ENTERTAINMENT AGENDA







OUSSE OFFICES DE TOURISME
1650 Place de Belledonne
1750 Avenue du Père Tasse
Tél.: +33(0)4 76 89 92 65







AT CHAMROUSSE, YOU WILL NEVER BE RUNNING LOW **ON ACTIVITIES!**

Snow activities

ARVA PARK FREE SKI LIFTS + +33 (0)4 76 59 09 09

DOG SLEDGING

LA DRAYE BLANCHE + +33 (0)6 85 95 39 82

FREE ACCESS SLEDGING AREAS FREE

CHAMROUSSE 1600/1650/1700/1750

+33 (0)4 76 89 92 65

SLEDGE AND YOONER

CHAMROUSSE OXYGÈNE + +33 (0)6 27 24 34 06

LUGE PARK SKI LIFTS + +33 (0)4 76 59 09 09

SNOWMOBILING

GTR MOUNTAIN + +33 (0)4 76 89 92 69

GUIDED SNOWSHOES HIKES

BELLEDONNE EN MARCHE + +33 (0)6 42 02 81 62

OLIVIER BIZET + +33 (0)6 16 94 63 14

BUREAU DES GUIDES + +33 (0)6 52 44 11 93

ESF CHAMROUSSE → +33 (0)4 76 89 94 25

SKI TOURING FREE SKI LIFTS ++33(0)476590909

GUIDED BACKCOUNTRY SKIING & SKI TOURING

ESF CHAMROUSSE → +33 (0)4 76 89 94 25

BUREAU DES GUIDES +33 (0)7 66 01 02 46

GUIDED SNOOC TOURING

BUREAU DES GUIDES + +33 (0)7 66 01 02 46

SNOWTUBING WISE RIDE + +33 (0)4 69 96 70 07

SPLITBOARD GABRIEL BESSY

NANOU BOUTIQUE + +33 (0)6 27 17 39 41

GUIDED SNOW BIKING

SPORT 2000 + +33 (0)4 76 89 96 87 **BUREAU DES GUIDES** + +33 (0)6 81 99 13 43

Sky activities

PARAGLIDING CHAMROUSSE PARAPENTE

+33 (0)4 76 89 93 66/+33 (0)6 08 01 43 06

HELICOPTER FLIGHTS

MONT BLANC HÉLICOPTÈRE + +33 (0)4 76 77 37 45

FIND ALL THE DETAILS IN OUR **Welcome** GUIDE!

Ice activities

ICE CLIMBING

BUREAU DES GUIDES + +33 (0)7 66 01 02 46

ICE DRIVING/BUGGY/SSV

GTR MOUNTAIN + +33 (0)4 76 89 92 69

ICE SKATING

MAIRIE DE CHAMROUSSE + +33 (0)4 76 89 90 21

ICE DIVING

DIVE XTREME + +33 (0)6 16 96 71 73

Leisure and relaxation

AQUAGYM M.-L. FERRARI + +33 (0)6 03 56 41 06

WELL-BEING

SPA LES BAINS + +33 (0)4 76 62 02 08

COACHING

CHAMROUSSE OXYGÈNE + +33 (0)6 27 24 34 06

SEWING/FABRICS MAKING

LES SACS D'YSABEAU + +33 (0)7 84 25 25 05

SOAP MAKING

SAVONNERIE DOUX VOYAGE + +33 (0)6 51 46 89 09

NO WASTE PRODUCTS MAKING

RÉALISE & + +33 (0)6 89 59 22 51

PHOTOGRAPHY

CHAMROUSSE PHOTO + +33 (0)6 78 32 45 39

YOGA HILLYOGAGIRL + +33 (0)6 64 77 43 76

KINESIOLOGY & EFT

GRÉGOIRE ICHÉ PIERRE + +33 (0)6 52 44 11 93

Cultural activities

LIBRARY & GAMES

+ +33 (0)4 76 59 02 27
Mondays, Wednesdays, Fridays & Saturdays

LE SCHUSS CINEMA

+ +33 (0)4 76 54 23 73 / Every day

ENVIRONMENT & HERITAGE CENTER

+33 (0)4 76 89 96 05 / Tuesdays, Wednesdays & Sundays

TOURIST OFFICE

+33 (0)4 76 89 92 65 • chamrousse.com

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ESCAPE GAME The perched adventure

Leo, our mascot's brother,
has disappeared! What has happened
to him? Follow his footsteps,
starting with the last place he was
seen and look for clues
to piece together his story.
Chamrousse needs you!

