



TOURIST OFFICES
1650 Place de Belledonne
1750 Avenue du Père Tasse
Tél.: +33(0)4 76 89 92 65







AT CHAMROUSSE, YOU WILL NEVER BE RUNNING LOW **ON ACTIVITIES!**

By foot

GUIDED WALKS & HIKES, BIVOUAC & SUMMER MOUNTAINEERING

BUREAU DES GUIDES & ACCOMPAGNATEURS + +33 (0)4 76 59 04 96/+33 (0)6 52 44 11 93

HIKING & NATURE OUTINGS

JONATHAN PERRET + +33 (0)6 51 80 59 02

ENVIRONMENTAL WALKS

BELLEDONNE EN MARCHE + +33 (0)6 42 02 81 62

WELL-BEING WALKS

ISABELLE BRONNER + +33 (0)6 82 95 23 25

ORIENTATION PATH, GEOCACHING, ROUTE OF THE SMALL MOUNTAINEER, CITY GAME & EXPLOR GAMES®

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

On two wheels

CHAMROUSSE BIKE PARK

LIFT OFFICE + +33 (0)4 76 59 09 09

MULTI-ACTIVITY COURSE ON 2 WHEELS, VTTAE, VVT CROSS-COUNTRY SESSIONS & OFF-ROAD SCOOTERS

MCF/SGAMBATO SPORT 2000 + +33 (0)4 76 89 89 61

High up

GIANT ZIPLINE

ADRENALINE PARK + +33 (0)4 76 59 09 09

FAMILY ZIPLINES

BUREAU DES GUIDES & ACCOMPAGNATEURS

+ +33 (0)4 76 59 04 96 / +33 (0)6 52 44 11 93

ADVENTURE PARK & SUSPENDED TENTS NIGHTS

ALTÉ CHAMROUSSE AVENTURES

+ +33 (0)6 76 96 66 21

INTRODUCTION TO CLIMBING VIA FERRATA & CANYONING

BUREAU DES GUIDES & ACCOMPAGNATEURS + +33 (0)4 76 59 04 96 /+33 (0)7 66 01 02 46

PARAGLIDING CHAMROUSSE PARAPENTE + +33 (0)4 76 89 93 66 /+33 (0)6 08 01 43 06

Outdoor

TENNIS LESSONS, ARCHERY, CRAZY JUMP, DISC GOLF, WATER SKIING & PADDLE

CHAMROUSSE OXYGÈNE

+ +33 (0)6 27 24 34 06 / +33 (0)6 60 10 39 94

MOUNTAIN KART

DEVAL' PARK + +33 (0)4 76 59 09 09

TREASURE HUNT & LAND ART

BUREAU DES GUIDES & ACCOMPAGNATEURS + +33 (0)4 76 59 04 96

SKATEBOARD EASY SKATE + +33 (0)6 45 03 16 48

NATUR' & SUP' YOGA

HILL YOGA GIRL + +33 (0)6 64 77 43 76

QUAD GTR MOUNTAIN + +33 (0)4 76 89 92 69

HORSE RIDING

PONEY CHEVAL NATURE + +33 (0)6 87 58 84 05

CHAMROUSSE KIDS

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

FUN AREAS FREE

Bowl, skate park, fitness trail, pétanque, tennis courts, playgrounds, multisports areas, water games, table tennis...

OFFICE DE TOURISME + +33 (0)4 76 89 92 65

Indoor

LIBRARY & GAMES

+ +33 (0)4 76 59 02 27

LE SCHUSS CINEMA + +33 (0)4 76 54 23 73

MAISON DE L'ENVIRONNEMENT

From dimSunday au Thursday (10am-12.30pm & 2pm-6pm) + +33 (0)4 76 89 96 05

WELL BEING SPA LES BAINS DE CHAMROUSSE

+ +33 (0)4 76 62 02 08

FABRICS MAKING

LES SACS D'YSABEAU + +33 (0)7 84 25 25 05

COOKING WITH PLANTS

LA PRAIRIE DANS L'ASSIETTE + +33 (0)4 76 89 93 66

BISCUITS MAKING

GOURMANDISES DE L'OURSON + +33 (0)6 37 63 07 98

CLEANING & COSMETICS PRODUCT MAKING & BEE WRAP

RÉALISE& + +33 (0)6 89 59 22 51

SOAP MAKING WORKSHOP

SAVONNERIE DOUX VOYAGE + +33 (0)6 51 46 89 09

FITNESS, WELL-BEING & AYURVEDIC MASSAGES

ALEXANDRA FLAMAND + +33 (0)6 37 63 07 98

GAMES ROOM ARCADIA GAMING

+ Commercial gallery 1750

ALL DETAILS IN OUR **Welcome** GUIDE!

