

# ENTERTAINMENT AGENDA



JULY 2023



**CHAMROUSSE**  
ALPES-FRANCE 1700

**OFFICES DE TOURISME**  
1650 Place de Belledonne  
1750 Avenue du Père Tasse  
Tél. : +33(0)4 76 89 92 65



# AT CHAMROUSSE, YOU WILL NEVER BE RUNNING LOW **ON ACTIVITIES!**

## By foot

### **GUIDED WALKS & HIKES, BIVOUAC, SUMMER MOUNTAINEERING & SPORTIVE DISCOVERY**

BUREAU DES GUIDES & ACCOMPAGNATEURS  
+ +33 (0)4 76 59 04 96

### **HIKING & NATURE OUTINGS**

JONATHAN PERRET + +33 (0)6 51 80 59 02

### **ENVIRONMENTAL WALKS**

BELLEDONNE EN MARCHÉ + +33 (0)6 42 02 81 62

### **WELL-BEING WALKS**

ISABELLE BRONNER + +33 (0)6 82 95 23 25

### **ORIENTATION PATH, GEOCACHING, PHOTO RALLY, ROUTE OF THE SMALL MOUNTAINEER, CITY GAME & EXPLOR GAMES®**

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

## On two wheels

### **CHAMROUSSE BIKE PARK**

LIFT OFFICE + +33 (0)4 76 59 09 09

### **MULTI-ACTIVITY COURSE ON 2 WHEELS, VTAE, VVT CROSS-COUNTRY SESSIONS & OFF-ROAD SCOOTERS**

MCF/SGAMBATO SPORT 2000 + +33 (0)4 76 89 89 61

## High up

### **GIANT ZIPLINE**

ADRENALINE PARK + +33 (0)4 76 59 09 09

### **FAMILY ZIPLINES**

BUREAU DES GUIDES & ACCOMPAGNATEURS  
+ +33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

### **ADVENTURE PARK, PORTALEDGE & SUSPENDED TENTS NIGHTS**

ALTÉ CHAMROUSSE AVENTURES  
+ +33 (0)6 76 96 66 21

### **INTRODUCTION TO CLIMBING VIA FERRATA & CANYONING**

BUREAU DES GUIDES & ACCOMPAGNATEURS  
+ +33 (0)4 76 59 04 96 / +33 (0)7 66 01 02 46

### **PARAGLIDING CHAMROUSSE PARAPENTE**

+ +33 (0)4 76 89 93 66 / +33 (0)6 08 01 43 06

## Outdoor

### **TREASURE HUNT & LAND ART**

BUREAU DES GUIDES & ACCOMPAGNATEURS  
+ +33 (0)4 76 59 04 96

### **TENNIS LESSONS, ARCHERY, CRAZY JUMP, DISC GOLF, WATER SKIING & PADDLE**

CHAMROUSSE OXYGÈNE

+ +33 (0)6 27 24 34 06 / +33 (0)6 60 10 39 94

### **PHOTO DISCOVERY**

CHAMROUSSE PHOTO + +33 (0)6 78 32 45 39

### **NATUR' & SUP' YOGA**

HILL YOGA GIRL + +33 (0)6 64 77 43 76

**QUAD GTR MOUNTAIN** + +33 (0)4 76 89 92 69

### **HORSE RIDING**

PONEY CHEVAL NATURE + +33 (0)6 87 58 84 05

**PAINTBALL PAINT & PLAY** + +33 (0)6 43 76 41 16

### **CHAMROUSSE KIDS**

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

### **FUN AREAS FREE**

Bowl, skate park, fitness trail, pétanque, tennis courts, playgrounds, multisports areas, water games, table tennis...

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

## Indoor

### **LIBRARY & GAMES**

Mondays & Saturdays (10am-12pm), Wednesdays & Fridays (10am-12pm/3pm-5.30pm) + +33 (0)4 76 59 02 27

### **CINÉMA LE SCHUSS**

From Tuesday to Saturday + +33 (0)4 76 54 23 73

### **MAISON DE L'ENVIRONNEMENT**

From dimSunday au Thursday (10am-12.30pm & 2pm-6pm)  
+ +33 (0)4 76 89 96 05

### **WELL BEING SPA LES BAINS DE CHAMROUSSE**

Tous les jours sauf le mardi + +33 (0)4 76 62 02 08

### **FABRICS MAKING**

LES SACS D'YSABEAU + +33 (0)7 84 25 25 05

### **COOKING WITH PLANTS**

LA PRAIRIE DANS L'ASSIETTE + +33 (0)4 76 89 93 66

### **BISCUITS MAKING**

BISCUITERIE DOSHA + +33 (0)6 37 63 07 98

### **CLEANING PRODUCT & COSMETICS MAKING & BEE WRAP RÉALISE&**

+ +33 (0)6 89 59 22 51

### **SOAP MAKING WORKSHOP**

SAVONNERIE DOUX VOYAGE + +33 (0)6 51 46 89 09

### **FITNESS, WELL-BEING & AYURVEDIC MASSAGES**

ALEXANDRA FLAMAND + +33 (0)6 37 63 07 98

RETROUVEZ TOUS LES DÉTAILS  
DANS NOTRE GUIDE *Bienvenue!*

WOW!