O Tourist Office / Chamrousse 1650 Every day (Tourist Office openings)

ONGOING TRACKING GAMES To discover Chamrousse

The Tourist Office offers a variety of tracking games all season long and throughout different locations of the resort.

RALLYE PHOTO: A discovery walk which addresses the theme of the resort's cultural and natural heritage (Chamrousse 1650).

LITTLE MOUNTAIN DWELLER TRACK:

Answer questions about Chamrousse and the specific mountain setting, on the connecting path between Chamrousse 1650 and 1750.

JANUARY 20[™]-MARCH 20[™]



Chamrousse invites mountain, skiing and nature's lovers as well as the resort's fans to help find its slogan. Every Monday, share your slogan ideas by commenting on the Chamrousse Instagram and Facebook dedicated posts. Prizes to win!

- O Chamrousse Instagram & Facebook accounts
- > 18 years oldFree of charge

EVERY DAY

Family time at the spa pool [1-2 pm]

Special family time slot with a minimum of 1 adult + child under 14 years old.

- Les Bains de Chamrousse Spa / Chamrousse 1650
- 1 parent + 1 chid 8€/2 parents + 1 child 16€ 3€/additional child
- Children under their parents responsibility Closed on Tuesdays

Ice-skating

Outdoor rink to discover the joys of ice-skating on a daily basis.

- (a) Ice rink/Chamrousse 1650 (b) From 3 to 12 years old
- Adults: entry 6€/+ ice-skate rental 9€ Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- Subject to weather conditions Helmet recommended

Vinema [5 & 8.30 pm] **V**



Film screenings at the Schuss cinema, a rich program and films adapted to all ages.

- Le Schuss Cinema / Chamrousse 1750
- Only 5pm showing on public holiday Sundays

FEBRUARY 5[™]-APRIL 18[™]

CHAMROUSSE SKI CHALLENGE

Participate to the Chamrousse Ski Challenge taking the direction of Chamrousse Mountain Park for your holidays! Goal: ski a maximum of kilometers to try to win a Chamrousse skipass for next winter!







FEBRUARY 23[®]-APRIL 4[™]

FXHIBITION Wild winter PASS

Wild winter, mountain sharing and wildlife survival, an exhibition of 12 illustrated panels on the issues of animal survival.

Partnership with the Library of Chamrousse and the Departmental Media Library of Isère.

- Environment Centre / Chamrousse 1650
- € Free of charge From 6 years old
- Tuesdays, Wednesdays & Sundays [10am-12.30pm & 2 -4.30pm]

MONDAY MARCH 7™

Poker evening & board games [6pm]

Free texas holdem poker tournament with gifts to win. Classical and original board games for all ages, among friends or family.

- Ocommunity hall/Chamrousse 1650
- Free of charge From 16 years old
- Registration at the Tourist Offices

TUESDAY MARCH 8

1750 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- Avenue Père Tasse / Chamrousse 1750

1650 *Music quiz* [10.30 am]

Come and test your musical knowledge.

- Snow front/Chamrousse 1650 All public
- Free of charge On-site meeting Duration: 1h15

Snowga [4pm]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

WEDNESDAY MARCH 9¹

DISCOVERY Soap making [9 am]

Demonstration of soap making thanks to the cold saponification method.

- Savonnerie Doux Voyage / Chamrousse 1650
- One price: 2 € OF From 3 years old Duration: 1h
- Registration: +33 (0)6 51 46 89 09 savondouxvoyage@gmail.com

Ice rink family time [10 am-12 pm]

Special family time slot with a minimum of 1 adult + children from 3 to 12 years old.

- O Ice rink/Chamrousse 1650 From 3 to 12 years old
- Adults: entry 6 €/+ ice-skate rental 9 € Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- Subject to weather conditions Helmet recommended

Family challenge [10 am-12 pm & 2-4 pm]

Ski and snowboard challenges for families on the Chamrousse Family Park: Teo's Mountain, organized by Wise Ride. Many gifts to win.

- Teo's mountain/Chamrousse 1750

Śnowga [10.30 am]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- 🕀 Bring your carpet, drink and cover Duration: 1h

Children movie [5 pm]

A special showing for children and teenagers!

- Le Schuss Cinema / Chamrousse 1750
- <12 must be accompanied by (>12/adult)

THURSDAY MARCH 10™



On ice petangue at the ice rink.