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ONGOING TRACK GAMES To discover Chamrousse

The Tourist Office offers you various track games all season long and throughout different locations of the resort.

TEO'S TREASURE HUNT: challenges through the village of Recoin, for 2-7 years.

LITTLE MOUNTAIN DWELLER TRACK:

answer questions about Chamrousse and the mountain environment, on the connecting path between Chamrousse 1650 and 1750.

Free of charge Information and booklets available at the Tourist Offices

Game night [5.30pm]

Board games evening at the La Pause heated picnic room in Roche Béranger. Gourmet food to share.

- Picnic room/Chamrousse 1750
- Free of charge From 3 years old

30 JUNE-31 JULY

EXHIBITION The world of volcanoes [10.30 am-6 pm]

An exhibition about volcanoes and their secrets.

- Maison de l'Environnement/Chamrousse 1650
- Free of charge All public
- 30/06-06/07: Monday to Friday [10am-12pm & 2-5pm] 7-31/07: Sunday to Thursday [10.30am-12.30pm & 2-6pm]

29-30 JUNE

Truck and mountain *Lestival* [10am-7pm]

6th edition 100% mountain in Chamrousse. Exhibition of about 70 trucks (logging, dairy, livestock, old...) adorned with their finest

- Avenue du Père Tasse/Chamrousse 1750
- Free of charge O All public

FRIDAY 5 JULY

Teenage slot at the library [4.30 pm-6 pm]

A time reserved for teenagers, with a radio workshop on the programme!

- O Library/Chamrousse 1750
- Free of charge From 11 to 18 years old
- On booking at the Tourist Offices

29 JUNE-1ST SEPTEMBER

CHAMROUSSE DOWNHILL CHALLENGE

Virtual mountain bike race via the Strava app: come and discover the «Chamroussienne» downhill mountain bike track and challenge yourself against the virtual stopwatch with friends or other competitors!

Ochamrousse Bike Park Free of charge All public

6 JULY-30 AUGUST

Chamrousse Kids [2-7 pm]

Parc de jeux gonflables pour les enfants avec châteaux gonflables, trampolines et jeux d'eau pour un bon moment de rigolade.

- Next to the shopping gallery/Chamrousse 1750
- From 3 to 12 years old
- ¶ 7€ les 2h | On-site or at Tourist Offices

SATURDAY 29 JUNE

Switch gaming niche [10am-12pm]

Come and play Nintendo switch at the library!

- Library/Chamrousse 1750

















SATURDAY 6 JULY

Timed ascent cycle race [9am-12.30pm]

This race is a get-together for cycling fans and enthusiasts in aid of the fight against cancer. Two race formats, competition and leisurehealth, from Uriage to Chamrousse 1750/Roche Beranger. The 2024 edition will focus on the Olympics, from the Grenoble 68 Winter Games to the Paris 2024 Summer Olympics. With a special appearance by Florian Jouanny, double Paralympic champion (Tokyo 2020)!

- Avenue du Père Tasse/Chamrousse 1750
- GMC38: +33 (0)476256546/+33 (0)665633318

SUNDAY 7 JULY

Velebration of seasonal migration [10.30 am-6 pm]

Join the shepherd and his sheep on a festive walk from the pasture to the Chamrousse sheepfold. Entertainment and craft market all day.

- Bachat Bouloud chairlift/Chamrousse 1750
- O Tourist Office square/Chamrousse 1650
- Details on <u>chamrousse.com</u>

MONDAY 8 JULY

1750 HARIBO Giant candy hunt [2pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 2-12 years old Duration: 1h30
- Please bring a pen!

1750 Welcome meeting [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge OAll public Duration: 30 min.

1750 Musical Quiz [6pm]

A fun musical quiz and gifts to win.

- Next to the shopping gallery/Chamrousse 1750

Teenagers' evening [8pm]

Teenagers' evening: music, table football, board games, table tennis...

- Ocommunity hall/Chamrousse 1650 Duration: 2h
- Free of charge From 11 to 17 years old

TUESDAY 9 JULY

1750 *Town market* [8am-1pm]

Regional products market every Tuesday.

