ENTERTAINMENT AGENDA





OFFICES DE TOURISME 1650 Place de Belledonne 1750 Avenue du Père Tasse Tél.: +33(0)4 76 89 92 65



AT CHAMROUSSE, YOU WILL NEVER BE RUNNING LOW **ON ACTIVITIES**!

By foot

GUIDED WALKS & HIKES, BIVOUAC, SUMMER MOUNTAINEERING & SPORTIVE DISCOVERY

BUREAU DES GUIDES & ACCOMPAGNATEURS + +33 (0)4 76 59 04 96

HIKING & NATURE OUTINGS JONATHAN PERRET + +33 (0)6 51 80 59 02

ENVIRONMENTAL WALKS BELLEDONNE EN MARCHE + +33 (0)6 42 02 81 62

WELL-BEING WALKS ISABELLE BRONNER + +33 (0)6 82 95 23 25

ORIENTATION PATH, GEOCACHING, PHOTO RALLY, ROUTE OF THE SMALL MOUNTAINEER, CITY GAME & EXPLOR GAMES®

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

On two wheels

CHAMROUSSE BIKE PARK LIFT OFFICE + +33 (0)4 76 59 09 09

2 WHEELS MULTI-ACTIVITY COURSE, VTTAE, VTT CROSS-COUNTRY SESSIONS & OFF-ROAD SCOOTERS MCF/SGAMBATO SPORT 2000 + +33 (0)4 76 89 89 61

High up

GIANT ZIPLINE ADRENALINE PARK + +33 (0)4 76 59 09 09

FAMILY ZIPLINES BUREAU DES GUIDES & ACCOMPAGNATEURS + +33 (0)4 76 59 04 96 /+33 (0)6 52 44 11 93

ADVENTURE PARK, PORTALEDGE & SUSPENDED TENTS NIGHTS ALTÉ CHAMROUSSE AVENTURES + +33 (0)6 76 96 66 21

INTRODUCTION TO CLIMBING VIA FERRATA & CANYONING BUREAU DES GUIDES & ACCOMPAGNATEURS + 133 (0)4 76 59 04 96 / 133 (0)7 66 01 02 46

PARAGLIDING CHAMROUSSE PARAPENTE + 33 (0)4 76 89 93 66/+33 (0)6 08 01 43 06

Outdoor

TREASURE HUNT & LAND ART BUREAU DES GUIDES & ACCOMPAGNATEURS

+ +33 (0)4 76 59 04 96

TENNIS LESSONS, ARCHERY, CRAZY JUMP, DISC GOLF, WATER SKIING & PADDLE

CHAMROUSSE OXYGÈNE + +33 (0)6 27 24 34 06/+33 (0)6 60 10 39 94

PHOTO DISCOVERY CHAMROUSSE PHOTO + +33 (0)6 78 32 45 39

NATUR' & SUP' YOGA HILL YOGA GIRL + +33 (0)6 64 77 43 76

QUAD GTR MOUNTAIN + +33 (0)4 76 89 92 69

HORSEBACK RIDING PONEY CHEVAL NATURE + +33 (0)6 87 58 84 05

PAINTBALL PAINT & PLAY + +33 (0)6 43 76 41 16

CHAMROUSSE KIDS OFFICE DE TOURISME + +33 (0)4 76 89 92 65

FUN AREAS FREE Bowl, skate park, fitness trail, petanque, tennis courts, playgrounds, multisports areas, water games, table tennis... **OFFICE DE TOURISME +** +33 (0)4 76 89 92 65

Indoor

LIBRARY & GAMES Mondays & Saturdays (10am-12pm), Wednesdays & Fridays (10am-12pm/3pm-5.30pm) + +33 (0)4 76 59 02 27

LE SCHUSS CINEMA From Tuesday to Saturday + +33 (0)4 76 54 23 73

ENVIRONMENT CENTRE From Sunday to Thursday (10am-12.30pm & 2pm-6pm) + +33 (0)4 76 89 96 05

WELL BEING SPA LES BAINS DE CHAMROUSSE Every day except Tuesdays + +33 (0)4 76 62 02 08

FABRIC WEAVING LES SACS D'YSABEAU + +33 (0)7 84 25 25 05

COOKING WITH PLANTS LA PRAIRIE DANS L'ASSIETTE + +33 (0)4 76 89 93 66

COOKIE BAKING LES GOURMANDISES DE L'OURSON + +33 (0)6 37 63 07 98

CLEANING PRODUCTS & COSMETICS MAKING & BEE WRAP RÉALISE + +33 (0)6 89 59 22 51

SOAP MAKING WORKSHOP SAVONNERIE DOUX VOYAGE + +33 (0)6 51 46 89 09

FITNESS, WELL-BEING & AYURVEDIC MASSAGES ALEXANDRA FLAMAND + +33 (0)6 37 63 07 98

RETROUVEZ TOUS LES DÉTAILS DANS NOTRE GUIDE **Bienvenue**!

ESCAPE GAME The perched adventure

Leo, our mascot's brother, has disappeared! What has happened to him? Follow his footsteps, starting with the last place he was seen and look for clues to piece together his story. We need you!

O Tourist Office/Chamrousse 1650
 Every day (Tourist Office openings)
 O From 8 years old
 €27/group

wow!