### ESCAPE GAME *The perched adventure*

Leo, our mascot's brother, has disappeared! What has happened to him? Follow his footsteps, starting with the last place he was seen and look for clues to piece together his story. We need you!

- 📍 Tourist Office/Chamrousse 1650
- + Every day (Tourist Office openings)
- 👤 From 8 years old
- € 27€/group

SUNDAY JULY 2<sup>ND</sup>

### *Celebration of seasonal migration* [10.30 am-6 pm]

Take part to a festive walk with the shepherd and his flock, from the pasture to the sheepfold. Entertainment all day on Chamrousse 1650/Recoin, with a musical parade, merry-go-round, terrarium, gold-digger and birdhouse workshops, giant games, film-debate, magician, craft market, traditional dances and music, face painting and circus show.

- 📍 Bachat Bouloud chairlift/Chamrousse 1750
- Next to the Tourist Office/Chamrousse 1650
- € Free of charge
- 👤 All public

WOW!

UNTIL AUGUST 31<sup>ST</sup>

### CHAMROUSSE EXPLOR GAMES® [9 am-5 pm]

New! Discover an outdoor Explor Games® in Chamrousse. With your smartphone and the app Chamrousse Explor Games®, head to the Environment Center to start the adventure!

- 📍 Environment Centre Chamrousse 1650
- € Free app - Lift pass mandatory for gondola access
- 👤 From 8 years old



THURSDAYS & FRIDAYS  
UNTIL 25<sup>TH</sup> AUGUST

### *Pool time parent-child* [11 am-12 pm]

Special family pool time with a minimum of 1 adult and 1 child under 15.

- 📍 Les Bains Spa/Chamrousse 1650
- 👤 All public
- € 1 parent + 1 child: €10 | 2 parents + 1 child: €18
- Additional child: €4
- + Pool access only | Towels and sandals not provided
- A parent must be present in the pool

FRIDAY 7<sup>TH</sup> JULY

### *Concert at the Aperoset* [7-10 pm]

Concert at the Apérosset bar with Dayls (rock'n'90).

- 📍 L'Aperoset/Chamrousse 1650
- € Free access
- 👤 All public

8<sup>TH</sup> JULY-1<sup>ST</sup> SEPTEMBER

### *Chamrousse Kids* [2-7 pm]

Inflatable playground for children with bouncy castles, trampolines and water games.

- 📍 Villages du Bachat/Chamrousse 1700
- € 6€ for 2h/On-site or to the Tourist Offices
- 👤 From 3 to 12 years old
- + Multipass rates

### ONGOING TRACKING GAMES

#### *To discover Chamrousse*

The Tourist Office offers a variety of tracking games all season long and throughout different locations of the resort.

**TEO TREASURE HUNT:** 5 challenges to overcome on Chamrousse 1650/Recoin to try to find the Teo treasure. *From 2 to 7 years.*

**LITTLE MOUNTAIN DWELLER TRACK:** Answer questions about Chamrousse and the specific mountain setting, on the connecting path between Chamrousse 1650 and 1750.

- € Free of charge
- + Information and booklet available at the Tourist Offices



📍 Place € Price + Information 👤 Public

## SATURDAY 8<sup>TH</sup> JULY

### ESF *French Petanque Championship* [8.30 am-5 pm]

Petanque tournament in Chamrousse by the French Ski School (ESF). Pétanque doublette: 2 instructors or 1 instructor with 1 guest.

- 📍 Terrain pétanque Recoin/Chamrousse 1650
- € From 80 to 90€
- 🕒 All public

## SATURDAY 8<sup>TH</sup> JULY

### *Ultra Bike Session* [9 am-5 pm]

An exceptional day to launch the summer season and the Chamrousse Bike Park. Exceptional festive day!

- 📍 Chamrousse Bike Park
- € Day-pass : 22€/adult, 18€/child
- 🕒 All public + Info: [www.chamrousse.com](http://www.chamrousse.com)

### *Timed ascent cycle race* [9 am-12.30 pm]

Timed cycling ascent aimed at non professionals and cycling fans to fight breast cancer. From Saint-Martin d'Uriage to Chamrousse 1750.

