



**TOURIST OFFICES**  
**1650** Place de Belledonne  
**1750** Avenue du Père Tasse  
 Tel.: +33(0)4 76 89 92 65



# AT CHAMROUSSE, **FILL UP** **ACTIVITIES** ALL SEASON LONG!

## *Snow sports*

### **DOG SLEDGING**

LA DRAYE BLANCHE + +33 (0)6 85 95 39 82

### **FREE ACCESS SLEDGING AREAS** **FREE**

CHAMROUSSE 1600/1650/1700/1750

+ +33 (0)4 76 89 92 65 / 7/7J

### **SNOWMOBILING**

GTR MOUNTAIN + +33 (0)4 76 89 92 69

### **ACCOMPANIED SNOWSHOE OUTINGS**

BELLEDONNE EN MARCHÉ + +33 (0)6 42 02 81 62

OLIVIER BIZET + +33 (0)6 16 94 63 14

BUREAU DES GUIDES + +33 (0)6 52 44 11 93

ESF CHAMROUSSE + +33 (0)4 76 89 94 25

### **FREE ACCESS SKI TOURING** **FREE**

RÉGIE DES REMONTÉES MÉCANIQUES

+ +33 (0)4 76 59 09 09 / 7/7J

### **ACCOMPANIED OFF PISTE/SKI TOURING**

ESF CHAMROUSSE + +33 (0)4 76 89 94 25

BUREAU DES GUIDES + +33 (0)6 81 99 13 43

### **ACCOMPANIED SNOOC TOURING**

ALTÉ CHAMROUSSE AVENTURES

+ +33 (0)7 62 86 79 40

### **SNOWTUBING**

WISE RIDE + +33 (0)4 69 96 70 07 / 7/7J

### **SNOW BIKING**

SPORT 2000 + +33 (0)4 76 89 96 87

KEVIN SPORT + +33 (0)4 57 93 06 64

FIND ALL DETAILS  
IN OUR *Welcome* GUIDE!

## *Ice sports*

### **ICE FALL**

BUREAU DES GUIDES + +33 (0)6 52 44 11 93

### **ICE DRIVING**

GTR MOUNTAIN + +33 (0)4 76 89 92 69

### **ICE RINK**

MAIRIE DE CHAMROUSSE + +33 (0)4 76 89 90 21 / 7/7J

## *Air sports*

### **HELICOPTER FLIGHTS**

HELISAIR + +33 (0)4 76 77 37 45

### **PARAGLIDING**

CHAMROUSSE PARAPENTE + +33 (0)6 08 01 43 06

## *Leisure*

### **WELLNESS TREATMENTS/SAUNA**

SPA LES BAINS DE CHAMROUSSE

+ +33 (0)4 76 62 02 08 / 7/7J

### **CLEANING PRODUCT & COSMETICS MAKING**

RÉALISE & + +33 (0)6 89 59 22 51

### **SOAP MAKING**

SAVONNERIE DOUX VOYAGE + +33 (0)6 51 46 89 09

### **PHOTOGRAPHY SESSION**

CHAMROUSSE PHOTO + +33 (0)6 78 32 45 39 / Mondays

### **YOGA/SNOWGA**

HILLYOGAGIRL + +33 (0)6 64 77 43 76

### **LIBRARY/RENTAL GAMES (DRIVE)**

CHAMROUSSE LIBRARY + +33 (0)4 76 59 02 27

### **TOURIST OFFICE**

Tél.: +33(0)4 76 89 92 65 | [chamrousse.com](http://chamrousse.com)

## ONGOING TRACK GAMES

### *To discover Chamrousse*

The Tourist Office offers you various track games all season long and throughout different locations of the resort.

**RALLYE PHOTO:** Discovery walk on the resort's cultural and natural heritage (Chamrousse 1650).

**LITTLE MOUNTAIN DWELLER TRACK:** Answer questions about Chamrousse and the mountain environment, on the connecting path between Chamrousse 1650 and 1750.