UNTIL AUGUST 31st

CHAMROUSSE EXPLOR GAMES[®] [9am-5pm]

New! Discover an outdoor Explor Games® in Chamrousse. With your smartphone and the app Chamrousse Explor Games®, head to the Environment Center to start the adventure!

Environment Centre Chamrousse 1650

- Free app Lift pass mandatory for gondola access
 From 8 years old
- ONGOING TRACKING GAMES To discover Chamrousse

The Tourist Office offers a variety of treasur hunt games all season long and throughout different locations of the resort.

TEO TREASURE HUNT: 5 challenges to overcome on Chamrousse 1650/Recoin to try to find the Teo's treasure. *From 2 to 7 years.*

LITTLE MOUNTAIN MAN'S TRAIL:

Answer questions about Chamrousse and the specific mountain setting, on the connecting path between Chamrousse 1650 and 1750.

UNTIL 21st AUGUST

Rock-climbing wall

Come and have fun on an outdoor bouldering wall to (re)discover climbing!

- Snowfront / Chamrousse 1650
- Children under their parents' responsibility

UNTIL 1st SEPTEMBER

Chamrousse Kids [2-7pm]

Inflatable playground for children with bouncy castles, trampolines and water games.

- Villages du Bachat/Chamrousse 1700
- € €6 for 2 h/On-site to the Tourist Offices
- From 3 to 12 years old Multipass rates

UNTIL 2ND SEPTEMBER

Le Schuss Cinema film showings [5.15 & 9pm]

Film screenings at the Schuss cinema, with a rich programme of films suitable for all ages.

- O Le Schuss Cinema/Chamrousse 1750
- €8/€6,50/€4 OAll public
- From Tuesday to Saturday + Sunday from 14/07 to 15/08

UNTIL 3[®] SEPTEMBER

Bike Parks Trophy in Chamrousse

Virtual MTB race using the Strava application. Come and discover the legendary Panoramique track and challenge yourself against the virtual stopwatch, with friends or other competitors.

Ochamrousse Bike Park G Free of charge



Place € Price + Information ⊙ Public

THURSDAYS & FRIDAYS UNTIL 25[™] AUGUST

Parent/child pool time [11am-12pm]

Special family time slot with a minimum of 1 adult + child under 15 years old.

- ♥ Les Bains Spa/Chamrousse 1650 All public
- I parent + 1 child: €10 | 2 parents + 1 child: €18 Additional child: €4
- Swimming pool only | Towel and sandals not supplied Presence of a parent in the pool mandatory

29[™] & 30[™] JULY

Eroix de Ehamrousse summer MTB Derby

Chamrousse and Vaulnaveys-le-Haut are joining forces to bring you a wild summer version of the race. On the programme: special stages at the Bike Park on Saturday and mass star start on Sunday, from the top of the resort to the Parc d'Uriage (13.5 km, 60 m D+ and 1,900 m D-). The first one down wins! A fun and friendly event.

- Croix de Chamrousse/Chamrousse 2250
 All public viewer
- Riders aged 16 and over, 14 and over for licence holders
- Hore information: www.chamrousse.com

SUNDAY 30TH JULY

IJoga Sunday [10am-3.30pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

⊙ Lauze lake/Chamrousse 1750 ⊙ All public

Full-day pack (3 activities + picnic to bring) at €80 Other packages on request

9[™]-31stJULY

EXHIBITION **Plants** have genius [10am-6pm*]

This multimedia exhibition reveals, through perfectly photographed examples, the survival strategies developed in the plant world. Over the course of their evolution that began hundreds of millions of years ago, plants have had plenty of time to develop diabolical stratagems to ensure their survival in the merciless battle between species.

O Environment Centre/Chamrousse 1650

- Free of charge O All public
- Open from Sunday to Thursday * Closed from 12.30 to 2 pm

MONDAY 31st JULY

1750 **HARIBO** *Giant candy hunt* [2pm]

Look for Haribo giant candies and solve riddles... Two different hunts depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 0 2-12 years old 🕂 Duration: 1h30
- Booking in advance required for children <5,</p>
- at least the day before. Please bring a pen!

ENTERTAINMENT *Mountain* tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- O Environment Centre/Chamrousse 1650
- 🖲 Free of charge 🔘 From 3 years old 🕂 Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

1750 **(llelcome meeting** [5pm]

Presentation of the week animations and activities with a prize draw.

- Next to the shopping gallery/Chamrousse 1750
- 🖲 Free of charge 🔘 All public 🕂 Duration: 1h
- Inside the shopping gallery in case of bad weather

1750 *Musical Quiz* [6pm]

A fun musical quiz and gifts to win.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h

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1st AUGUST-2[™] SEPTEMBER

EXHIBITION **Forest**, a living community [10 am-6 pm*]

Forests are the terrestrial environment with the highest concentration of life forms and species. They play an essential role in the water, carbon and oxygen cycles, and help to build, enrich and protect the soil. Exhibition on loan from the Isère departmental media library and created by the GoodPlanet foundation, in partnership with the Chamrousse library.

- Environment Centre/Chamrousse 1650
- Free of charge OAll public
- Open from Sunday to Thursday * Closed from 12.30 to 2 pm

TUESDAY 1st AUGUST

1750 **Town market** [8am-1pm]

Regional products market every Tuesday.