- 📍 Finish Avenue du Père Tasse/Chamrousse 1750
- 🕒 All public viewer - Race from 16 years old
- + Info GMC38 : +33 (0)4 76 25 65 46 / [gmc38.com](http://gmc38.com)

## 8<sup>TH</sup>-29<sup>TH</sup> JULY

### *Le Schuss Cinema film showings* [5.15 & 9 pm]

Film screenings at the Schuss cinema, with a rich programme of films suitable for all ages.

- 📍 Le Schuss Cinema/Chamrousse 1750
- € 8€/6,50€/4€
- 🕒 All public
- + From Tuesday to Saturday + Sunday from 14/07 to 15/08  
No screening on Tuesday 18/07 at 9pm (Cinétoiles)

## 9<sup>TH</sup>-31<sup>ST</sup> JULY

### EXHIBITION *Plants have genius* [10 am-6 pm\*]

This multimedia exhibition reveals, through perfectly photographed examples, the survival strategies developed developed in the plant world. Over the course of their evolution that began hundreds of millions of years ago, plants have had plenty of time to develop diabolical stratagems to ensure their survival in the merciless battle between species.

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge
- 🕒 All public
- + Open from Sunday to Thursday  
Closed from 12.30 to 2 pm

## MONDAY 10<sup>TH</sup> JULY

### 1650 **HARIBO** *Giant candy hunt* [2 pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- 📍 Next to the Tourist Office/Chamrousse 1650
- € Free of charge
- 🕒 2-12 years old + Duration: 1h30
- + Booking in advance required for children <5, at least the day before. Please bring a pen!

### ENTERTAINMENT *Mountain tales and others* [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge
- 🕒 From 3 years old + Duration: 1h
- + Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or [a.talbot@chamrousse.com](mailto:a.talbot@chamrousse.com) | Limited to 20 people

### 1650 *Welcome meeting* [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- 📍 Next to the Tourist Office/Chamrousse 1650
- € Free of charge
- 🕒 All public + Duration: 1h

### 1650 *Musical Quiz* [6 pm]

A fun musical quiz and gifts to win.

- 📍 Next to the Tourist Office/Chamrousse 1650
- € Free of charge
- 🕒 All public + Duration: 1h



## TUESDAY 11<sup>TH</sup> JULY

### 1650 *Town market* [8 am-1 pm]

Regional products market every Tuesday.

📍 Avenue Henry Duhamel / Chamrousse 1650

€ Free access 🕒 All public

### *Chamrousslanta* [2 pm]

Games inspired by the famous TV show.

📍 Next to the Tourist Office / Chamrousse 1650

€ Free of charge 🕒 From 7 to 18 years old

⊕ Duration: 2h30

### *Teenagers' evening* [6 pm]

Music, video games, table football, board games, table tennis...

Teenagers get together for a convivial evening!

📍 Community hall / Chamrousse 1650 ⊕ Duration: 2h

€ Free of charge 🕒 From 12 to 17 years old

⊕ On booking until the day before at the Tourist Offices

## WEDNESDAY 12<sup>TH</sup> JULY

### *Chamrousse discovery jogging* [9.45]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau.

3 km beginners loop and 4 km intermediate loop.

📍 Arselle plateau / Chamrousse 1600 ⊕ Duration: 1h45

€ Free of charge 🕒 From 18 years old

### *The hidden inhabitants of wetlands* [2 pm]

Go in search of frogs, newts, dragonflies and carnivorous plants to find out more about the resort's biodiversity and protect it. Participatory science for all the family, supervised by Jonathan Perret, a mountain guide.

📍 Environment Center / Chamrousse 1650

€ 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)

🕒 From 7 years old ⊕ 2h30/3h (250 m ascent)

⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or [a.talbot@chamrousse.com](mailto:a.talbot@chamrousse.com) | Limited to 12 people

### *Children movie* [3 pm]

A special showing for children and teenagers.

📍 Cinema / Chamrousse 1750

€ One price: 4€ 🕒 From 6 years old

⊕ Children < 12 years old must be accompanied by an adult or a child > 12

### 1750 *Wednesday show* [4.30 pm]

Discover every week a show for families.

Today: *Ça roule ma boule*, circus and acrobatics.

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 From 2 years old ⊕ Duration: 1h

### 1750 *Dance with BENJYDJ* [5.30 pm]

Mousse bal for kids and teens with BENJYDJ.

Music of the moment and guaranteed family fun!

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 All public ⊕ Duration: 1h

### 1750 *Open air mountain film* [9 pm]

Every week, discover an open-air mountain film.

Don't forget your chair and blanket.

Tonight: *Zanskar : les promesses de l'hiver*, by Caroline Riegel, 2021, 52 min. In French only.

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 All public

⊕ To the multi-purpose hall (1650) in case of bad weather

## THURSDAY 13<sup>TH</sup> JULY

### WORKSHOP *Macramé & punch needle* [10 am]

Try your hand at macramé or punch needle during a workshop at the Doux Voyage soap factory.