- Avenue du Père Tasse/Chamrousse 1750

1650 Radio-controlled car racing [10 am]

Challenge your friends and competitors in a wild race.

- O Tourist Office square/Chamrousse 1650
- Free of charge From 9 years old Duration: 2h

Chamrousslanta [2pm]

Games inspired by the famous TV game.

- O Tourist Office square/Chamrousse 1650
- Free of charge From 7 to 18 ans Duration: 2h30

ENVIRONMENTAL ANIMATION *Mountain tales* and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- Environment Centre/Chamrousse 1650
- Free of charge From 3 years old Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

WEDNESDAY 10 JULY

1650 **Chamrousse quiz** [10 am]

Fun quizzes on a variety of themes. On smartphone only (Kahoot).

- Ogondola screen/Chamrousse 1650
- Free of charge From 6 years old Duration: 1h

Pool time parent-child [11am-12pm]

Special family pool time with a minimum of 1 adult and 1 child from 3 to 15 years old.

- Les Bains Spa/Chamrousse 1650 All public
- 1 parent + 1 child: €10 | Add. parent: €8 | Add. child: €5
- Pool access only | Towels and sandals not provided A parent must be present in the pool





Children movie [3pm]

A special showing for children and teenagers.

- Cinema/Chamrousse 1750
- ← Children < 12 years old must be accompanied</p> by an adult or a child > 12

1650 Foam ball with BenjyDJ [5.30 pm]

Foam ball for kids/teens with BENjYDj: actual music and guaranteed fun for families.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge O All public Duration: 1h
- Closed shoes compulsory

THURSDAY 11 JULY

Chamrousse Kids Challenge [9.45 am]

Obstacle course at Chamrousse Kids. the inflatable playground dedicated to children.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 6 to 12 years old Duration: 1h30

Olympic Games [2.30 pm]

Dive into the Olympiad adventure! A unique event, organized in the wake of the Paris 2024 Olympics!

- Next to the shopping gallery/Chamrousse 1750
- Free of charge From 6 years old Duration: 2h

1750 Producer & artisan market [3-7 pm]

Chamrousse and Belledonne craft creator welcome you to discover their work: artisan soap, local herbal products, zero waste accessories, souvenir wood engraving...

- Avenue du Père Tasse/Chamrousse 1750

1750 **Karaoke** [6pm]

Karaoke entertainment for budding or experienced singers.

- Next to the shopping gallery (slopes side) / Chamrousse 1750

FNVIRONMENTAL ANIMATION Beekeeping [6pm]

An educational and fun tour that also includes the discovery of the products of the hive, honey, pollen, propolis, and the work of the beekeeper. And if the weather is favorable, a real hive will be opened.

- Environment centre / Chamrousse 1650
- Free of charge From 6 years old Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

12-20 JULY

Les Enchantés Week

350 choristers led by 6 exceptional choirmasters, holidaying under a big top for a week of rehearsals in the heart of the mountains. Rehearsals and evenings open to the public!

- Place du Vernon/Chamrousse 1650

FRIDAY 12 JULY

Human foosball [10am]

If traditional foosball is simple and anyone can play, human foosball is the same, but on a human scale!

- Multi-activity area/Chamrousse 1750

ENVIRONMENTAL ANIMATION Story time [10am]

Short stories for little ones read by Lauriane.

- Environment centre/Chamrousse 1650
- Free of charge 0 1 to 3 years old Duration: 30 min.
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 **Petanque tournament** and games [2pm]

Petanque competition in 'doublette' format with 2 teams of 2 players each with 3 petangue balls. Direct elimination tournament with a make-up game.

- Next to the shopping gallery/Chamrousse 1750





















Teenage slot at the library [4.30 pm-6 pm]

A time reserved for teenagers, with a radio workshop on the programme!

O Library/Chamrousse 1750

On booking at the Tourist Offices

SATURDAY 13 JULY

LES ENCHANTÉS **Folk ball** [6.30-8 pm]

Folk ball in front of the big top by Les enCHANTés, a troupe of choir musicians led by Isa and Benoit, on holiday in Chamrousse for a week of rehearsals in the heart of the mountains.

Vernon square/Chamrousse 1650

SUNDAY 14 JULY

Mational Day [8.30 pm-12 am]

Celebration of the French national holiday with fireworks and a ball.

