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 From 2 to 12 years old

⛶ Compulsory registration for children under 5 at the latest before 6pm - Duration: 1h30

DISCOVERY *Soap making* [3 pm]

Soap making by cold saponification method.

📍 Savonnerie Doux Voyage / Chamrousse 1650

€ One price: 2€ 🕒 All public ⏰ Duration: 1h30

⛶ Compulsory registration / +33 (0)6 51 46 89 09

Snack with music [4 pm]

Meet us for a shared moment in music.

Don't forget your snack!

📍 Loups & Jardins glade / Chamrousse 1750

€ Free of charge 🕒 All public ⏰ Duration: 1h

Environment & Heritage [4.30 pm]

Garbage Tuesdays! Explore the relationship you can have with recyclable garbage and how to use it in a fun way and give it a second life.

📍 Environment Centre / Chamrousse 1650

€ Free of charge 🕒 From 5 years old ⏰ Duration: 1h

Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

WEDNESDAY AUGUST 26TH

Well-being wednesday [10 am]

A relaxing moment in the heart of our mountains. Today: Yoga with Elsa Sunita.

📍 In front of the ESF ski school / Chamrousse 1750

€ Free of charge 🕒 From 16 years old

⛶ Please bring your own equipment - Duration: 1h
Compulsory registration at the Tourist Offices



📍 Place € Prices ⛶ Information 🕒 Public

Cinema for the youths [3 pm]

A special showing for kids!

- 📍 Cinema / Chamrousse 1750
- € One price: 4€ 🕒 From 6 to 18 years old

Bal with Benjy DJ [4 pm]

Music of the moment, atmosphere guaranteed on the place of the Tourist Office.

- 📍 Next to the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 All public - Duration: 1h

Adventure Park by night [8.30 pm-12 am]

Do games in the trees by night! Amazing!

- 📍 Alté France Adventure Park / Chamrousse 1700
- € Adult: from 25€ 🕒 From 12 years old

Open air cinema [9.30 pm]

This week: *Mano à mano*, of Denis Bois (52 min.). Don't forget your chairs and covers!

- 📍 In front of the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 All public

THURSDAY AUGUST 27TH

1750 *Musical Quiz* [11 am]

Come and test your musical knowledge.

- 📍 Commercial gallery / Chamrousse 1750
- € Free of charge 🕒 All public + Duration: 1h

Environment & Heritage [3 pm]

Land Art Thursdays! Let your imagination run free and find natural elements around you to create mandalas, wish trees...

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 7 years old + Duration: 1h
- Compulsory registration at the Tourist Offices at least the day before - Wearing mask is mandatory

1650 *Regional products tasting* [4-7 pm]

Au Faim Gourmet invites you to discover its regional specialities through a convivial tasting.

- 📍 Au Faim Gourmet / Chamrousse 1650
- € Free of charge 🕒 All public

Thursday's show [5 pm]

Today: *Tout ira bien*, clown show.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 2 years old + Duration: 1h

FRIDAY AUGUST 28TH

Radio-controlled car driving [10 am]

Radio-controlled car race on a crazy circuit.

- 📍 In front of the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 From 10 years old + Duration: 2h
- + Registration at the Tourist Offices - Limited places

Giant table football [2 pm]

Come and try human table football!

- 📍 Multi-activity area / Chamrousse 1750
- € Free of charge 🕒 From 7 years old + Duration: 2h

Environment & Heritage [4.45 pm]

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Spa by night [7-9 pm]

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- € Single price: 19€ 🕒 From 16 years old (with an adult)

SUNDAY AUGUST 30TH

Chamrousse' Historical ascent [9 am-6 pm]

Demonstration of old competition cars. Technical checks and demonstrations and baptisms in supercars and beautiful sports.

- 📍 In front of the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 All public
- + Caution: On Sunday, the road via Luitel is closed from 8am to 7pm, 1km above the Luitel until the road leading to the Arselle plateau. You can access the race departure by Prémol road.