📍 Doux Voyage Soap factory / Chamrousse 1650

€ From 25€ (macramé) to 35€ (punch needle) per person

🕒 From 8 years old ⊕ Duration: 1h30

### *Chamrousse Kids CHALLENGE* [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable games parc for children.

📍 Chamrousse Kids park / Chamrousse 1700

€ Free of charge 🕒 From 6 to 12 years old ⊕ Duration: 2h

### 1750 *Pétanque tournament and games* [2 pm]

Double pétanque competition with 2 teams of 2 players each with 3 pétanque balls.

Wooden games and fairground on site.

📍 Next to the shopping gallery / Chamrousse 1750

€ Free of charge 🕒 All public ⊕ Duration: 3h

⊕ On booking until the day before at the Tourist Offices



## Storytelling walk & wishing tree [3 pm]

Storytelling walk with the Environment centre.  
Don't forget to make a wish!

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge 🕒 From 5 years old ➕ Duration: 1h30
- ⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or [talbot@chamrousse.com](mailto:talbot@chamrousse.com) | Limited to 15 people

## 1750 *Producer & artisan market* [3 pm-7 pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

- 📍 In front of the shopping gallery/Chamrousse 1750
- € Free of charge 🕒 All public ➕ Open to all

## ENVIRONMENT ENTERTAINMENT

### *Beekeeping* [5.30 pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. Opening of a real hive if favorable weather.

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge 🕒 From 6 years old ➕ Duration: 1h
- ⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or [talbot@chamrousse.com](mailto:talbot@chamrousse.com) | Limited to 15 people

## *Thursday music time* [6.30 pm]

Discover the music entertainment of the week, with an outdoor concert!

Today: the group Soft, rock cover.

- 📍 Résidence La Béragère/Chamrousse 1750
- € Free of charge 🕒 All public ➕ Duration: 1h30

## FRIDAY 14<sup>TH</sup> JULY

### *Giant table football* [10 am]

Come and try giant table football. Guaranteed fun!

- 📍 Multi-activity area/Chamrousse 1750
- € Free of charge 🕒 From 7 years old ➕ Duration: 2h

## 1750 *Foly days* [2 pm]

Your challenge: a course strewn with obstacles to be completed in record time on an unusual and slippery terrain! An event full of surprises!

- 📍 Next to the shopping gallery/Chamrousse 1750
- € Free of charge 🕒 From 4 years old ➕ Duration: 3h

## *National Day* [8.30 pm-12 am]

Celebration of the French National Day.

**8.30PM** Outdoor concert with Soft (rock covers).

**10PM** Fireworks followed by dancing with BenjyDJ.

- 📍 Tourist Office square/Chamrousse 1650
- € Free of charge 🕒 All public
- ⊕ Subject to weather conditions

## SATURDAY 15<sup>TH</sup> JULY

### *Chamrousse Skate Rock* [12 pm-2 am]

See you in Chamrousse for a day under the sign of skate and rock not to be missed!

- 📍 Bowl/Chamrousse 1650
- € Free of charge 🕒 All public

## LES ENCHANTÉS *Folk ball* [5.30 pm]

Folk dance in front of the big top by Les enCHANTÉS, a troupe of choral musicians gathered around Jean-Marie Sion and 6 exceptional choirmasters, on holiday in Chamrousse for a week of rehearsals in the heart of the mountain.

- 📍 Vernon square/Chamrousse 1650
- € Free access 🕒 All public

## SUNDAY 16<sup>TH</sup> JULY

### *Escape & Well-being Festival* [10 am-5 pm]

6<sup>th</sup> edition of the Escape and Well-being Festival in Chamrousse: well-being workshops throughout the day, exhibitors' village offering massages from around the world, craft market, wooden games area and musical interlude. A 100% pleasure festival! Pamper yourself, get a change of scenery, catch your breath...

- 📍 Next to the shopping gallery/Chamrousse 1750
- € 10€/workshop 🕒 From 7 years old (workshops)
- ⊕ Workshops on booking: [www.chamrousse.com](http://www.chamrousse.com)



## ESCAPE GAME

### *Save Lago* [10 am & 2 pm]

An itinerant escape game thanks to soft mobility: put yourself in the shoes of the detective Marmotte and go in search of Lago. You have 1h30 to collect a maximum of clues and succeed in the mission.

- 📍 In front of the Environment Centre / Chamrousse 1650
- € 4€/person | 8€/family (from 3 people, 1 payment only)
- 🕒 From 7 years old
- ⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 30 people

## MONDAY 17<sup>TH</sup> JULY

### *Geology trek* [1.30pm]

Come and discover Chamrousse's geological heritage during an afternoon hike, accompanied by the Oisans Geology Club. Don't forget to bring water and good walking shoes.