- Ice skating rink/Chamrousse 1650
- Registration at the Tourist Offices Limited places - Duration: 1h30

Producers & craftsmen market [3 pm-6 pm]

Chamrousse and Belledonne craft creators welcome you to discover their work: artisan soap, local herbal products, no-waste accessories, wood engraving souvenirs... Products sold directly and eco-responsible pratices.

- Place de Belledonne/Chamrousse 1650

FRIDAY MARCH 11™

GUIDED TOUR Artitude [2 pm]

Guided tours of Saint-Esprit church and Chalet des Cîmes, buildings labelled as XXth century regional contemporary heritage. Discover Arcabas, Szekely, Chappis and Jomain artworks.

- O Chamrousse Library / Chamrousse 1750

SALE Parional

TESTING-SALE **Regional** products [4-8 pm]

The butcher-deli-caterer Arasté invites you to taste its homemade charcuterie made in Chamrousse and its regional products.

- Avenue du Père Tasse/Chamrousse 1750
- Free access

Spa by night [7-9 pm]

Come and relax at the Spa on Friday evenings from 7pm to 9pm (special price).

- Les Bains de Chamrousse spa / Chamrousse 1650
- No smoking and eating in the Spa
 Swimsuit mandatory, shorts/jumpsuits prohibited
 Not recommended for circulatory and cardiac patients

MARCH 12[™]-13[™]

Lekkarod PASS

The Lekkarodis a long distance dog sledding race by stages whose objectives correspond to a real philosophy for the dog sledding sport. Mushers from all over Europe gather in Chamrousse for the first stage of a competition placed under the sign of respect of men, dogs and nature. 2 types of events: sleigh and ski-joëring.

- Arselle plateau / Chamrousse 1600
- Info: www.lekkarod.com

SATURDAY MARCH 12™

Might skiing [3.30-8.30 pm]

Night skiing until 8.30 pm every Saturday of the winter and Thursdays during French holidays, from the top to the resort. DJ on 2250.

- ⑤ Unique price: 20€/9€ for seniors+/Free < 5 years Day or week skipasses also available
- Depending on weather and ski conditions

Might sledging/snooc [4.30-8.15 pm] Pass

Night sledging and snooc on the Luge Park until 8.15pm every winter Saturday nights and Thursdays during French holidays.

- Luge Park/Chamrousse 1650 From 5 years old
- € Adult: 11-20€/Child: 6.90-12.50€/Young & Senior: 8.80-16€
- Weather and snow permitting
 Under 10 child accompanied by an adult on the sledge

Mountain cinema [5 pm]

On Saturdays. Tonight: *Dans les pas de Lou* by Hervé Tiberghien, 1h10.

- Le Schuss cinema / Chamrousse 1750

SUNDAY MARCH 13™

SLEDGE RACE **HARIBO****Fids & Row [5 pm] ** **PASS**

Challenge your friends on a wild sledge race, and try to be the first to cross the finish line and win the final prize. Don't forget your sledge!

- Snow front / Chamrousse 1750
- Free of charge From 2 years old ⊕ Duration: 30 mn

Welcome meetings [5.30 pm] PASS

Presentation of the activities of your holiday week with the activity providers.

Mountain quiz and prizes to win.

- Snowfrton / Chamrousse 1750
- Free of charge OAll public Duration: 1h



TUESDAY MARCH 15™

1650 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- Avenue Henri Duhamel / Chamrousse 1650
- (a) Free access (a) All public

1650 *Music quiz* [10.30 am] PASS

Come and test your musical knowledge.

- Snow front/Chamrousse 1650 All public

Snowga [4pm]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

WEDNESDAY MARCH 16™

DISCOVERY Soap making [9 am]

Demonstration of soap making thanks to the cold saponification method.

- Savonnerie Doux Voyage / Chamrousse 1650
- Registration: +33 (0)6 51 46 89 09 savondouxvoyage@gmail.com

Ice rink family time [10 am-12 pm]

Special family time slot with a minimum of 1 adult + children from 3 to 12 years old.

- O Ice rink/Chamrousse 1650 From 3 to 12 years old
- Adults: entry 6€/+ ice-skate rental 9€ Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- Subject to weather conditions Helmet recommended

Family challenge [10 am-12 pm & 2-4 pm] PASS

Ski and snowboard challenges for families on the Chamrousse Family Park: Teo's Mountain, organized by Wise Ride. Many gifts to win.