O Tourist Office square/Chamrousse 1650

Free of charge O All public + chamrousse.com

MONDAY 15 JULY

1750 **HARIBO**

Giant candy hunt [2pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

Next to the shopping gallery/Chamrousse 1750

Free of charge 2-12 years old Duration: 1h30

Please bring a pen!

1750 Welcome meeting [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

Next to the shopping gallery/Chamrousse 1750

Free of charge OAll public Duration: 30 min.

1750 Musical Quiz [6pm]

A fun musical quiz and gifts to win.

Next to the shopping gallery/Chamrousse 1750

LES ENCHANTÉS *Piano-bar karaoke* [6 pm-7.30 pm]

Quality musical performance in the form of an open stage of the enCHANTés with talented and enthusiastic choir directors and choristers under the big top.

Vernon square/Chamrousse 1650

Teenagers' evening [8pm]

Teenagers' evening: music, table football, board games, table tennis...

② Community hall/Chamrousse 1650 ⊕ Duration: 2h ⑤ Free of charge ⑥ From 11 to 17 years old

TUESDAY 16 JULY

1650 *Town market* [8am-1pm]

Regional products market every Tuesday.

Avenue Henry Duhamel/Chamrousse 1650

Geology trek [9am]

Discover the geological heritage of Chamrousse during an afternoon hike, accompanied by the Geology Club of Oisans.

Environment centre/Chamrousse 1650

8€/pers. | 4€/pers. (family from 3 & one payment)

From 9 years old Duration: 3h

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 16 people

1650 **Petanque tournament** and games [2pm]

Petanque competition in 'doublette' format with 2 teams of 2 players each with 3 petanque balls. Direct elimination tournament with a make-up game.

O Tourist Office square/Chamrousse 1650

Chamrousslanta [2pm]

Games inspired by the famous TV game.

Tourist Office square/Chamrousse 1650

Free of charge From 7 to 18 ans Duration: 2h30











ENVIRONMENTAL ANIMATION Mountain tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- Environment Centre/Chamrousse 1650
- Free of charge From 3 years old Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

LES ENCHANTÉS **Concert with Mélanie Petrarca** [6-7.30 pm]

Les enCHANTés concert with Mélanie Petrarca & The Acoustic Band, a folk and acoustic music group that plunges you into a cocoon of softness and warmth, under the big top.

- Vernon square/Chamrousse 1650

Summer bingo [8.15 pm]

A festive, mountain-style game of chance with lots of prizes to win!

- Vernon square/Chamrousse 1650 Duration: 2h

Linema under the stars in Gresivaudan [9.30 pm]

Open-air cinema with the screening of Yuku et la fleur de l'Himalaya by Arnaud Demuynck and Rémi Durin, with Lily Demuynck-Deydier, Agnès Jaoui and Arno (1h05). In French only.

- Avenue du Père Tasse/Chamrousse 1750
- € Free of charge From 3 years old

WEDNESDAY 17 JULY

5 senses walk [9.30 am]

Outing to awaken the senses in Chamrousse, with Isabelle Bronner, yoga and mountain guide.

- Environment centre/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 & one payment)
- O From 6 years old Duration: 1h30
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 12 people

1650 **Chamrousse quiz** [10 am]

Fun quizzes on a variety of themes. On smartphone only (Kahoot).

- Gondola screen/Chamrousse 1650
- Free of charge From 6 years old Duration: 1h

Paal time parent-child [11am-12pm]

Special family pool time with a minimum of 1 adult and 1 child from 3 to 15 years old.

- Les Bains Spa/Chamrousse 1650 All public
- 1 parent + 1 child: €10 | Add. parent: €8 | Add. child: €5
- Pool access only | Towels and sandals not provided A parent must be present in the pool

LES ENCHANTÉS **Serenade** [2.30 pm]

Serenade by Les enCHANTés for Europe's highest choir, in an exceptional setting at the top of the Croix de Chamrousse resort.

- Ocroix de Chamrousse/Chamrousse 2250 All public
- Free access Lift pass mandatory for gondola access

Children movie [3 pm]

A special showing for children and teenagers.

- Cinema/Chamrousse 1750
- Children < 12 years old must be accompanied by an adult or a child > 12

1650 Wednesday show [4.30 pm]

Discover a family show every week.

Today: Atempo by Gato Blanco Gato Negro (circus).