- 📍 Environment Centre / Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 🕒 From 9 years old ⊕ Duration: 3h30
- ⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 16 people

## 1750 **HARIBO**

### *Giant candy hunt* [2 pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 2-12 years old ⊕ Duration: 1h30
- ⊕ Booking in advance required for children <5, at least the day before. Please bring a pen!

## ENTERTAINMENT *Mountain tales and others* [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge 🕒 From 3 years old ⊕ Duration: 1h
- ⊕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

## 1750 *Welcome meeting* [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 All public ⊕ Duration: 1h

## LES ENCHANTÉS *Singing evening for conductors & choristers* [5.30 pm]

Quality musical performance in the form of an open stage of the enCHANTés with talented and enthusiastic choir directors and choristers under the big top.

- 📍 Vernon square / Chamrousse 1650
- € Free access/free donation 🕒 All public

## 1750 *Musical Quiz* [6 pm]

A fun musical quiz and gifts to win.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 All public ⊕ Duration: 1h

## TUESDAY 18<sup>TH</sup> JULY

## 1750 *Town market* [8 am-1 pm]

Regional products market every Tuesday.

- 📍 Avenue du Père Tasse / Chamrousse 1750
- € Free access 🕒 All public

## *Chamrousslanta* [2 pm]

Games inspired by the famous TV show.

- 📍 Next to the Tourist Office / Chamrousse 1650
- € Free of charge 🕒 From 7 to 18 years old
- ⊕ Duration: 2h30

## LES ENCHANTÉS

### *Concert with Augustine Hoffmann* [5.30 pm]

Concert Les enCHANTés with Augustine Hoffmann, author, composer, performer of folk songs, under the big top.

- 📍 Vernon square / Chamrousse 1650
- € Free access/free donation 🕒 All public

## *Cinema under the stars in Gresivaudan* [9.30 pm]

Open-air cinema with the film *Le Loup et le lion* by Gilles de Maistre (1h40, adventure/family).

In French only.

- 📍 In front of the shopping gallery / Chamrousse 1750
- € Free of charge 🕒 From 6 years old
- ⊕ Free shuttle bus from 8pm to 11.30pm At the Schuss cinema in case of bad weather





## WEDNESDAY 19<sup>TH</sup> JULY

### Forest sensory walk [9.30 am]

Walk to listen, touch, smell, feel, contemplate, marvel... Discover the forest through each of your senses.

- 📍 In front of the Environment Centre / Chamrousse 1650
- € 4€/person - 8€/family (from 3 people, 1 payment only)
- 🕒 From 9 years old + Duration: 1h30

### Chamrousse discovery jogging [9.45]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

- 📍 Arselle plateau / Chamrousse 1600 + Duration: 1h45
- € Free of charge 🕒 From 18 years old

### The hidden inhabitants of wetlands [2 pm]

Go in search of frogs, newts, dragonflies and carnivorous plants to find out more about the resort's biodiversity and protect it. Participatory science for all the family, supervised by Jonathan Perret, a mountain guide.

- 📍 Environment Center / Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 🕒 From 7 years old + 2h30/3h (250 m ascent)
- + Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or [a.talbot@chamrousse.com](mailto:a.talbot@chamrousse.com) | Limited to 12 people

### Children movie [3 pm]

A special showing for children and teenagers.

- 📍 Cinema / Chamrousse 1750
- € One price: 4€ 🕒 From 6 years old
- + Children < 12 years old must be accompanied by an adult or a child > 12

### 1650 Wednesday show [4.30 pm]

Discover every week a show for families. Today: *La Françoise des jeux*, street theatre.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 From 2 years old + Duration: 1h

### 1650 Dance with BENJYDJ [5.30 pm]

Mousse bal for kids and teens with BENJYDJ. Music of the moment and guaranteed family fun!

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public + Duration: 1h

### 1650 Open air mountain film [9 pm]

Every week, discover an open-air mountain film. Don't forget your chair and blanket. Tonight: *Trilogies*, by Christophe Raylat, 2022, 43 min. & *Conscience, la série*, by Gaëtan Gaudissard, 2022, 20 min. In French only.

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge 🕒 All public
- + To the multi-purpose hall (1650) in case of bad weather

### LES ENCHANTÉS Serenade [??? pm]

Serenade by Les enCHANTÉS, in an exceptional setting at the top of the resort at the Croix de Chamrousse lookout.

- 📍 Croix de Chamrousse / Chamrousse 2250
- € Free access | Cable car charge 🕒 All public

## THURSDAY 20<sup>TH</sup> JULY

### ADHEC Animation nature [9.30 am & 2.30 pm]

Remarkable trees in Chamrousse: learn to recognise the different species and characteristics of remarkable trees, with Bertrand Pedroletti, a former Water and Forestry engineer.