- Teo's mountain/Chamrousse 1750
- All public Compulsory skipass

്ഗാ (10.30 am)

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

Children movie [5 pm]



A special showing for children and teenagers!

- Le Schuss Cinema / Chamrousse 1750
- <12 must be accompanied by (>12/adult)

THURSDAY MARCH 17"

Saint-Patrick [9 am-5 pm]

Celebrate St Patrick's Day in Chamrousse! Coffee girls and boys' race, leprechaun hunting and costume contest. 9AM-5PM Show up in green at the Tourist

Offices of Chamrousse and get a surprise 11AM-4PM Look for leprechauns on the ski area, take pictures with them and post them on Chamrousse official Facebook to win gifts 2PM Take part alone or as a team in the coffee girls and boys' race!

- Snowfront/Chamrousse 1650
- All publicFree of charge

NEW! On ice petangue

On ice petangue at the ice rink.

- Ice skating rink/Chamrousse 1650
- Registration at the Tourist Offices Limited places - Duration: 1h30

Producers & craftsmen market [3 pm-6 pm]

Chamrousse and Belledonne craft creators welcome you to discover their work: artisan soap, local herbal products, no-waste accessories, wood engraving souvenirs... Products sold directly and eco-responsible pratices.

- Place de Belledonne / Chamrousse 1650
- Free of charge O All public

MARCH 18[™]-20[™]

Alpine Classic Gentlemen skiers Pass

The Alpine Classic is a gentlemen skiers's gathering, for amateurs of old mechanic and winter sports. Chamrousse is going all out vintage fashion for a week-end! Vintage village, arrival of old vehicles and vintage slalom on Saturday, motorbike rally on Sunday.

- Snowfront/Chamrousse 1650 All public
- Free access viewer Vintage slalom & swing dance lesson 50 € - Festive evening 60 €
- On registration Vintage slalom: sebastien@apieceofchic.fr Festive evening: veronique@apieceofchic.fr Full programme: www.chamrousse.com

FRIDAY MARCH 18™

GUIDED TOUR Artitude [2 pm]

Guided tours of Saint-Esprit church and Chalet des Cîmes, buildings labelled as XXth century regional contemporary heritage. Discover Arcabas, Szekely, Chappis and Jomain artworks.

- O Chamrousse Library/Chamrousse 1750
- Free of charge From 7 years old Duration: 1h

TESTING-SALE **Regional** products [4-8 pm]

The butcher-deli-caterer Arasté invites you to taste its homemade charcuterie made in Chamrousse and its regional products.

- Avenue du Père Tasse / Chamrousse 1750
- Free access

Spa by night [7-9 pm]

Come and relax at the Spa on Friday evenings from 7pm to 9pm (special price).

- O Les Bains de Chamrousse spa/Chamrousse 1650
- No smoking and eating in the Spa Swimsuit mandatory, shorts/jumpsuits prohibited Not recommended for circulatory and cardiac patients





SATURDAY MARCH 19[™]

Might skiing [3.30-8.30 pm]

Night skiing until 8.30 pm every Saturday of the winter and Thursdays during French holidays, from the top to the resort. DJ on 1750 (Malamute).

- O Chamrousse Alpine Park O All public
- ⑤ Unique price: 20€/9€ for seniors+/Free < 5 years Day or week skipasses also available
- Depending on weather and ski conditions

Might sledging/snooc [4.30-8.15 pm] PASS

Night sledging and snooc on the Luge Park until 8.15pm every winter Saturday nights and Thursdays during French holidays.

- Q Luge Park / Chamrousse 1650 From 5 years old
- € Adult: 11-20€/Child: 6.90-12.50€/Young & Senior: 8.80-16€
- Weather and snow permitting Under 10 child accompanied by an adult on the sledge

MARCH 19[™]-20[™]

FRENCH CUP Racing spirit

Regional race: giant slalom for categories 18 and over.

- Florence Masnada stadium / Chamrousse 1650
- All public viewer

SUNDAY MARCH 20™

SLEDGE RACE HARIBO Sids Snow [5 pm]

Challenge your friends on a wild sledge race, and try to be the first to cross the finish line and win the final prize. Don't forget your sledge!

- O Snow front/Chamrousse 1750
- Free of charge O From 2 years old + Duration: 30 mn

Welcome meetings [5.30pm] <mark>♥ PASS</mark>

Presentation of the activities of your holiday week with the activity providers.