Avenue du Père Tasse/Chamrousse 1750
 Free access
 All public

Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

Snowfront/Chamrousse 1650
 Free of charge O From 5 years old Duration: 2h

Chamrousslanta [2pm]

Games inspired by the famous TV show.

Next to the Tourist Office/Chamrousse 1650
 Free of charge
 From 7 to 18 years old
 Duration: 2h30

WORKSHOP **Achard lake** water study [11am & 2pm]

Meet up at Lac Achard to discover aquatic microbiodiversity. After taking a few cell sieve samples from the lake, we'll look at the plankton and phytoplankton found there.

Achard lake
 €4/person | €8/family
 From 7 years old

Chamrousse lottery [6pm]

Fun atmosphere for this game of chance, with many prizes and regional products to win!

Ocommunity hall/Chamrousse 1650 ⊕ Duration: 2h30
 €3/board - €10/4 boards O All public

WEDNESDAY 2^{III} AUGUST

Jorest sensory walk [9.30am]

Walk to listen, touch, smell, feel, contemplate, marvel... Discover the forest through each of your senses.

- €4/person | €8/family (from 3 people, 1 payment only)
- 🔘 From 9 years old 🕂 Duration: 1h30

Chamrousse discovery jog [9.45am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

- Arselle plateau/Chamrousse 1600
 Duration: 1h45
- Free of charge OFrom 18 years old

Children's movie [3pm]

A special screening for children and teenagers.

- Ocinema/Chamrousse 1750
- One price: €4 O From 6 years old
- Children < 12 years old must be accompanied by an adult or a child > 12

LA BÉRANGÈRE **Petanque** *tournament* [4pm]

Doubles pétanque competition. A menu for 2 at the restaurant and lots of prizes to win.

La Bérangère reésidence/Chamrousse 1750
 Free of charge

1650 **Illednesday show** [4.30pm]

Discover every week a show for families. Today: *Moniktrud & Maritérégonde*, Les Tombés de la lune, burlesque theatre.

Tourist Office square / Chamrousse 1650
 Free of charge
 From 2 years old
 Duration: 50 min.

1650 Dance with BENJYDJ [5.30pm]

Foam bal for kids and teens with BENjYDj. Current musical hits and guaranteed family fun!

♥ Tourist Office square/Chamrousse 1650
 ● Free of charge
 ● All public
 ● Duration: 1h

• Place



1650 **Open air** *mountain film* [9pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *Alpine Trilogy (dogstyle)*, by Damien Largeron, Brian Mathé & Morgan Monchaud, 2021, 44 min. In French only.

- O Tourist Office square/Chamrousse 1650
- Free of charge O All public
- 🕂 To the multi-purpose hall in case of bad weather

THURSDAY 3[™] AUGUST

ADHEC *Mature animation* [9.30 am & 2.30 pm]

Discover the lichens of Chamrousse. Is it plant? A mushroom? Come and take a closer look at these mysterious organisms that are pollution, with lichenologist Grégory Agnello. In French only.

Meeting point: Arlésienne hall/Chamrousse 1750
 Free of charge
 All public

Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

Snowfront/Chamrousse 1650
 Free of charge
 From 5 years old
 Duration: 2h

WORKSHOP **Macramé** [10am]

Try your hand at macramé or punch needle during a workshop at the Doux Voyage soap factory.

ODux Voyage Soap factory/Chamrousse 1650

- ④ 25€/person ⑥ From 8 years old ⊕ Duration: 1h30
- Registration: +33 (0)660 80 58 66/grainedeboh.m@gmail.com

1650 Petanque tournament and games [2pm]

Double petanque competition with 2 teams of 2 players each with 3 petanque balls. Wooden games and fairground on site.

• Tourist Office square/Chamrousse 1650

Free of charge O All public + Duration: 3h On booking until the day before at the Tourist Offices

Storytelling walk & wishing tree [3pm]

Storytelling walk with the Environment centre. Don't forget to make a wish!

- O Environment Centre/Chamrousse 1650
- Free of charge O From 5 years old Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1650 Producer & artisan market [3pm-7pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

♥ Tourist Office square / Chamrousse 1650
 ● Free of charge
 ● All public
 ● Open to all

ENVIRONMENT ENTERTAINMENT **Beekeeping** [6pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. A real hive is opened in favorable weather.

Environment Centre/Chamrousse 1650
 Free of charge
 From 6 years old
 Duration: 1h
 Compulsory booking until the day before

at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

Thursday music time [6.30 pm]

Discover the outdoor concert of the week. Today: Just Frog, disco, reggae and funk music.

Pépé Rosso & Petit Salé restaurants / Chamrousse 1650
 Free of charge
 All public
 Duration: 1h30

FRIDAY 4[™] AUGUST

Giant table football [10am]

Come and try giant table football. Guaranteed fun!

Multi-activity area/Chamrousse 1750
 Free of charge
 From 7 years old
 Duration: 2h

1750 The funny bikes [2pm]

Come and test the funniest and craziest bikes.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 From 4 years old
 Duration: 3h



5[™]-6[™] AUGUST

Chamrousse en Piste

12th edition of Chamrousse en Piste: street-art festival in the mountain, mixing circus, theatre, magic... Family shows.