**NEW TEO'S TREASURE HUNT:** 5 challenges on Chamrousse 1650/Le Recoin to try to find Teo's treasure. *From 2 to 7 years old.*

€ Free of charge

+ Information and booklet available at the Tourist Offices



*Agenda subject to the health crisis evolution and in compliance with barrier gestures.*

## SATURDAY FEBRUARY 20<sup>TH</sup>

### ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Saturday: Love Time.

📍 Ice rink/Chamrousse 1650

€ ICE RINK ACCESS Adult: admission 6 €/skates 3 €  
Child (6-12 years old): admission 4 €/skates 2 €  
Child up to 5 years : free admission/skates 2 €

🕒 All public + Duration: 3h

## SUNDAY FEBRUARY 21<sup>ST</sup>

### ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Sunday: Movie Time.

📍 Ice rink/Chamrousse 1650

€ ICE RINK ACCESS Adult: admission 6 €/skates 3 €  
Child (6-12 years old): admission 4 €/skates 2 €  
Child up to 5 years : free admission/skates 2 €

🕒 All public + Duration: 3h



**NEW!**

### ESCAPE GAME *The perched adventure*

Leo, our mascot's brother, has disappeared! What could have happened to him? Follow his footsteps, starting with the last moment he was seen and look for clues to piece together his story. Chamrousse needs you!

📍 Tourist Office/Chamrousse 1650

€ 25 € per family/group

**JANUARY 26<sup>TH</sup>**  
**MARCH 15<sup>TH</sup>**

### *Ski touring* UNIVERSITY CHALLENGE

A virtual ski-touring race with a dry climb from Chamrousse 1750/Roche Béranger to the Croix de Chamrousse (2,250 m). Goal: get the best time and/or the most beautiful photo. Many prizes to win.

📍 Strava mobile app/Chamrousse 1750/2250

€ Free of charge 🕒 All public



📍 Place € Price + Information 🕒 Public

**FEBRUARY 5<sup>TH</sup>-APRIL 4<sup>TH</sup>**

## *Chamrousse outdoor* CHALLENGE



Take part of the Chamrousse outdoor challenge on the resort's mobile app, going to Chamrousse for your holidays and weekends! Make as many kilometres as possible by skiing, hiking or snowshoeing and try to win a Chamrousse skipass for next winter!

📍 Chamrousse mobile app / Chamrousse Mountain Park

€ Free of charge 🕒 All public

**MONDAY FEBRUARY 22<sup>ND</sup>**

## *Fifa 2021 tournament* [10 am-4 pm] **ADULTS-TEENS**

FIFA 21 football game tournament on PlayStation.

📍 Community hall / Chamrousse 1650

€ Free of charge 🕒 From 13 years old

+ Registration at the Tourist Offices

Lunch break between 12.15 and 1.45 pm

## *Activity test* **NEW!**

Live presentation and test of a Chamrousse activity on social networks!

📍 Facebook Chamrousse Officiel

€ Free of charge 🕒 All public

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Monday: Disco Time.

📍 Ice rink / Chamrousse 1650

€ ICE RINK ACCESS Adult: admission 6 € / skates 3 €

Child (6-12 years old): admission 4 € / skates 2 €

Child up to 5 years : free admission / skates 2 €

🕒 All public + Duration: 3h

## *Yoga live session* [6.30 pm]

Sabrina, our yoga instructor, will propose a live yoga lesson, for all, on our Facebook account Chamrousse Officiel. A friendly moment.

📍 Facebook Chamrousse Officiel

€ Free of charge 🕒 All public

**TUESDAY FEBRUARY 23<sup>RD</sup>**

## 1750 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

📍 Avenue Père Tasse / Chamrousse 1750

€ Free access 🕒 All public

## *Snow golf* [9.30 am-4.30 pm]

An 11-hole snow golf course and 3 levels of difficulty, to discover, in family, different parts of the resort.