Mountain quiz and prizes to win.

- O Snowfrton / Chamrousse 1750

TUESDAY MARCH 22[™]

1750 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- Avenue Père Tasse / Chamrousse 1750

1650 *Music quiz* [10.30 am] PASS

Come and test your musical knowledge.

- O Snow front/Chamrousse 1650 O All public
- Free of charge + On-site meeting Duration: 1h15

Snowga [4pm]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Bring your carpet, drink and cover Duration: 1h

WEDNESDAY MARCH 23RD

DISCOVERY Soap making [9 am]

Demonstration of soap making thanks to the cold saponification method.

- Savonnerie Doux Voyage / Chamrousse 1650
- ⑤ One price: 2€ ⑥ From 3 years old ⊕ Duration: 1h
- Registration: +33 (0)6 51 46 89 09 savondouxvoyage@gmail.com

Ice rink family time [10 am-12 pm]

Special family time slot with a minimum of 1 adult + children from 3 to 12 years old.

- O Ice rink/Chamrousse 1650 From 3 to 12 years old
- ⑤ Adults: entry 6€/+ ice-skate rental 9€ Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- ⊕ Subject to weather conditions Helmet recommended

Family challenge [10 am-12 pm & 2-4 pm]

Ski and snowboard challenges for families on the Chamrousse Family Park: Teo's Mountain, organized by Wise Ride. Many gifts to win.

- Teo's mountain/Chamrousse 1750
- All public Compulsory skipass

§nowga [10.30 am]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Bring your carpet, drink and cover Duration: 1h

Children movie [5 pm]

A special showing for children and teenagers!

- O Le Schuss Cinema / Chamrousse 1750
- -12 must be accompanied by (>12/adult)

THURSDAY MARCH 24™

NEW! On ice petanque [2.30 pm] PASS

On ice petanque at the ice rink.

- O Ice skating rink/Chamrousse 1650
- Registration at the Tourist Offices Limited places - Duration: 1h30

Producers & craftsmen market [3 pm-6 pm]

Chamrousse and Belledonne craft creators welcome you to discover their work: artisan soap, local herbal products, no-waste accessories, wood engraving souvenirs... Products sold directly and eco-responsible pratices.

- Place de Belledonne / Chamrousse 1650

FRIDAY MARCH 25™

GUIDED TOUR Artitude [2 pm]

Guided tours of Saint-Esprit church and Chalet des Cîmes, buildings labelled as XXth century regional contemporary heritage. Discover Arcabas, Szekely, Chappis and Jomain artworks.

- O Chamrousse Library / Chamrousse 1750
- Free of charge From 7 years old Duration: 1h

TESTING-SALE **Regional** products [4-8 pm]

The butcher-deli-caterer Arasté invites you to taste its homemade charcuterie made in Chamrousse and its regional products.

- Avenue du Père Tasse / Chamrousse 1750
- Free access

Spa by night [7-9 pm]

Come and relax at the Spa on Friday evenings from 7pm to 9pm (special price).

- Les Bains de Chamrousse spa / Chamrousse 1650
- No smoking and eating in the Spa Swimsuit mandatory, shorts/jumpsuits prohibited Not recommended for circulatory and cardiac patients

MARCH 26[™]-27[™]

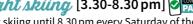
BANGINGBEES Top to bottom [10 am-6 pm] PASS

Top to bottom of the Bangingbees magazine, the biggest French snowboard rally. For more than 5 years profesional riders and amateurs ride together in the Sunset Park Chamrousse snowpark and its new modules especially prepared for the date. Many renowned pro riders, friendly jam session open to everyone and best trick session at the end of the day with gifts to win.

- Sunset Park Snowpark / Chamrousse 1750
- Free access Special skipass for the event
- All public

SATURDAY MARCH 26™

Might skiing [3.30-8.30 pm] ♥ PASS



Night skiing until 8.30 pm every Saturday of the winter and Thursdays during French holidays, from the top to the resort. DJ on 2250.

- O Chamrousse Alpine Park O All public
- (a) Unique price: 20€/9€ for seniors+/Free < 5 years Day or week skipasses also available
- Depending on weather and ski conditions

Might sledging/snooc [4.30-8.15 pm] O COVID-19 PASS

Night sledging and snooc on the Luge Park until 8.15pm every winter Saturday nights and Thursdays during French holidays.