SATURDAY 5TH AUGUST [10.30am-6pm] Kite making [10.30am-6pm] Exhibitions Les Flammes au vent & Les Jouets du vent [8.30pm] L'Odyssée du vent show, Festi'VOL SUNDAY 6TH AUGUST [1.30-5.30pm] Royal Circus, introduction to circus arts, Cie Cirque Autour [1.30pm] Circo Puntino's Great Circus Show [2.30pm] Femme au volant, B-side Company [3.45pm] Affetto D'amore, Mr Mustache [5pm] L'Odyssée du vent show, Festi'VOL [5.45pm] De Chair et d'Acier, Cie 100 Racines

- O Next to the shopping gallery/Chamrousse 1750
- Free of charge O All public
- Bring water, cap, sun cream...



SUNDAY 6[™] AUGUST

Joga Sunday [10am-3.30pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

 Lauze lake/Chamrousse 1750 All public
 Full-day pack (3 activities + picnic to bring) at €80 Other packages on request

MONDAY 7TH AUGUST

Geology trek [1.30pm]

Come and discover Chamrousse's geological heritage during an afternoon hike, accompanied by the Oisans Geology Club. Don't forget to bring water and good walking shoes.

- O Environment Centre/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 🔘 From 9 years old 🕂 Duration: 3h30
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 16 people

1650 **HARIBO** Giant candy hunt [2pm]

Look for Haribo giant candies and solve riddles... Two different hunts depending on ages.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge 02-12 years old 🕂 Duration: 1h30
- Booking in advance required for children <5, at least the day before. Please bring a pen!

ENTERTAINMENT *Mountain* tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- O Environment Centre/Chamrousse 1650
- Free of charge O From 3 years old 🕂 Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

1650 **(llelcome meeting** [5pm]

Presentation of the week animations and activities with a prize draw.

- Next to the Tourist Office / Chamrousse 1650
- Free of charge O All public + Duration: 1h
- 🕂 To the multi-purpose hall in case of bad weather

1650 *Musical Quiz* [6pm]

A fun musical quiz and gifts to win.

○ Next to the Tourist Office / Chamrousse 1650
 ● Free of charge ○ All public Duration: 1h

TUESDAY 8[™] AUGUST

1650 **Town market** [8am-1pm]

Regional products market every Tuesday.

Avenue Henry Duhamel/Chamrousse 1650
 Free access
 All public



Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

Snowfront/Chamrousse 1650
 Free of charge
 From 5 years old
 Duration: 2h

Chamrousslanta [2pm]

Games inspired by the famous TV show.

Next to the Tourist Office/Chamrousse 1650

- Free of charge O From 7 to 18 years old
- Duration: 2h30

CAISSE D'ENTRAIDE Summer lottery [8pm]

Fun atmosphere for this game of chance, with many prizes and regional products to win! Refreshment bar on site.

O Community hall/Chamrousse 1650
 Duration: 2h
 €3/board - €10/4 boards
 O All public

9[™]-11[™] AUGUST

WORKSHOP **Straw** sculpture [9am-5pm]

To mark the 50th anniversary of the agricultural show that will held in Chamrousse on 3rd September, the tourist office is offering a straw sculpture workshop for Chamroussiens and holidaymakers.

- O Tourist Office square/Chamrousse 1650
- Free of charge O From 10 years old
- 🕀 On booking at the Tourist Offices the day before at the latest

WEDNESDAY 9[™] AUGUST

Forest sensory walk [9.30am]

Walk to listen, touch, smell, feel, contemplate, marvel... Discover the forest through each of your senses.

Chamrousse discovery jog [9.45am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

Arselle plateau/Chamrousse 1600 Duration: 1h45
 Free of charge O From 18 years old

Drawing workshop [2pm]

Naturalist and landscape drawing: discover nature's treasures and learn how to draw.

- O Environment Centre/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 🔘 From 8 years old 🚦 Duration: 2h

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 10 people

'Children's movie [3pm]

A special screening for children and teenagers.

- Ocinema/Chamrousse 1750
- One price: €4 OF From 6 years old
- Children <12 years old must be accompanied by an adult or a child >12

LA BÉRANGÈRE **Petanque** tournament [4pm]

Doubles pétanque competition. A menu for 2 at the restaurant and lots of prizes to win.

La Bérangère reésidence/Chamrousse 1750
 Free of charge

1750 **Wednesday show** [4.30 pm]

Discover every week a show for families. Today: *Manic Freak*, circus and acrobatics.

Next to the shopping gallery/Chamrousse 1750
Free of charge
From 2 years old
Duration: 50 min.

1750 Dance with BENJYDj [5.30pm]

Foam bal for kids and teens with BENjYDj. Current musical hits and guaranteed family fun!

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h

1750 **Open air** *mountain film* [9pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *Basalt island*, by Benoît Regord & Albéric Lemercier, 2022, 28 min and *As a pool*, by Maxence Page, 2022, 22 min. In French only.

• Next to the shopping gallery/Chamrousse 1750

Free of charge O All public

🕂 Inside the shopping gallery in case of bad weather

THURSDAY 10[™] AUGUST

ADHEC Mature animation

[9.30 am & 2.30 pm]

Discover the remarkable trees of Chamrousse. Learn to recognise the different species and characteristics of remarkable trees, with Bertrand Pedroletti, a former Water and Forestry engineer. In French only.