📍 Chamrousse 1650/1700/1750

€ Free of charge 🕒 All public - Equipment loan

+ Registration at the Tourist Offices

Departure every 30 min. from Chamrousse 1650

## 1600 *Music band* [11 am & 2.30 pm]

Discover a different music band every week at the Nordic Park.

📍 Arselle Plateau / Chamrousse 1600

€ Free of charge 🕒 All public + Duration: 1h

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Tuesday: Rap Time.

📍 Ice rink / Chamrousse 1650

€ ICE RINK ACCESS Adult: admission 6 € / skates 3 €

Child (6-12 years old): admission 4 € / skates 2 €

Child up to 5 years : free admission / skates 2 €

🕒 All public + Duration: 3h

## *Dodgeball* [2.30 pm]

2 teams play against each other with 5 balls.  
The goal: eliminate the opponent team by touching them with the balls.

📍 Tourist Office square / Chamrousse 1650

€ Free of charge 🕒 From 6 years old + Duration: 2h



📍 Place € Price + Information 🕒 Public

## WEDNESDAY FEBRUARY 24<sup>TH</sup>

### Family Ice skating [10 am-12 pm]

Special family time with a minimum of 1 adult with children under 12 years old.

- 📍 Icerink/Chamrousse 1650 🕒 From 3 to 12 years old
- 💰 Adult: day entry only 3€/with skate rental 6€  
Child (6-12): day entry only 2€/with skate rental 4€  
Under 5 years: free day entry/with skate rental 2€
- + Subject to weather conditions - Helmet recommended

### Fifa 2021 tournament

[10 am-4 pm] **CHILDREN**

FIFA 21 football game tournament on PlayStation.

- 📍 Community hall/Chamrousse 1650
- 💰 Free of charge 🕒 From 8 to 12 years old
- + Registration at the Tourist Offices  
Lunch break between 12.15 and 1.45 pm

### ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Wednesday: Disney Time.

- 📍 Ice rink/Chamrousse 1650
- 💰 ICE RINK ACCESS Adult: admission 6€/skates 3€  
Child (6-12 years old): admission 4€/skates 2€  
Child up to 5 years : free admission/skates 2€
- 🕒 All public + Duration: 3h

### DISCOVERY *Soap making* [4 pm]

Demonstration of soap making thanks to the cold saponification method.

- 📍 Doux Voyage Soap factory/Chamrousse 1650
- 💰 One price: 2€ 🕒 All public + Duration: 1h
- + Compulsory registration / +33 (0)6 51 46 89 09  
savondouxvoyage@gmail.com

## THURSDAY FEBRUARY 25<sup>TH</sup>

FACEBOOK TREASURE HUNT

### *Mysterious Chamrousse* [10.30-11.30 am]

Every week, check out Chamrousse official Facebook story to discover the new game Mysterious Chamrousse and try to win gifts.

- 📍 Facebook live 💰 Free of charge 🕒 All public

### ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!  
Thursday: Reggae Time.

- 📍 Ice rink/Chamrousse 1650
- 💰 ICE RINK ACCESS Adult: admission 6€/skates 3€  
Child (6-12 years old): admission 4€/skates 2€  
Child up to 5 years : free admission/skates 2€
- 🕒 All public + Duration: 3h

### *Producer & artisan market* [2-6 pm]

Chamrousse and Belledonne artisan welcome you to discover their creations: artisan soap, local herbal products, zero waste accessories, souvenir wood engraving...

- 📍 Tourist Office square/Chamrousse 1650
- 💰 Free access 🕒 All public

### INTRODUCTION TO *New slides* [3-5 pm]

Introduction to new glides: wooden sledge, snake gliss, snowskate, snooc, yooner...

- 📍 Snowfront/Chamrousse 1650
- 💰 Free of charge 🕒 From 4 years old
- + ID card requested

## FRIDAY FEBRUARY 26<sup>TH</sup>

### *Snow golf* [9.30 am-4.30 pm]

An 11-hole snow golf course and 3 levels of difficulty, to discover, in family, different parts of the resort.