- ▼ Tourist Office square/Chamrousse 1650 ⊕ Duration: 1h
- Free of charge From 2 years old + On-site meeting

1650 Foam ball with BenjyDJ [5.30pm]

Foam ball for kids/teens with BENjYDj: actual music and guaranteed fun for families.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge O All public Duration: 1h
- Closed shoes compulsory

Anthracite [9pm]

Screening of the Netflix series partly filmed in Chamrousse Anthracite, mystère de la secte des Écrins (episodes 1 & 2).

- Grenouillère lake area/Chamrousse 1650
- Free of charge From 16 years old Duration: 3h















THURSDAY 18 JULY

ADHEC **Mature animation** [9.30 am & 2.30 pm]

Discover the remarkable trees of Chamrousse and learn to recognise the different species and their characteristics. With Bertrand Pedroletti, former water and forestry engineer. In French only.

Turn point next the Edelweiss residence/Chamrousse 1750

Chamrousse Kids Challenge [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable playground dedicated to children.

Next to the shopping gallery/Chamrousse 1750

Free of charge 6 to 12 years old Duration: 1h30

1700 Olympic Games [2.30 pm]

Dive into the Olympiad adventure! A unique event, organized in the wake of the Paris 2024 Olympics!

Villages du Bachat/Chamrousse 1700

Free of charge From 6 years old Duration: 2h

1650 **Producer &** artisan market [3-7 pm]

Chamrousse and Belledonne craft creator welcome you to discover their work: artisan soap, local herbal products, zero waste accessories, souvenir wood engraving...

Tourist Office square / Chamrousse 1650

1750 **Karaoke** [6pm]

Karaoke entertainment for budding or experienced singers.

Next to the shopping gallery (slopes side)/Chamrousse 1750

ENVIRONMENTAL ANIMATION **Beekeeping** [6 pm]

An educational and fun tour that also includes the discovery of the products of the hive, honey, pollen, propolis, and the work of the beekeeper. And if the weather is favorable, a real hive will be opened.

© Environment centre/Chamrousse 1650

Free of charge From 6 years old Duration: 1h30

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

FRIDAY 19 JULY

Human foosball [10am]

If traditional foosball is simple and anyone can play, human foosball is the same, but on a human scale!

Multi-activity area/Chamrousse 1750

Free of charge From 7 years old Duration: 1h30

Story time [10 am]

Short stories for little ones read by Lauriane.

Environment centre/Chamrousse 1650

Free of charge 0 1 to 3 years old Duration: 30 min.

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 Radio - controlled car racing [10 am]

Challenge your friends and competitors in a wild race.

Next to the shopping gallery/Chamrousse 1750

€ Free of charge ○ From 9 years old ⊕ Duration: 2h

Story of Father Tasse [2.30pm]

Presentation of the story of Father Tasse, emblematic figure of Chamrousse with the construction of one of the first chalets at Roche Béranger (cheese dairy, then refuge and restaurant).

Q Le Schuss Cinema/Chamrousse 1750

Compulsory booking at Tourist Offices

Teenage slot at the library [4.30 pm-6 pm]

A time reserved for teenagers, with a radio workshop on the programme!

O Library/Chamrousse 1750

Free of charge From 11 to 18 years old

On booking at the Tourist Offices

20 JULY-20 AUGUST

1750 **Elimbing wall**

New! An outdoor bouldering wall at Chamrousse to discover and enjoy climbing!

Next to the shopping gallery/Chamrousse 1750

Free access From 4 years old

SATURDAY 20 JULY

UT4M Runners crossing Chamrousse

Come and see the runners of the races Ut4M at the Arselle Plateau and at the top of the resort (access by gondola).

- Croix de Chamrousse / Chamrousse 2250
- Free access | Lift pass mandatory for gondola access
- All public viewer

LES ENCHANTÉS **Concert with Tibz** [6pm]

Les enCHANTés concert with singer Tibz, French pop and folk singer-songwriter.

- Tourist Office square/Chamrousse 1650

SUNDAY 21 JULY

Fishing safari [9am-5pm]

Fishing competition on the private Vallons lake: mini-competition with a limited number of catches.

- Vallons lake/Chamrousse 1750
- More info to come

MONDAY 22 JULY

Observation of plankton in Achard lake [10am]

Meet us at Lake Achard in Chamrousse to discover aquatic micro-biodiversity such as plankton, with the Nemeton association, Grenoble's biolab.