Above the Edelweiss residence/Chamrousse 1750
 Free of charge O All public

Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

Snowfront/Chamrousse 1650

🖲 Free of charge 🍥 From 5 years old 🕂 Duration: 2h

WORKSHOP **Punch needle** [10am]

Try your hand at macramé or punch needle during a workshop at the Doux Voyage soap factory.

- ODux Voyage Soap factory/Chamrousse 1650
- € 35€/person ⊙From 8 years old 🕂 Duration: 1h30
- Registration: +33 (0)660 80 58 66/grainedeboh.m@gmail.com

1750 Petanque tournament and games [2pm]

Double petanque competition with 2 teams of 2 players each with 3 petanque balls. Wooden games and fairground on site.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge O All public 🕂 Duration: 3h
- 🕂 On booking until the day before at the Tourist Offices

Storytelling walk & wishing tree [3pm]

Storytelling walk with the Environment centre. Don't forget to make a wish!

- O Environment Centre/Chamrousse 1650
- Free of charge O From 5 years old 🕂 Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 Producer & artisan market [3pm-7pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

In front of the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Open to all

OPEN DAY **HJ Chamrousse Jouth Hostel** [5.30 pm-11.30 pm]

Come and visit the youth hostel over an offered aperitif. Then enjoy a free concert by MAHI MAHI, the bar and the barbecue.

- 📀 20 rue des Alisiers/Chamrousse 1650
- Free of charge O All public
- 🕂 Indoor in case of bad weather

ENVIRONMENT ENTERTAINMENT **Beekeeping**/[6pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. A real hive is opened in favorable weather.

- O Environment Centre/Chamrousse 1650
- 🖲 Free of charge 💿 From 6 years old 🕂 Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

Thursday music time [6.30pm]

Discover the outdoor concert of the week. Today: Mics Max, pop covers.

White Deer restaurant/Chamrousse 1700
 Free of charge <a>All public Duration: 1h30

FRIDAY 11[™] AUGUST

Giant table football [10am]

Come and try giant table football. Guaranteed fun!

Multi-activity area/Chamrousse 1750
 Free of charge O From 7 years old Duration: 2h

1750 **Joly days** [2pm]

Your challenge: a course strewn with obstacles to be completed in record time on an unusual and slippery terrain! An event full of surprises!

Next to the shopping gallery/Chamrousse 1750
 Free of charge O From 4 years old Duration: 3h



SATURDAY 12[™] AUGUST

ADHEC **Animation nature** [9pm]

The starry sky and its riches. Observe the stars and discover their mysteries, with Sylvain Douté and Julien Milli from the Grenoble Institute of Planetology and Astrophysics. In French only.

Arselle plateau/Chamrousse 1600
 Free of charge o All public

12[™]-13[™] AUGUST

Wood festival

70th edition of the oldest lumberjack contest in France. The aim is to cut the greatest amount of logs with an axe. Entertainment around forestry jobs and pastoralism, cattle, sheepdog, fair.

- Next to the Tourist Office / Chamrousse 1650
 Free of charge OAll public
- Information: www.chamrousse.com

SUNDAY 13TH AUGUST

Joga Sunday [10am-3.30pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

- Q Lauze lake/Chamrousse 1750 ⊙All public
- Full-day pack (3 activities + picnic to bring) at €80 Other packages on request

MONDAY 14[™] AUGUST

1750 **HARIBO** *Giant candy hunt* [2pm]

Look for Haribo giant candies and solve riddles... Two different hunts depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 2-12 years old + Duration: 1h30
- Booking in advance required for children <5, at least the day before. Please bring a pen!

ENTERTAINMENT *Mountain* tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

O Environment Centre/Chamrousse 1650

- 🖲 Free of charge 🔘 From 3 years old 🕂 Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

1750 **(llelcome meeting** [5pm]

Presentation of the week animations and activities with a prize draw.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h
 Inside the shopping gallery in case of bad weather

1750 *Musical Quiz* [6pm]

A fun musical quiz and gifts to win.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h

TUESDAY 15[™] AUGUST

1750 **Town market** [8am-1pm]

Regional products market every Tuesday.

Avenue du Père Tasse / Chamrousse 1750
 Free access O All public

Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

O Snowfront/Chamrousse 1650

🖲 Free of charge 🔘 From 5 years old 🕂 Duration: 2h

Chamrousslanta [2pm]

Games inspired by the famous TV show.

Next to the Tourist Office/Chamrousse 1650
 Free of charge
 From 7 to 18 years old
 Duration: 2h30

Drawing workshop [2pm]

Naturalist and landscape drawing: discover nature's treasures and learn how to draw.

- O Environment Centre/Chamrousse 1650
- €/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 🔘 From 8 years old 🕂 Duration: 2h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 10 people

Chamrousse lottery [6pm]

Fun atmosphere for this game of chance, with many prizes and regional products to win!