- Luge Park/Chamrousse 1650 From 5 years old
- Adult: 11-20€/Child: 6.90-12.50€/Young & Senior: 8.80-16€
- Weather and snow permitting Under 10 child accompanied by an adult on the sledge

SUNDAY MARCH 27[™]

SLEDGE RACE HARIBO Hids Snow [5 pm] PASS

Challenge your friends on a wild sledge race, and try to be the first to cross the finish line and win the final prize. Don't forget your sledge!

- Snow front / Chamrousse 1750
- Free of charge From 2 years old Duration: 30 mn

Welcome meetings [5.30pm] PASS

Presentation of the activities of your holiday week with the activity providers. Mountain quiz and prizes to win.

- Snowfrton / Chamrousse 1750
- Free of charge O All public Duration: 1h

TUESDAY MARCH 29™

1650 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- Avenue Henri Duhamel/Chamrousse 1650
- Free access All public

1650 *Music quiz* [10.30 am]



Come and test your musical knowledge.

- Snow front/Chamrousse 1650 All public
- Free of charge On-site meeting Duration: 1h15

Snowga [4pm]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

WEDNESDAY MARCH 30[™]

DISCOVERY Soap making [9 am]

Demonstration of soap making thanks to the cold saponification method.

- Savonnerie Doux Voyage / Chamrousse 1650
- One price: 2€ OFrom 3 years old Duration: 1h
- Registration: +33 (0)6 51 46 89 09 savondouxvoyage@gmail.com

Jce rink family time [10 am-12 pm]

Special family time slot with a minimum of 1 adult + children from 3 to 12 years old.

- O Ice rink/Chamrousse 1650 From 3 to 12 years old
- Adults: entry 6€/+ ice-skate rental 9€ Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- ♣ Subject to weather conditions Helmet recommended

Family challenge [10 am-12 pm & 2-4 pm]



Ski and snowboard challenges for families on the Chamrousse Family Park: Teo's Mountain, organized by Wise Ride. Many gifts to win.

- Teo's mountain / Chamrousse 1750

Snowga [10.30 am]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

Children movie [5 pm]



A special showing for children and teenagers!

- Le Schuss Cinema / Chamrousse 1750
- -12 must be accompanied by (>12/adult)

HURSDAY MARCH 31st

NEW! On ice petanque [2.30 pm] O COVID-19

On ice petangue at the ice rink.

- () Ice skating rink / Chamrousse 1650
- Registration at the Tourist Offices Limited places - Duration: 1h30

FRIDAY APRIL 1st

GUIDED TOUR Artitude [2 pm]

Guided tours of Saint-Esprit church and Chalet des Cîmes, buildings labelled as XXth century regional contemporary heritage. Discover Arcabas, Szekely, Chappis and Jomain artworks.

- Chamrousse Library / Chamrousse 1750
- Free of charge From 7 years old Duration: 1h

TESTING-SALE Regional products [4-8 pm]

The butcher-deli-caterer Arasté invites you to taste its homemade charcuterie made in Chamrousse and its regional products.

- Avenue du Père Tasse / Chamrousse 1750
- Free access

Spa by night [7-9 pm]

Come and relax at the Spa on Friday evenings from 7pm to 9pm (special price).

- Les Bains de Chamrousse spa / Chamrousse 1650
- No smoking and eating in the Spa Swimsuit mandatory, shorts/jumpsuits prohibited Not recommended for circulatory and cardiac patients

FIS **Vitadine**

Discover FIS Citadine men and women's races! The Citadine alpine ski commission concerns clubs affiliated to the French ski federation. Its mission is to enable young city dwellers to practice skiing in national (Citadine French cup) and international (FIS C men & women) competitions.

- Florence Masnada stadium / Chamrousse 1650
- All public viewer

SATURDAY APRIL 2[™]

Snow Duathlon

[9.30 am-12.30 pm]

Running and cross-country skiing race at the Arselle plateau. Co-organised with the Uriage Running Club.

Arselle plateau / Chamrousse 1600

Might skiing [3.30-8.30 pm] ♥ PASS



Night skiing until 8.30 pm every Saturday of the winter and Thursdays during French holidays, from the top to the resort. DJ on 2250.

- Chamrousse Alpine Park All public
- Our Unique price: 20€/9€ for seniors+/Free < 5 years</p> Day or week skipasses also available
- Depending on weather and ski conditions

Might sledging/snooc [4.30-8.15 pm] PASS

Night sledging and snooc on the Luge Park until 8.15pm every winter Saturday nights and Thursdays during French holidays.