- 📍 Above the Edelweiss residence / Chamrousse 1750
- € Free of charge 🕒 All public

### WORKSHOP Macramé & punch needle [10 am]

Try your hand at macramé or punch needle during a workshop at the Doux Voyage soap factory.

- 📍 Doux Voyage Soap factory / Chamrousse 1650
- € From 25€ (macramé) to 35€ (punch needle) per person
- 🕒 From 8 years old + Duration: 1h30

### Chamrousse Kids CHALLENGE [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable games parc for children.

- 📍 Chamrousse Kids park / Chamrousse 1700
- € Free of charge 🕒 From 6 to 12 years old + Duration: 2h

### 1650 Pétanque tournament and games [2 pm]

Double pétanque competition with 2 teams of 2 players each with 3 pétanque balls. Wooden games and fairground on site.

- 📍 Tourist Office square / Chamrousse 1750
- € Free of charge 🕒 All public + Duration: 3h
- + On booking until the day before at the Tourist Offices



## Storytelling walk & wishing tree [3 pm]

Storytelling walk with the Environment centre.  
Don't forget to make a wish!

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge 🕒 From 5 years old ⏰ Duration: 1h30
- + Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

## 1650 *Producer & artisan market* [3 pm-7 pm]

Discover our local craft creators and producers. Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

- 📍 Tourist Office square/Chamrousse 1750
- € Free of charge 🕒 All public + Open to all

## ENVIRONMENT ENTERTAINMENT *Beekeeping* [5.30 pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees. An educational and fun course with discovery of the products of the hive and the beekeeper work. Opening of a real hive if favorable weather.

- 📍 Environment Centre/Chamrousse 1650
- € Free of charge 🕒 From 6 years old ⏰ Duration: 1h
- + Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

## Thursday music time [6.30 pm]

Discover the music entertainment of the week, with an outdoor concert!  
Today: the group El Gitano, gypsy music.

- 📍 Hard Bosses Café/Chamrousse 1650
- € Free of charge 🕒 All public ⏰ Duration: 1h30

## FRIDAY 21<sup>ST</sup> JULY

### *Giant table football* [10 am]

Come and try giant table football. Guaranteed fun!

- 📍 Multi-activity area/Chamrousse 1750
- € Free of charge 🕒 From 7 years old ⏰ Duration: 2h

### 1650 *The funny bikes* [2 pm]

Come and test the funniest and craziest bikes.

- 📍 Tourist Office square/Chamrousse 1650
- € Free of charge 🕒 From 4 years old ⏰ Duration: 3h

## Concert at the Aperoset [7-10 pm]

Concert at the Apérosset bar with Tony (piano bar).

- 📍 L'Aperoset/Chamrousse 1650
- € Free access 🕒 All public

## 21<sup>ST</sup>-22<sup>ND</sup> JULY

### UT4M *Passages in Chamrousse* [11 pm-6 pm]

Come and see the runners of the races Ut4M at the Arselle Plateau and at the top of the resort.

- 📍 Croix de Chamrousse/Chamrousse 1600 / 2250
- € Free access - Cable car charge 🕒 All public viewer

## SATURDAY 22<sup>ND</sup> JULY

### WORKSHOP *Yoga & vibrational care* [4.30 pm]

Programme: 1 hour of yoga followed by 1h/1h30 of vibratory care (Nepalese bowls, drum...).

- 📍 Hill Yoga Girl/Chamrousse
- € 45€/person 🕒 All public + 6 to 15 people groups

## *Local arts & crafts festival* [5 pm-9 pm]

Festive day and market with local craft creators and producers (Chamrousse and Belledonne).

- 📍 Vernon square/Chamrousse 1650
- € Free access 🕒 All public

## LES ENCHANTÉS *Concert with Joyce Jonathan* [6 pm]

Concert Les enCHANTés with Joyce Jonathan. Winner of the French revelation at the NRJ Music Awards 2011.

- 📍 Tourist Office square/Chamrousse 1650
- € Free access/free donation 🕒 All public



## SUNDAY 23<sup>RD</sup> JULY

### Yoga Sunday [10 am-3.30 pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

- 📍 Lauze lake/Chamrousse 1750
- 🆓 All public
- 💶 Full-day pack (3 activities + picnic) at 80€
- ➕ Other packages on request

## MONDAY 24<sup>TH</sup> JULY

1650 **HARIBO**

### Giant candy hunt [2 pm]

Look for Haribo giant candies and solve riddles...  
Two different routes depending on ages.

- 📍 Next to the Tourist Office/Chamrousse 1650
- 💶 Free of charge
- 👤 2-12 years old
- ⌚ Duration: 1h30
- ➕ Booking in advance required for children <5, at least the day before. Please bring a pen!