Ocommunity hall/Chamre	usse 1650	🕂 Duration: 2h30
€3/board - €10/4 boards	🔘 All pub	olic



WEDNESDAY 16[™] AUGUST

Chamrousse discovery jog [9.45am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

Arselle plateau/Chamrousse 1600 Duration: 1h45
 Free of charge From 18 years old

The hidden inhabitants of wetlands [2pm]

Go in search of frogs, newts, dragonflies and carnivorous plants to find out more about the resort's biodiversity and protect it. Participatory science for the whole family, supervised by Jonathan Perret, a mountain guide.

- O Environment Center/Chamrousse 1650
- €/pers. | 4€/pers. (family from 3 people, 1 payment only)
- From 7 years old 2h30/3h (250 m ascent)
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 12 people

Children's movie [3pm]

A special screening for children and teenagers.

- Ocinema/Chamrousse 1750
- One price: €4 O From 6 years old
- Children < 12 years old must be accompanied by an adult or a child > 12

LA BÉRANGÈRE **Petanque** tournament [4pm]

Doubles pétanque competition. A menu for 2 at the restaurant and lots of prizes to win.

La Bérangère reésidence/Chamrousse 1750
 Free of charge

1650 **Illednesday show** [4.30pm]

Discover every week a show for families. Today: *De l'exploit et du risque*, Cirque à l'envers, acrobatics diabolo.

Tourist Office square/Chamrousse 1650
 Free of charge
 From 2 years old
 Duration: 50 min.

1650 Dance with BENJYDJ [5.30pm]

Foam bal for kids and teens with BENjYDj. Current musical hits and guaranteed family fun!

♥ Tourist Office square/Chamrousse 1650

€ Free of charge ⊙All public ⊕ Duration: 1h

1650 **Open air** mountain film [9pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *Swissway to heaven*, by Guillaume Broust, 2021, 55 min. In French only.

- O Tourist Office square/Chamrousse 1650
- Free of charge 💿 All public
- 🕀 To the multi-purpose hall in case of bad weather

THURSDAY 17[™] AUGUST

Vertical challenge [10am]

Amateur climbing challenge on an artificial boulder: dyno climbing, speed climbing and falls.

♥ Snowfront/Chamrousse 1650
 ● Free of charge ● From 5 years old ● Duration: 2h

1650 Petanque tournament and games [2pm]

Double petanque competition with 2 teams of 2 players each with 3 petanque balls. Wooden games and fairground on site.

Tourist Office square/Chamrousse 1650
 Free of charge O All public Duration: 3h
 On booking until the day before at the Tourist Offices

Storytelling walk & wishing tree [3pm]

Storytelling walk with the Environment centre. Don't forget to make a wish!

- O Environment Centre/Chamrousse 1650
- Free of charge 🔘 From 5 years old 🕂 Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1650 Producer & artisan market [3pm-7pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

Tourist Office square/Chamrousse 1650
 Free of charge All public

• Place



ENVIRONMENT ENTERTAINMENT **Beekeeping**/[6pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. A real hive is opened in favorable weather.

- O Environment Centre/Chamrousse 1650
- Free of charge
 From 6 years old
 Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

Thursday music time [6.30 pm]

Discover the outdoor concert of the week. Today: Road Trip, rock and folk covers.

Les Gaboureaux & L'Écureuil restaurants/Chamrousse 1650
 Free of charge OAll public + Duration: 1h30

FRIDAY 18[™] AUGUST

Giant table football [10am]

Come and try giant table football. Guaranteed fun!

Multi-activity area/Chamrousse 1750

Free of charge O From 7 years old 🕂 Duration: 2h

1650 The funny bikes [2pm]

Come and test the funniest and craziest bikes.

Tourist Office square/Chamrousse 1650
 Free of charge
 From 4 years old
 Duration: 3h

19[™]-20[™] AUGUST

Mountain car race

The 47th car race will take place once again in Chamrousse. This race is part of the most important stages of the French Championship for motor sport and historic competition vehicles.

- Prémol road/Chamrousse 1600
- € Free entry for children < 12 years ⊙ All public viewer
- Free access paddock in front of the shopping g allery in Chamrousse 1750
- Information: www.chamrousse.com

SUNDAY 20[™] AUGUST

ChaRamasse [9.30am-2.30pm]

Festive eco-event to raise awareness against waste, garbage and other materials left in nature. Participate in a rubbish collection operation. Collecting bags, latex or garden gloves and welcome drink provided to participants.

- O Environment Centre/Chamrousse 1650
- € Free of charge ⊙All public
- Compulsory registration at the Environment centre or Tourist Office at least the day before. Bring picnic, water, good shoes and clothes suitable for the weather

Yoga Sunday [10am-3.30pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

- ♥ Lauze lake/Chamrousse 1750 ♥ All public
- Full-day pack (3 activities + picnic to bring) at €80 Other packages on request

MONDAY 21st AUGUST

Geology trek [1.30pm]

Come and discover Chamrousse's geological heritage during an afternoon hike, accompanied by the Oisans Geology Club. Don't forget to bring water and good walking shoes.

- O Environment Centre/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- ⊙ From 9 years old ⊕ Duration: 3h30
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 16 people

1650 **HARIBO** *Giant candy hunt* [2pm]

Look for Haribo giant candies and solve riddles... Two different hunts depending on ages.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge 2-12 years old Duration: 1h30
- Booking in advance required for children <5, at least the day before. Please bring a pen!