- Achard lake/Chamrousse 1750
- € 8€/pers. | 4€/pers. (family from 3 & one payment)
- From 7 years old Duration: 3h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 12 people

1750 HARIBO

Giant candy hunt [2pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 2-12 years old Duration: 1h30
- Please bring a pen!

1750 Welcome meeting [5 pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge All public Duration: 30 min.

1750 Musical Quiz [6pm]

A fun musical quiz and gifts to win.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge O All public Duration: 45 min.

TUESDAY 23 JULY

1750 *Town market* [8am-1pm]

Regional products market every Tuesday.

- Avenue du Père Tasse/Chamrousse 1750

1750 *Climbing challenge* [10 am]

Small bouldering competition with a qualifying vertical climb followed by a lateral traverse.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge From 5 years old Duration: 1h

ARTISTIC WORKSHOP

Mountain landscapes [2pm]

Artistic exploration of the mountain and its landscapes, with Karine Corbier, artist.

- Environment centre/Chamrousse 1650
- (€) 8€/pers. | 4€/pers. (family from 3 & one payment)
- From 7 years old Duration: 2h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 10 people

Chamrousslanta [2pm]

Games inspired by the famous TV game.

- Tourist Office square/Chamrousse 1650
- Free of charge From 7 to 18 ans Duration: 2h30

ENVIRONMENTAL ANIMATION Mountain tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- Environment Centre/Chamrousse 1650
- Free of charge From 3 years old Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

Summer bingo [8pm]

A festive, mountain-style game of chance with lots of prizes to win!

O Community hall/Chamrousse 1650 Duration: 2h

(a) 3 €/card | 10 €/4 cards (a) All public

WEDNESDAY 24 JULY

1650 **Chamrousse quiz** [10 am]

Fun quizzes on a variety of themes. On smartphone only (Kahoot).

Gondola screen/Chamrousse 1650

Free of charge From 6 years old Duration: 1h

Paal time parent-child [11am-12pm]

Special family pool time with a minimum of 1 adult and 1 child from 3 to 15 years old.

Les Bains Spa/Chamrousse 1650 All public

1 parent + 1 child: €10 | Add. parent: €8 | Add. child: €5 Pool access only | Towels and sandals not provided A parent must be present in the pool

Looking for the little beast [2.30 Pm]

Family hike to discover the world of insects with Jonathan Perret from Expérience nature, certified mountain and nature guide.

Environment centre/Chamrousse 1650

6 8€/pers. | 4€/pers. (family from 3 & one payment)

From 5 years old Duration: 2h30

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

Children movie [3pm]

A special showing for children and teenagers.

Cinema/Chamrousse 1750

Children < 12 years old must be accompanied</p> by an adult or a child > 12

1650 Wednesday show [4.30 pm]

Discover a family show every week.

Today: rOdandO by EspumA BrumA (circus).

Free of charge From 2 years old On-site meeting





1650 Foam ball with BenjyDJ [5.30pm]

Foam ball for kids/teens with BENjYDj: actual music and guaranteed fun for families.

Next to the Tourist Office/Chamrousse 1650

Free of charge O All public Duration: 1h

Closed shoes compulsory

1650 Open-air mountain *film screening* [9pm]

Every week, discover an open air mountain/travel film (in French only). Don't forget your chair and blanket.

Next to the Tourist Office / Chamrousse 1650

Free of charge OAll public Duration: 1h

Screening cancelled in case of bad weather

THURSDAY 25 JULY

Chamrousse Kids Challenge [9.45 am]

Obstacle course at Chamrousse Kids, the inflatable playground dedicated to children.

Next to the shopping gallery/Chamrousse 1750

Free of charge 6 to 12 years old Duration: 1h30

1700 *Olympic Games* [2.30 pm]

Dive into the Olympiad adventure! A unique event, organized in the wake of the Paris 2024 Olympics!

Villages du Bachat/Chamrousse 1700

Free of charge From 6 years old Duration: 2h

1750 Producer & artisan market [3-7 pm]

Chamrousse and Belledonne craft creator welcome you to discover their work: artisan soap, local herbal products, zero waste accessories, souvenir wood engraving...