- 📍 Chamrousse 1650/1700/1750
- 💰 Free of charge 🕒 All public - Equipment loan
- + Registration at the Tourist Offices  
Departure every 30 min. from Chamrousse 1650

### *Ice Quiz* [11 am]

Come to the ice rink for a crazy musical quiz session with prizes to win.

- 📍 Ice rink/Chamrousse 1650
- 💰 Free of charge 🕒 All public + Duration: 1h



## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!

Friday: Salsa Time.

- 📍 Ice rink / Chamrousse 1650
- € ICE RINK ACCESS Adult: admission 6 € / skates 3 €  
Child (6-12 years old): admission 4 € / skates 2 €  
Child up to 5 years : free admission / skates 2 €
- 👤 All public ╕ Duration: 3h

## *Local craftworks*

### TASTING & DISCOVERY [4-6 pm]

Share a convivial moment at Chamrousse  
Doux Voyage soap factory with local craftsmen and women.

- 📍 Doux Voyage Soap factory / Chamrousse 1650
- € Free access 👤 All public

## CHAMROUSSE 1750 *Regional products tasting* [4-6 pm]

Taste regional products in the butcher's Arasté.

- 📍 Butcher Arasté / Chamrousse 1750
- € Free access 👤 All public

## SATURDAY FEBRUARY 27<sup>TH</sup>

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!

Saturday: Love Time.

- 📍 Ice rink / Chamrousse 1650
- € ICE RINK ACCESS Adult: admission 6 € / skates 3 €  
Child (6-12 years old): admission 4 € / skates 2 €  
Child up to 5 years : free admission / skates 2 €
- 👤 All public ╕ Duration: 3h

## SUNDAY FEBRUARY 28<sup>TH</sup>

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!

Sunday: Movie Time.

- 📍 Ice rink / Chamrousse 1650
- € ICE RINK ACCESS Adult: admission 6 € / skates 3 €  
Child (6-12 years old): admission 4 € / skates 2 €  
Child up to 5 years : free admission / skates 2 €
- 👤 All public ╕ Duration: 3h



📍 Place € Price ╕ Information 👤 Public

## MONDAY MARCH 1<sup>ST</sup>

## *Fifa 2021 tournament* [10 am-4 pm] ADULTS-TEENS

FIFA 21 football game tournament on PlayStation.

- 📍 Community hall / Chamrousse 1650
- € Free of charge 👤 From 13 years old
- ╕ Registration at the Tourist Offices  
Lunch break between 12.15 and 1.45 pm

## *Activity test* NEW!

Live presentation and test of a Chamrousse activity on social networks!

- 📍 Facebook Chamrousse Officiel
- € Free of charge 👤 All public

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes!

Monday: Disco Time.

- 📍 Ice rink / Chamrousse 1650
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Child (6-12 years old): admission 4 € / skates 2 €  
Child up to 5 years : free admission / skates 2 €
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## *Yoga live session* [6.30 pm]

Sabrina, our yoga instructor, will propose a live yoga lesson, for all, on our Facebook account Chamrousse Officiel. A friendly moment.

- 📍 Facebook Chamrousse Officiel
- € Free of charge 👤 All public

## TUESDAY MARCH 2<sup>ND</sup>

## 1650 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- 📍 Avenue Henry Duhamel / Chamrousse 1650
- € Free access 👤 All public

## *Snow golf* [9.30 am-4.30 pm]

An 11-hole snow golf course and 3 levels of difficulty, to discover, in family, different parts of the resort.

- 📍 Chamrousse 1650/1700/1750
- € Free of charge 👤 All public - Equipment loan
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Departure every 30 min. from Chamrousse 1650

## 1600 *Music band* [11 am & 2.30 pm]

Discover a different music band every week at the Nordic Park.

- 📍 Arselle Plateau / Chamrousse 1600
- 💰 Free of charge
- 👤 All public
- ⏰ Duration: 1h

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes! Tuesday: Rap Time.