ENTERTAINMENT *Mountain* tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- O Environment Centre/Chamrousse 1650
- € Free of charge ⊙ From 3 years old ⊕ Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

1650 *Illelcome meeting* [5pm]

Presentation of the week animations and activities with a prize draw.

- Next to the Tourist Office / Chamrousse 1650
- Free of charge O All public Duration: 1h
- To the multi-purpose hall in case of bad weather

1650 *Musical Quiz* [6pm]

A fun musical quiz and gifts to win.

- Next to the Tourist Office / Chamrousse 1650

TUESDAY 22[™] AUGUST

1650 **Town market** [8am-1pm]

Regional products market every Tuesday.

Avenue Henry Duhamel/Chamrousse 1650
 Free access
 All public

Chamrousslanta [2pm]

Games inspired by the famous TV show.

Next to the Tourist Office/Chamrousse 1650
 Free of charge
 From 7 to 18 years old
 Duration: 2h30

Teenagers' evening [6pm]

Music, video games, table football, board games, table tennis... Teenagers get together for a friendly evening!

- ⊙ Community hall/Chamrousse 1650 ⊕ Duration: 2h
- Free of charge O From 12 to 17 years old
- On booking until the day before at the Tourist Offices

WEDNESDAY 23RD AUGUST

Chamrousse discovery jog [9.45am]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

Arselle plateau/Chamrousse 1600 Duration: 1h45

The hidden inhabitants of wetlands [2pm]

Go in search of frogs, newts, dragonflies and carnivorous plants to find out more about the resort's biodiversity and protect it. Participatory science for the whole family, supervised by Jonathan Perret, a mountain guide.

- Environment Center/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- ⊙ From 7 years old ⊕ 2h30/3h (250 m ascent)
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 12 people

Children's movie [3pm]

A special screening for children and teenagers.

- Ocinema/Chamrousse 1750
- One price: €4 O From 6 years old
- Children <12 years old must be accompanied by an adult or a child >12

LA BÉRANGÈRE **Petanque** *tournament* [4pm]

Doubles pétanque competition. A menu for 2 at the restaurant and lots of prizes to win.

La Bérangère reésidence/Chamrousse 1750
 Free of charge

1750 **Wednesday show** [4.30pm]

Discover every week a show for families. Today: *Peaky Bikers*, Father and his BMX ACT, acrobatics with bike.

Next to the shopping gallery/Chamrousse 1750
Free of charge
From 2 years old
Duration: 50 min.

1750 **Dance** with **BENJYDj** [5.30pm]

Foam bal for kids and teens with BENjYDj. Current musical hits and guaranteed family fun!

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h



1750 **Open air** *mountain film* [9pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *Traces*, by Thomas Delfino, 2021, 31 min. and *Julia*, by Jocelyn Chavy, 2021, 30 min. In French only.

Next to the shopping gallery/Chamrousse 1750

Free of charge O All public

🕂 Inside the shopping gallery in case of bad weather

THURSDAY 24[™] AUGUST

CHALLENGE [9.45 am]

Obstacle course at Chamrousse Kids,

the inflatable games parc for children.
Chamrousse Kids park/Chamrousse 1700
Free of charge O From 6 to 12 years old Duration: 2h

1750 **Petanque tournament** and games [2pm]

Double petanque competition with 2 teams of 2 players each with 3 petanque balls. Wooden games and fairground on site.

Next to the shopping gallery/Chamrousse 1750
 Free of charge O All public Duration: 3h
 On booking until the day before at the Tourist Offices

Storytelling walk & wishing tree [3pm]

Storytelling walk with the Environment centre. Don't forget to make a wish!

Senvironment Centre/Chamrousse 1650

- 🖲 Free of charge 💿 From 5 years old 🕂 Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 Producer & artisan market [3pm-7pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

In front of the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Open to all

ENVIRONMENT ENTERTAINMENT **Beekeeping** [6pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. A real hive is opened in favorable weather.

 Environment Centre/Chamrousse 1650
 Free of charge From 6 years old Duration: 1h
 Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or

a.talbot@chamrousse.com | Limited to 15 people

Thursday music time [6.30pm]

Discover the outdoor concert of the week. Today: Rock and Chair, rock covers.

Pedestrian area/Chamrousse 1750
 Free of charge All public
 Duration: 1h30

FRIDAY 25[™] AUGUST

Giant table football [10am]

Come and try giant table football. Guaranteed fun!

Multi-activity area/Chamrousse 1750
 Free of charge O From 7 years old Duration: 2h

1650 **Joly days** [2pm]

Your challenge: a course strewn with obstacles to be completed in record time on an unusual and slippery terrain! An event full of surprises!

Tourist Office square/Chamrousse 1650
Free of charge O From 4 years old Duration: 3h

Concert at the Aperoset [7-10pm]

Concert at the Apéroset bar with El Baboon (rock).

Chamrousse 1650
 Free access
 All public

L'Échappée Belle

An ultra-trail race exclusively in the mountain! Four panoramic crests, a view of the entire Alps. The 11th edition once again runs across Chamrousse.