Avenue du Père Tasse/Chamrousse 1750

Free access All public

ENVIRONMENTAL ANIMATION Beekeeping [6pm]

An educational and fun tour that also includes the discovery of the products of the hive, honey, pollen, propolis, and the work of the beekeeper. And if the weather is favorable, a real hive will be opened.

Environment centre/Chamrousse 1650

Free of charge From 6 years old Duration: 1h30

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 **Karaoke** [6pm]

Karaoke entertainment for budding or experienced singers.

Next to the shopping gallery (slopes side) / Chamrousse 1750

FRIDAY 26 JULY

Human foosball [10 am]

If traditional foosball is simple and anyone can play, human foosball is the same, but on a human scale!

Multi-activity area/Chamrousse 1750

Free of charge From 7 years old Duration: 1h30

ENVIRONMENTAL ANIMATION **Story time** [10 am]

Short stories for little ones read by Lauriane.

Environment centre/Chamrousse 1650

Free of charge 0 1 to 3 years old Duration: 30 min.

Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 **Petanque tournament** and games [2pm]

Petanque competition in 'doublette' format with 2 teams of 2 players each with 3 petanque balls. Direct elimination tournament with a make-up game.

Next to the shopping gallery/Chamrousse 1750

Free of charge All public Duration: 2h

Bridge tournament [14h-17h30]

Bridge tournament with aperitif.

○ From 10 years old ⊕ On-site registration

Story of Father Tasse [2.30pm]

Presentation of the story of Father Tasse, emblematic figure of Chamrousse with the construction of one of the first chalets at Roche Béranger (cheese dairy, then refuge and restaurant).

O Le Schuss Cinema/Chamrousse 1750

f y iii o p



Public

Teenage slot at the library [4.30 pm-6 pm]

A time reserved for teenagers, with a radio workshop on the programme!

O Library/Chamrousse 1750

Free of charge From 11 to 18 years old

On booking at the Tourist Offices

SATURDAY 27 JULY

Yoga & hiking [9.30 am-6 pm]

A unique experience to recharge your batteries and reconnect with yourself and the mountains, with a programme including dynamic yoga, brunch, a hike, a snack and gentle yoga. Full day all inclusive, with Alexandra and Jonathan, 2 instructors who are passionate about their work.

• Info & booking: Alexandra Flamand +33 (0)6 37 63 07 98 | sakti.may.chamrousse@gmail.com

Mountain forests and birds [10am-3pm]

Les rendez-vous nature en Isère: come and discover the secrets of our mountain birds on a guided hike in Chamrousse. Don't forget your binoculars and don't forget your picnic.

NS Arselle et lac Achard/Chamrousse 1600-1750

Bring suitable walking shoes, sun protection, a hat, mosquito repellent, warm or rainwear depending on the weather, 2 litres of water per person and your picnic. Bring your binoculars if you have them!

Ultra Bike session [9.15 am]

Exceptional day for the summer season at the Chamrousse MTB domain - Bike Park with our partner Kona. A day of festivities and extended opening(to be confirmed)!

ⓐ Day pass: 22.50€/adult and 18.50€/child/youth 4h pass: 19€/adult and 16€/child/youth

SUNDAY 28 JULY

La Vim' en Fête! [4-9.30 pm] CONCERTS & A LOVELY CRAFT MARKET

Market and DJ music with local artisans and producers from Chamrousse and Belledonne!

Next to the shopping gallery/Chamrousse 1750

MONDAY 29 JULY

1750 HARIBO

Giant candy hunt [2pm]

Look for Haribo giant candies and solve riddles... Two different routes depending on ages.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge 2-12 years old Duration: 1h30
- Please bring a pen!

Looking for the little beast [2.30 Pm]

Family hike to discover the world of insects with Jonathan Perret from Expérience nature, certified mountain and nature guide.

- Environment centre/Chamrousse 1650
- 6 8€/pers. | 4€/pers. (family from 3 & one payment)
- From 5 years old Duration: 2h30
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 15 people

1750 Welcome meeting [5pm]

Presentation of the week animations and activities, draw to try to win prizes and tasting.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge O All public Duration: 30 min.

1750 Musical Quiz [6pm]

A fun musical quiz and gifts to win.

- Next to the shopping gallery/Chamrousse 1750

Teenagers' evening [8pm]

Teenagers' evening: music, table football, board games, table tennis...

- Ocommunity hall/Chamrousse 1650 Duration: 2h
- Free of charge From 11 to 17 years old

TUESDAY 30 JULY

1650 *Town market* [8am-1pm]

Regional products market every Tuesday.