- 📍 Ice rink / Chamrousse 1650
- 💰 ICE RINK ACCESS Adult: admission 6€/skates 3€  
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- ⏰ Duration: 3h

## *Dodgeball* [2.30 pm]

2 teams play against each other with 5 balls. The goal: eliminate the opponent team by touching them with the balls.

- 📍 Tourist Office square / Chamrousse 1650
- 💰 Free of charge
- 👤 From 6 years old
- ⏰ Duration: 2h

## WEDNESDAY MARCH 3<sup>RD</sup>

### *Family Ice skating* [10 am-12 pm]

Special family time with a minimum of 1 adult with children under 12 years old.

- 📍 Icerink / Chamrousse 1650
- 👤 From 3 to 12 years old
- 💰 Adult: day entry only 3€/with skate rental 6€  
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- 📍 Community hall / Chamrousse 1650
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Lunch break between 12.15 and 1.45 pm

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Demonstration of soap making thanks to the cold saponification method.

- 📍 Doux Voyage Soap factory / Chamrousse 1650
- 💰 One price: 2€
- 👤 All public
- ⏰ Duration: 1h
- ⚠ Compulsory registration / +33 (0)6 51 46 89 09  
savondouxvoyage@gmail.com

## THURSDAY MARCH 4<sup>TH</sup>

### FACEBOOK TREASURE HUNT *Mysterious Chamrousse* [10.30-11.30 am]

Every week, check out Chamrousse official Facebook story to discover the new game Mysterious Chamrousse and try to win gifts.

- 📍 Facebook live
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Chamrousse and Belledonne artisan welcome you to discover their creations: artisan soap, local herbal products, zero waste accessories, souvenir wood engraving...

- 📍 Tourist Office square / Chamrousse 1650
- 💰 Free access
- 👤 All public

## ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes! Thursday: Reggae Time.

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- 📍 Snowfront / Chamrousse 1650
- 💰 Free of charge
- 👤 From 4 years old
- ⚠ ID card requested



## FRIDAY MARCH 5<sup>TH</sup>

### *Snow golf* [9.30 am-4.30 pm]

An 11-hole snow golf course and 3 levels of difficulty, to discover, in family, different parts of the resort.

- 📍 Chamrousse 1650/1700/1750
- € Free of charge 🕒 All public - Equipment loan
- + Registration at the Tourist Offices
- Departure every 30 min. from Chamrousse 1650

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- 📍 Ice rink / Chamrousse 1650
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#### TASTING & DISCOVERY [4-6 pm]

Share a convivial moment at Chamrousse Doux Voyage soap factory with local craftsmen and women.

- 📍 Doux Voyage Soap factory / Chamrousse 1650
- € Free access 🕒 All public



📍 Place € Price + Information 🕒 Public

### CHAMROUSSE 1750 *Regional products tasting* [4-6 pm]

Taste regional products in the butcher's Arasté.

- 📍 Butcher Arasté / Chamrousse 1750
- € Free access 🕒 All public

## SATURDAY MARCH 6<sup>TH</sup>

### ICE-RINK *Music Time* [2 pm]

Every day, during French school holidays, dance on the ice on a various musical themes! Saturday: Love Time.

- 📍 Ice rink / Chamrousse 1650
- € ICE RINK ACCESS Adult: admission 6 €/skates 3 €  
Child (6-12 years old): admission 4 €/skates 2 €  
Child up to 5 years : free admission /skates 2 €
- 🕒 All public + Duration: 3h

#### THANKS TO OUR PARTNERS



Le GRÉSIVAUDAN  
communauté de communes



## DECEMBER 15<sup>TH</sup> - MARCH 8<sup>TH</sup>

### *Warm clothes solidarity gathering*

Warm clothes gathering for social purpose in Chamrousse from December to March (several collection points).

- 📍 Tourist Office / Chamrousse 1650 • Townhall / Chamrousse 1750