### ENTERTAINMENT *Mountain tales and others* [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- 📍 Environment Centre/Chamrousse 1650
- 💶 Free of charge
- 👤 From 3 years old
- ⌚ Duration: 1h
- ➕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

1650 *Welcome meeting* [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- 📍 Next to the Tourist Office/Chamrousse 1650
- 💶 Free of charge
- 👤 All public
- ⌚ Duration: 1h

1650 *Musical Quiz* [6 pm]

A fun musical quiz and gifts to win.

- 📍 Next to the Tourist Office/Chamrousse 1650
- 💶 Free of charge
- 👤 All public
- ⌚ Duration: 1h

## TUESDAY 25<sup>TH</sup> JULY

1650 *Town market* [8 am-1 pm]

Regional products market every Tuesday.

- 📍 Avenue Henry Duhamel/Chamrousse 1650
- 💶 Free access
- 👤 All public

### *Chamrousslanta* [2 pm]

Games inspired by the famous TV show.

- 📍 Next to the Tourist Office/Chamrousse 1650
- 💶 Free of charge
- 👤 From 7 to 18 years old
- ⌚ Duration: 2h30

### *Drawing workshop* [2 pm]

Naturalist and landscape drawing: discover nature's treasures and learn how to draw.

- 📍 Environment Centre/Chamrousse 1650
- 💶 8€/pers. | 4€/pers. (family from 3 people, 1 payment only)
- 👤 From 8 years old
- ⌚ Duration: 2h
- ➕ Compulsory booking until the day before at the Environment Centre: +33(0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 10 people

### *Chamrousse lottery* [6 pm]

Fun atmosphere for this game of chance, with many prizes and regional products to win!

- 📍 Community hall/Chamrousse 1650
- 💶 3€/board - 10€/4 boards
- 👤 All public
- ⌚ Duration: 2h30 | Outside if the weather is fine

## WEDNESDAY 26<sup>TH</sup> JULY

### *Forest sensory walk* [9.30 am]

Walk to listen, touch, smell, feel, contemplate, marvel... Discover the forest through each of your senses.

- 📍 In front of the Environment Centre/Chamrousse 1650
- 💶 4€/person - 8€/family (from 3 people, 1 payment only)
- 👤 From 9 years old
- ⌚ Duration: 1h30

### *Chamrousse discovery jogging* [9.45]

Lace up your running shoes and go for a run on the gorgeous trails of the Arselle Plateau. 3 km beginners loop and 4 km intermediate loop.

- 📍 Arselle plateau/Chamrousse 1600
- ⌚ Duration: 1h45
- 💶 Free of charge
- 👤 From 18 years old

### *Children movie* [3 pm]

A special showing for children and teenagers.

- 📍 Cinema/Chamrousse 1750
- 💶 One price: 4€
- 👤 From 6 years old
- ➕ Children <12 years old must be accompanied by an adult or a child >12

1750 *Wednesday show* [4.30 pm]

Discover every week a show for families.

Today: *Goupil ou face*, clown show.

- 📍 Next to the shopping gallery/Chamrousse 1750
- 💶 Free of charge
- 👤 From 2 years old
- ⌚ Duration: 1h



## 1750 *Dance with BENjYDj* [5.30 pm]

Mousse bal for kids and teens with BENjYDj.  
Music of the moment and guaranteed family fun!

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge
- 🕒 All public
- ⏰ Duration: 1h

## 1750 *Open air mountain film* [9 pm]

Every week, discover an open-air mountain film.  
Don't forget your chair and blanket.  
Tonight: *Derrière l'exit*, by Adelin Benard, 2023, 52 min. In French only.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge
- 🕒 All public
- ⛔ To the multi-purpose hall (1650) in case of bad weather

## THURSDAY 27<sup>TH</sup> JULY

### ADHEC *Animation nature* [9.30 am & 2.30 pm]

Fauna and flora of the Arselle peat bog: discover the life and vegetation that are so special to a wetland environment with botanist Jean Guérin, and Bertrand Pedroletti, a former Water and Forestry engineer.

- 📍 Arselle plateau / Chamrousse 1600
- € Free of charge
- 🕒 All public

### *Chamrousse Kids* CHALLENGE [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable games parc for children.

- 📍 Chamrousse Kids park / Chamrousse 1700
- € Free of charge
- 🕒 From 6 to 12 years old
- ⏰ Duration: 2h

## 1750 *Pétanque tournament and games* [2 pm]

Double pétanque competition with 2 teams of 2 players each with 3 pétanque balls.  
Wooden games and fairground on site.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge
- 🕒 All public
- ⏰ Duration: 3h
- ⛔ On booking until the day before at the Tourist Offices

## *Storytelling walk & wishing tree* [3 pm]

Storytelling walk with the Environment centre.  
Don't forget to make a wish!