- Avenue Henry Duhamel/Chamrousse 1650

1750 **Climbing challenge** [10am]

Small bouldering competition with a qualifying vertical climb followed by a lateral traverse.

- Next to the shopping gallery/Chamrousse 1750
- Free of charge From 5 years old Duration: 1h

WORKSHOP **Maturalist** drawing [2pm]

Artistic exploration of nature, with Julie Polge, scientific illustrator.

- Maison de l'Environnement/Chamrousse 1650
- 6 8€/pers. | 4€/pers. (family from 3 & one payment)
- O From 9 years old Duration: 2h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 10 people

Chamrousslanta [2pm]

Games inspired by the famous TV game.

- Tourist Office square/Chamrousse 1650
- Free of charge From 7 to 18 ans Duration: 2h30

Coming to Chamrousse with the Estibus [2.30-4.30 pm]

Discover Estibus, the transport ally for your stay in Chamrousse, departing from Grenoble. Estibus challenge to win prizes!

- Tourist Office square/Chamrousse 1650

ENVIRONMENTAL ANIMATION

Mountain tales and others [4.30 pm]

Stories from our country or faraway places, young and old, come and share an hour of storytelling.

- Environment Centre/Chamrousse 1650
- Free of charge From 3 years old Duration: 1h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 20 people

Summer bingo [8.15 pm]

A festive, mountain-style game of chance with lots of prizes to win!

- Ocommunity hall/Chamrousse 1650 Duration: 2h













31 JULY-22 AUGUST

ESCAPE GAME 3615 Enigma [10.30 am-12.30 pm & 2-6 pm]

Calling all logicians, cruciverbalists, linguists and budding ciphers! You and your team have 45 minutes to complete this escape game around the history of telecommunicationsl.

- Environment centre/Chamrousse 1650
- From Sunday to Thursday
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com

WEDNESDAY 31 JULY

Geology trek [9am]

Discover the geological heritage of Chamrousse during an afternoon hike, accompanied by the Geology Club of Oisans.

- Environment centre/Chamrousse 1650
- € 8€/pers. | 4€/pers. (family from 3 & one payment)
- O From 9 years old Duration: 3h
- Compulsory booking until the day before at the Environment Centre: +33 (0)4 76 89 96 05 or a.talbot@chamrousse.com | Limited to 16 people

Yoga & hiking [9.30am-6pm]

A unique experience to recharge your batteries and reconnect with yourself and the mountains, with a programme including dynamic yoga, brunch, a hike, a snack and gentle yoga. Full day all inclusive, with Alexandra and Jonathan, 2 instructors who are passionate about their work.

- € 80€/day with 2 meals All public
- 1 Info & booking: Alexandra Flamand +33 (0)6 37 63 07 98 | sakti.may.chamrousse@gmail.com

1650 **Chamrousse quiz** [10 am]

Fun guizzes on a variety of themes.

On smartphone only (Kahoot).

- O Gondola screen/Chamrousse 1650
- Free of charge From 6 years old Duration: 1h

Paal time parent-child [11am-12pm]

Special family pool time with a minimum of 1 adult and 1 child from 3 to 15 years old.

- Les Bains Spa/Chamrousse 1650 All public
- 1 parent + 1 child: €10 | Add. parent: €8 | Add. child: €5
- Pool access only | Towels and sandals not provided A parent must be present in the pool

Children movie [3pm]

A special showing for children and teenagers.

- Cinema/Chamrousse 1750
- Children < 12 years old must be accompanied</p> by an adult or a child > 12

1650 Wednesday show [4.30 pm]

Discover a family show every week.

Today: Eitis by Luciano De Nicotti (circus and magic).

- O Tourist Office square / Chamrousse 1650 ☐ Duration: 1h
- Free of charge From 2 years old + On-site meeting

1650 Foam ball with BenjyDJ [5.30 pm]

Foam ball for kids/teens with BENjYDj: actual music and guaranteed fun for families.

- Next to the Tourist Office/Chamrousse 1650
- Free of charge O All public Duration: 1h
- Closed shoes compulsory

1650 Open-air mountain *film screening* [9pm]

Every week, discover an open air mountain/travel film (in French only). Don't forget your chair and blanket.

- Next to the Tourist Office/Chamrousse 1650
- Screening cancelled in case of bad weather

