- Q Luge Park / Chamrousse 1650 From 5 years old
- Adult: 11-20€/Child: 6.90-12.50€/Young & Senior: 8.80-16€
- Weather and snow permitting Under 10 child accompanied by an adult on the sledge

SUNDAY APRIL 3[™]

SLEDGE RACE HARIBO Hids Snow [5 pm] Span [5 pm

Challenge your friends on a wild sledge race, and try to be the first to cross the finish line and win the final prize. Don't forget your sledge!

- Snow front / Chamrousse 1750
- Free of charge From 2 years old Duration: 30 mn

Welcome meetings [5.30 pm] ♥ PASS

Presentation of the activities of your holiday week with the activity providers. Mountain quiz and prizes to win.

- Snowfrton/Chamrousse 1750
- Free of charge O All public Duration: 1h

TUESDAY APRIL 5™

1750 *Market* [8 am-1 pm]

Regional products market every Tuesday (alternatively 1650/1750).

- Avenue Père Tasse / Chamrousse 1750

FIS MEN Ski Chrono Mational Tour [9 am-1 pm]

One of the favourite slalom events for young licence holders competing for the national circuit of Ski Chrono Tour (SCNT). 3 ratings: speed, technique and under 18.

- O Florence Masnada stadium / Chamrousse 1650

1650 *Music quiz* [10.30 am]



Come and test your musical knowledge.

- Snow front/Chamrousse 1650 All public

&nowga [4pm]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

- Grenouillere area / Chamrousse 1650
- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

WEDNESDAY APRIL 6™

DISCOVERY Soap making [9 am]

Demonstration of soap making thanks to the cold saponification method.

- Savonnerie Doux Voyage / Chamrousse 1650
- Registration: +33 (0)6 51 46 89 09 savondouxvoyage@gmail.com

FIS MEN **Phamrousse** international Grand Prix

International Grand Prix de Chamrousse, qualification for the Federation Cup. International Ski Federation (FIS) men's slalom race for internationally licensed skiers.

- Florence Masnada stadium / Chamrousse 1650

Ice rink family time [10 am-12 pm]

Special family time slot with a minimum of 1 adult + children from 3 to 12 years old.

- O Ice rink/Chamrousse 1650 From 3 to 12 years old
- € Adults: entry 6€/+ ice-skate rental 9€ Children (6-12 years old): entry 4€/+ ice-skate rental 6€ Toddler (up to5 years old): free entry/+ ice-skate rental 2€
- Subject to weather conditions Helmet recommended

Family challenge [10 am-12 pm & 2-4 pm]

Ski and snowboard challenges for families on the Chamrousse Family Park: Teo's Mountain, organized by Wise Ride. Many gifts to win.

- Teo's mountain / Chamrousse 1750

Śnowga [10.30 am]

Come and discover yoga in snow version. A dynamic yoga and a moment of sharing around a hot drink. All levels.

Grenouillere area / Chamrousse 1650

- One price: 30 € OAll public
- Bring your carpet, drink and cover Duration: 1h

Children movie [5 pm] **PASS**

A special showing for children and teenagers!

- Le Schuss Cinema / Chamrousse 1750
- + <12 must be accompanied by (>12/adult)

THURSDAY APRIL 7™



On ice petanque at the ice rink.

- O Ice skating rink/Chamrousse 1650
- Registration at the Tourist Offices Limited places Duration: 1h30

FRIDAY APRIL 8TH

GUIDED TOUR Artitude [2 pm]

Guided tours of Saint-Esprit church and Chalet des Cîmes, buildings labelled as XXth century regional contemporary heritage. Discover Arcabas, Szekely, Chappis and Jomain artworks.

- Chamrousse Library/Chamrousse 1750
- Free of charge From 7 years old Duration: 1h

TESTING-SALE **Regional products** [4-8 pm]

The butcher-deli-caterer Arasté invites you to taste its homemade charcuterie made in Chamrousse and its regional products.

- Avenue du Père Tasse / Chamrousse 1750
- Free access

Spa by night [7-9 pm]

Come and relax at the Spa on Friday evenings from 7pm to 9pm (special price).

- Les Bains de Chamrousse spa / Chamrousse 1650
- No smoking and eating in the Spa Swimsuit mandatory, shorts/jumpsuits prohibited Not recommended for circulatory and cardiac patients