O Chamrousse 1600/2250 O All public viewer

Free for the public Ascent by the gondola for a fee



26[™]-27[™] AUGUST

Historical ascent of Chamrousse [9am-6pm]

A competition of classic cars over 30 years old. This event is not a speed trial but a demonstration, with the sole aim of having fun without taking unnecessary risks. The aim is to drive at your own pace in complete safety on a closed road.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge O All public viewer
- Information: www.chamrousse.com

26[™]-27[™] AUGUST

Jesti'bloc

Open bouldering competition for young climbers (U10, U12 and U14 categories).

- O Snowfront/Chamrousse 1650
- €12 for FFME licence holders/€18 for others
- Open to all (licence-holders or not) | All public viewer
- Information: www.chamrousse.com

SUNDAY 27[™] AUGUST

Ijoga Sunday [10am-3.30pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

- ⊙ Lauze lake/Chamrousse 1750 ⊙ All public
- Full-day pack (3 activities + picnic to bring) at €80 Other packages on request

MONDAY 28[™] AUGUST

1750 **HARIBO** *Giant candy hunt* [2pm]

Look for Haribo giant candies and solve riddles... Two different hunts depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 2-12 years old + Duration: 1h30
- Booking in advance required for children <5,
 - at least the day before. Please bring a pen!

1750 **(llelcome meeting** [5pm]

Presentation of the week animations and activities with a prize draw.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h
 Inside the shopping gallery in case of bad weather

1750 *Musical Quiz* [6pm]

A fun musical quiz and gifts to win.

Next to the shopping gallery/Chamrousse 1750
 Free of charge
 All public
 Duration: 1h

TUESDAY 29[™] AUGUST

1750 Jown market [8am-1pm]

Regional products market every Tuesday.

Avenue du Père Tasse/Chamrousse 1750
Free access <a>All public

Chamrousslanta [2pm]

Games inspired by the famous TV show.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge 💿 From 7 to 18 years old

🕂 Duration: 2h30

Teenagers' evening [6pm]

Music, video games, table football, board games, table tennis...

Teenagers get together for a friendly evening!

- ⊙ Community hall/Chamrousse 1650 ⊕ Duration: 2h
- Free of charge O From 12 to 17 years old
- On booking until the day before at the Tourist Offices

WEDNESDAY 30TH AUGUST

Chamrousse discovery jog [9.45]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

Arselle plateau/Chamrousse 1600 Duration: 1h45
 Free of charge O From 18 years old

Children's movie [3pm]

A special screening for children and teenagers.

- Ocinema/Chamrousse 1750
- One price: €4 OF From 6 years old
- Children < 12 years old must be accompanied by an adult or a child > 12

LA BÉRANGÈRE **Petanque** tournament [4pm]

Doubles pétanque competition. A menu for 2 at the restaurant and lots of prizes to win.

La Bérangère reésidence/Chamrousse 1750
 Free of charge

1650 **Wednesday show** [4.30 pm]

Discover every week a show for families. Today: *Ragoguille mitron du roi*, Thierry Nadalini, theatre/magic/juggling.

Tourist Office square/Chamrousse 1650
 Free of charge From 2 years old Duration: 50 min.

1650 **Dance** with **BENJYDj** [5.30pm]

Foam bal for kids and teens with BENjYDj. Current musical hits and guaranteed family fun!

O Tourist Office square/Chamrousse 1650
 ● Free of charge ○ All public Duration: 1h

1650 **Open air** *mountain film* [9pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *On a marché sous la Terre*, by Alex Lopez, 2023, 52 min.

Tourist Office square/Chamrousse 1650
 Free of charge O All public
 To the multi-purpose hall in case of bad weather

THURSDAY 31st AUGUST

Chamrousse Kids

CHALLENGE [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable games parc for children.

Chamrousse Kids park/Chamrousse 1700
 Free of charge From 6 to 12 years old
 Duration: 2h

1650 Petanque tournament and games [2pm]

Double petanque competition with 2 teams of 2 players each with 3 petanque balls. Wooden games and fairground on site.

Tourist Office square/Chamrousse 1650
 Free of charge O All public Duration: 3h
 On booking until the day before at the Tourist Offices

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♀ Place € Price + Information ◎ Public

2[™]-3[™] SEPTEMBER

Balcons de Belledonne agricultural and forestry show

Country ball and barbecue, livestock and small farm animals, craft market, country meal, lumberjack entertainment and demonstrations, shepherd and his sheep...

- Snowfront/Chamrousse 1650
- Free access O All public
- Information: www.chamrousse.com

AT THE BOTTOM OF CHAMROUSSE

AUGUST IN URIAGE

Concerts du Parc

THURSDAYS AT 7PM 3RD AUGUST Zik elles (song/dance) 10TH AUGUST Duo Belleza (Brazilian music) 17TH AUGUST Jazz break (jazz & voice) 24TH AUGUST Sunshine in Ohio (country folk) 31ST AUGUST Soul Sun (reggae & soul) Free of charge - Parc d'Uriage

OPEN AIR CINEMA

En corps (C. KLAPISH) FRIDAY 11TH AUGUST AT 9.30PM Free of charge - Parc d'Uriage

Craft market

SUNDAY 20TH AUGUST Pinet d'Uriage

Agricultural fair

SUNDAY 27TH AUGUST Free of charge - Parc d'Uriage

FESTIVAL Uriage en Voix

2ND & 3RD SEPTEMBER Free of charge - Parc d'Uriage

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