- 📍 Environment Centre / Chamrousse 1650
- € Free of charge
- 🕒 From 5 years old
- ⏰ Duration: 1h30
- ⛔ Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

## 1750 *Producer & artisan market* [3 pm-7 pm]

Discover our local craft creators and producers.  
Committed to an environmental and local approach, you'll meet the people who make and create here in Chamrousse and the surrounding area.

- 📍 In front of the shopping gallery / Chamrousse 1750
- € Free of charge
- 🕒 All public
- ⛔ Open to all

## ENVIRONMENT ENTERTAINMENT

### *Beekeeping* [5.30 pm]

Around a transparent educational hive, 2 passionate beekeepers, present a colony in activity with queen, workers, bumble bees and young bees.  
An educational and fun course with discovery of the products of the hive and the beekeeper work.  
Opening of a real hive if favorable weather.

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- € Free of charge
- 🕒 From 6 years old
- ⏰ Duration: 1h
- ⛔ Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

## *Thursday music time* [6.30 pm]

Discover the music entertainment of the week, with an outdoor concert! Programme details to follow ([www.chamrousse.com](http://www.chamrousse.com)).

- 📍 Pedestrian area / Chamrousse 1750
- € Free of charge
- 🕒 All public
- ⏰ Duration: 1h30

## FRIDAY 28<sup>TH</sup> JULY

### *Giant table football* [10 am]

Come and try giant table football. Guaranteed fun!

- 📍 Multi-activity area / Chamrousse 1750
- € Free of charge
- 🕒 From 7 years old
- ⏰ Duration: 2h

## 1650 *Foly days* [2 pm]

Your challenge: a course strewn with obstacles to be completed in record time on an unusual and slippery terrain! An event full of surprises!

- 📍 Tourist Office square / Chamrousse 1650
- € Free of charge
- 🕒 From 4 years old
- ⏰ Duration: 3h



**29<sup>TH</sup> & 30<sup>TH</sup> JULY**

## *Croix de Chamrousse summer MTB Derby*

Chamrousse and Vaulnaveys-le-Haut are joining forces to bring you a wild summer version of the race. On the programme: special stages at the Bike Park on Saturday and mass start on Sunday, from the top of the resort to the Parc d'Uriage (13.5 km, 60 m D+ and 1,900 m D-). The first one down wins! A fun and friendly event.

- 📍 Croix de Chamrousse / Chamrousse 2250
- 👤 All public viewer
- Riders aged 16 and over, 14 and over for licence holders
- + More information: [www.chamrousse.com](http://www.chamrousse.com)

**SUNDAY 30<sup>TH</sup> JULY**

## *Yoga Sunday* [10 am-3.30 pm]

Discover a special Sunday yoga day: a relaxing and soothing moment organised by Sabrina from Hill yoga girl Chamrousse.

- 📍 Lauze lake / Chamrousse 1750
- 👤 All public
- € Full-day pack (3 activities + picnic) at 80€
- Other packages on request

**MONDAY 31<sup>ST</sup> JULY**

1750 **HARIBO**

## *Giant candy hunt* [2 pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge
- 👤 2-12 years old
- + Duration: 1h30
- + Booking in advance required for children <5, at least the day before. Please bring a pen!

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A fun musical quiz and gifts to win.

- 📍 Next to the shopping gallery / Chamrousse 1750
- € Free of charge
- 👤 All public
- + Duration: 1h

## AT THE BOTTOM OF CHAMROUSSE

**JULY IN URIAGE**

FESTIVAL

## **Uriage en Danse**

SATURDAY 8<sup>TH</sup> JULY AT 7PM

**With Jean-Claude Gallotta**

*Free of charge - Parc d'Uriage*

## **Concerts du Parc**

THURSDAYS AT 7PM

13<sup>TH</sup> JULY **Envoyés Spéciaux chez Renaud**

20<sup>TH</sup> JULY **Mix Macs** (various covers)

27<sup>TH</sup> JULY **Les 2 oncles** (Brassens)

*Gratuit - Parc d'Uriage*

## **International Tennis tournament**

FROM 9<sup>TH</sup> TO 16<sup>TH</sup> JULY

*Parc d'Uriage tennis club*

FRENCH NATIONAL DAY

## **Fireworks and DJ**

VENDREDI 14 JUILLET À 22H

*Gratuit - Parc d'Uriage*

- + +33 (0)4 76 89 10 27 - [info@uriage-les-bains.com](mailto:info@uriage-les-bains.com)
- [www.uriage-les-bains.com](http://www.uriage-les-bains.com)



📍 Place € Price + Information 👤 Public